

Who God is & what God has done is worthy of [exploring](#), [proclaiming](#), [celebrating](#), [yielding to](#), [reflecting on](#), & [resting in](#).

God is our refuge and strength,
an ever-present help in trouble.
² Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
³ though its waters roar and foam
and the mountains quake with their surging.
⁴ There is a river whose streams make glad the city of God,
the holy place where the Most High dwells.
⁵ God is within her, she will not fall;
God will help her at break of day.
⁶ Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.
⁷ The Lord Almighty is with us;
the God of Jacob is our fortress.
⁸ Come and see what the Lord has done,
the desolations he has brought on the earth.
⁹ He makes wars cease
to the ends of the earth.
He breaks the bow and shatters the spear;
he burns the shields with fire.
¹⁰ He says, "Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth."
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Psalm 46:1-11

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Exploring & Proclaiming:

Come and see what the Lord has done,
the desolations he has brought on the earth.

“Come & See (Now Behold)”

John 1:36-John the Baptist.

John 1:39-Jesus.

John 1:46-Phillip

Celebrating:

⁹He makes wars cease

to the ends of the earth.

He breaks the bow and shatters the spear;

he burns the shields with fire.

Yielding to:

He says, “Be still, and know that I am God;

Surrender is impossible without sacrifice.

Sacrifice is gaining by losing.

Sacrifice is gaining by losing & guided by love.

Then God said, “Take your son, your only son, whom you love—Isaac—and go to the region of Moriah. Sacrifice him there as a burnt offering on a mountain I will show you.”

Genesis 22:2

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

John 3:16

Reflecting on & Resting in:

He says, “Be still, and know that I am God;

I will be exalted among the nations,

I will be exalted in the earth.”

In vain you rise early

and stay up late,

toiling for food to eat—

for he grants sleep to those he loves.

Psalms 127:2

Create & protect a specific time to be with Jesus. (Share it with a friend)

Meditate on & celebrate an attribute of God.

(Share it with a friend)