

# DOWNCAST





***2 Corinthians 7:6* - But God, who comforts the downcast, comforted us...**

***Psalms 42:5* - Why are you cast down [Downcast - NIV84], O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation**



***Demoralization: Ps. 88:1-7***

**It is characterized by a combination of distress and subjective incompetence...**

***Despair Ps. 88:8-12***

**is understood broadly as “an entire want of hope.”**



# Dark Night Of The Soul

***Psalm 88:9-18, 1 Kings 19:1-8***

Psalm 88:10 (ESV) — Do you work wonders for the dead? Do the departed rise up to praise you? Se

***1 Kings 19:4* - But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers."**



## **The Problem:**

- ***Psalm 88:2*** - Let my prayer come before you; incline your ear to my cry!
- ***Psalm 88:10*** - Do you work wonders for the dead? Do the departed rise up to praise you? Selah
- ***Psalm 88:14*** - O Lord, why do you cast my soul away? Why do you hide your face from me?



***1 Kings 19:11–12* - And he said, “Go out and stand on the mount before the Lord.” And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper.**





**Finding Hope when experiencing the Dark  
Night of the Soul**  
*Job 1-3, 42*



***Job 42:17* - And Job died, an old man, and full of days.**



# **Pursue Christian Counseling**

- **Griefshare.org**
- **Arbor Counseling - 614-766-0161**
- **Cornerstone Family Services - 614-459-3003**
- **Spirit of Peace Clinical Counseling - 614-442-7650**
- **Hope and Wellness Counseling- 740 -500-0383**
- **Associates in Family Care – 614-626-2696**



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