

Worthy of God's Rest

21.5.23

John Robertson

Remember: you do not have to do the entire study (you may not have time) – you can choose what questions you want to discuss.

Read Hebrews 3:7-4:13

1. Why does the writer bring the story of the Exodus into focus here? What does this tell us about the possible recipients of Hebrews?
2. What is God's rest? Why is it highlighted here?
3. What happened to the Israelites in the desert? How do you think a heart gets hardened?
4. What similarities are there between the Israelites in the desert and us?
5. Why did God rest? In this passage how is God's rest after creation analogous to the rest believers can enter?
6. What do we need to do to stop our hearts similarly hardening against God?
7. Why might some people fail to enter into rest? Why should this be a concern?
8. How is rest denied to people? Who are the people in the world most denied their rest?
9. How does God call us to support the oppressed and marginalised and fight for their right to rest? How are you currently doing this?
10. How can we help bring rest to people in the world who are currently denied it?

Prayer points:

- Pray for the plight of refugees, the homeless, and the displaced around the world.
- Pray for the two families from Afghanistan soon to be arriving with us.
- Pray for those affected by violence and conflict around the globe.