



Daily Bible: 9/26/22 - 10/2/22

Lamentations are part of God's inspired Word to give His people words and a pattern of how we can relate to God in times of loss, pain, grief, and anger.

As you are connecting with the Bible each day look for the ***lament pattern***:

- **Turn** How is God addressed? Why does the writer turn to God?
- **Complain** What is the complaint? How is complaint expressed?
- **Ask** What help is requested from God? How is it requested?
- **Trust** How is God's worthiness affirmed?

Consider how this can help you communicate with God in times of loss and disciple those around you as they are grieving.

Monday: Lamentations 1

Tuesday: Lamentations 2

Wednesday: Psalm 22

Thursday: Psalm 25

Friday: Psalm 26

Saturday: Psalm 28

Sunday: Psalm 31

If you are reading along with the book ***Dark Clouds, Deep Mercy*** please read chapters 3-4.

How will you **CONNECT** with someone to #B.L.E.S.S. **ONE** this week?

- **Begin with Prayer, Listen, Engage, Serve, Speak Jesus**