

Psalm 103 – “Praise the Lord, O My Soul”

23.6.24

Duane Major

Remember: you do not have to do the entire study (you may not have time) – you can choose what questions you want to discuss.

Read Psalm 103

1. What is whole-hearted “whole-life” worship? What does that look like?
2. “Praise the Lord, O my soul.” What does this phrase suggest about our relationship with God? What does it suggest about how we are to worship God?
3. What does “praise his holy name” mean? Why is it important?
4. What are you grateful to God for? How do you express your gratitude to God?
5. How is gratitude a regular part of your worship?
6. What happens if we forget to be thankful to God?
7. What deep desires do you have? How does God satisfy your desires?
8. Verses 6-10 show God as a figure of justice. How can we apply this understanding of God to the current challenges our society faces?
9. How does God's compassion, “as high as the heavens,” affect your understanding of God's love?
10. Reflecting on the Psalm, what are some ways you could apply its teachings to promote social justice in our society?
11. According to the psalm, human life is fleeting and God's love is eternal. How does this comparison influence your views on mortality and faith?

Prayer points:

- Continue to pray for the situation in Israel/Palestine and in the Ukraine, and the people affected by these conflicts.
- Pray for the people of Papua New Guinea.
- Pray for another newly arrived refugee family – especially for permanent accommodation for them.