

# DOWNCAST



***Psalm 42:5* - Why are you cast down  
[Downcast - NIV84], O my soul, and why  
are you in turmoil within me? Hope in God;  
for I shall again praise him, my salvation**

***2 Corinthians 7:6* - But God, who comforts  
the downcast, comforted us...**

***Demoralization: Psalm 88:1-7***

**It is characterized by a combination of distress and subjective incompetence...**

***Despair Psalm 88:8-12***

**is understood broadly as “an entire want of hope.”**

## **The Problem**

***Psalm 88:2* Let my prayer come before you; incline your ear to my cry!**

***Psalm 88:10* Do you work wonders for the dead? Do the departed rise up to praise you? Selah**

***Ezekiel 37:13–14* And you shall know that I am the Lord, when I open your graves, and raise you from your graves, O my people. And I will put my Spirit within you, and you shall live, and I will place you in your own land. Then you shall know that I am the Lord; I have spoken, and I will do it, declares the Lord.”**

**Finding hope when experiencing despair**  
***Luke 24. 13-25; Gen 16; Ruth 1. 1-18***

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