

Sermon title: Ruling what typically rules me

1. What are the characteristics of a Healthy appetite?
2. How do we go from a hunger and thirst for what is right to cravings of the flesh?
3. How do I hunger and thirst again?
4. Where do we go from here?

Scriptures:

John 6:25-36 ESV **25** When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" **26** Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. **27** Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal." **28** Then they said to him, "What must we do, to be doing the works of God?" **29** Jesus answered them, "This is the work of God, that you believe in him whom he has sent." **30** So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform? **31** Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" **32** Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. **33** For the bread of God is he who comes down from heaven and gives life to the world." **34** They said to him, "Sir, give us this bread always."

35 Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. **36** But I said to you that you have seen me and yet do not believe.

POINT 1

A Healthy appetite does not point to something of sustenance as much as it points to someone. Therefore we must see Jesus rightly.

Matthew 4:1-4 ESV **4** Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. **2** And after fasting forty days and forty nights, he was hungry. **3** And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." **4** But he answered, "It is written,

"Man shall not live by bread alone,
but by every word that comes from the mouth of God."

POINT 2

Jesus rearranges the food pyramid for his people by an unprecedented display of hunger towards God's and self control.

"True, the Son of God is able enough to turn stones into bread: but what the Son of God is able to do is not the present question, but what is man's duty under want of the necessities of life. And as Israel's condition in the wilderness did not justify their unbelieving murmurings and frequent desperation, so neither would Mine warrant the exercise of the power of the Son of God in snatching despairingly at unwarranted relief. As man, therefore, I will await divine supply, nothing doubting that at the fitting time it will arrive." *Robert Jamison*

Luke 24:38-43 ESV **38** And he said to them, "Why are you troubled, and why do doubts arise in your hearts? **39** See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have." **40** And when he had said this, he showed them his hands and his feet. **41** And while they still disbelieved for joy and were marveling, he said to them, "Have you anything here to eat?" **42** They gave him a piece of broiled fish, [\[a\]](#) **43** and he took it and ate before them.

POINT 3

"Has God not filled our hearts with Joy even as we hunger knowing that we too will one day dine with Him?"

Have our eye not been open to the risen King?

Church would we allow the Devil to rob us of such joy because of our carnal appetites???

- How do we go from a hunger and thirst from righteousness to cravings of the flesh?

Genesis 3:1-7 ESV **3** Now the serpent was more crafty than any other beast of the field that the Lord God had made.

He said to the woman, "Did God actually say, 'You[a] shall not eat of any tree in the garden'?" **2** And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, **3** but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'" **4** But the serpent said to the woman, "You will not surely die. **5** For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." **6** So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise,[b] she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. **7** Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

POINT 1

"You cannot manufacture a hunger and thirst for what the body has no use for unless you alter it's cravings. Once you've tasted and seen, you cannot untaste nor unsee."

- How do we hunger and thirst again?

Romans 1:19-20 ESV **19** For what can be known about God is plain to them, because God has shown it to them. **20** For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived, ever since the creation of the world,[a] in the things that have been made. So they are without excuse.

1 Corinthians 6:19 ESV **19** Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own,

POINT 1

First we need to take a closer look at ourselves and ask "what message do i send to people when they see me, in habit and speech? Do we paint the right pictures of God when the world examines the Christian both individually and collectively"

Romans 6:12-14 ESV **12** Let not sin therefore reign in your mortal body, to make you obey its passions. **13** Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. **14** For sin will have no dominion over you, since you are not under law but under grace.

1 Corinthians 6:12-14 ESV **12** "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything.

POINT 2

Knowing and believing the chains no longer exist, we make a decision to no longer be slaves.

- Where do we go from here?

Luke 24:25-26 ESV 25 And he said to them, "O foolish ones, and slow of heart to believe all that the prophets have spoken! 26 Was it not necessary that the Christ should suffer these things and enter into his glory?"

Luke 10:2 ESV 2 And he said to them, "The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.

POINT 1

"Have we not been chosen, adopted into His sonship to share in the same glory of our Savior? Are we except from suffering? Should we not labor for the lost as Christ labored for our souls?"

1 Corinthians 9:19-27 ESV: 19 For though I am free from all, I have made myself a servant to all, that I might win more of them. **20** To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though not being myself under the law) that I might win those under the law. **21** To those outside the law I became as one outside the law (not being outside the law of God but under the law of Christ) that I might win those outside the law. **22** To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. **23** I do it all for the sake of the gospel, that I may share with them in its blessings.

24 Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. **25** Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. **26** So I do not run aimlessly; I do not box as one beating the air. **27** But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

POINT 2

ANY area of your life that lacks self control will wage war in opposition to God's design, which is right and true. Which ultimately leads to aimless suffering and bondage. We as Christians must choose to Suffer well for the sake of the love we have for God ourselves and our neighbors.

1 Corinthians 3:17 ESV: 31 So, whether you eat or drink, or whatever you do, do all to the glory of God.

Colossians 3:17 ESV: And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Final Point

From the dinner plate to the cross first consider your Savior