

Advent – Joy

18.12.22

Jo Robertson

Remember: you do not have to do the entire study (you may not have time) – you can choose what questions you want to discuss.

Read Luke 2:10-20

1. What brings you joy? Why?
2. How is God a source of your joy?
3. What stops us from experiencing joy? Why? What can be done about this? By Us? By others? By God?
4. Why do we not experience joy all the time?
5. What helps you in the times when life is a struggle and sadness predominates?
6. How is Christmas a time of joy?
7. What is it about the birth of Jesus that is a cause for joy?
8. “Joy is the oxygen for doing hard things” (Gary Haugen) – What does this mean? What do you think of this statement?
9. What does it mean to ‘practise’ joy? Why do we need to practise?
10. What is a discipline of joy? Why does joy need to be worked at?
11. What practices and patterns of life help you cultivate joy in your life? Is there a difference in what you do between good times and bad?
12. How can you be a source of joy for others this Christmas season?

Prayer points:

- Continue to pray for the people of Afghanistan, and for the people of Malaysia.
- Pray for the people of Iran and pray for the nation of Papua New Guinea.
- Pray for the ill and vulnerable in our communities.
- Pray for those affected by violence and conflict around the globe.