



PSALMS: A Psalm for Every Season - **Uncertainty**.

ADAM LONG | Week of Sunday July 26th, 2020

Psalm 91

SERMON TEXT // **Psalm 91** English Standard Version

1 He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. **2** I will say to the LORD, "My refuge and my fortress, my God, in whom I trust."

3 For he will deliver you from the snare of the fowler and from the deadly pestilence. **4** He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. **5** You will not fear the terror of the night, nor the arrow that flies by day, **6** nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday. **7** A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. **8** You will only look with your eyes and see the recompense of the wicked. **9** Because you have made the LORD your dwelling place -- the Most High, who is my refuge -- **10** no evil shall be allowed to befall you, no plague come near your tent. **11** For he will command his angels concerning you to guard you in all your ways. **12** On their hands they will bear you up, lest you strike your foot against a stone. **13** You will tread on the lion and the adder; the young lion and the serpent you will trample underfoot.

14 "Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name.

15 When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him. **16** With long life I will satisfy him and show him my salvation."

SERMON SUMMARY // **Uncertainty** is unpredictable. It can strike during times when we feel near to God as well as times when we feel far from God. There is no formula for uncertainty - but there is an answer in **Psalm 91**. All Scripture is either **predictive, preparatory, reflective, or resultant** of the work of Jesus. **Psalm 91** is predictive of Jesus. In season of uncertainty we can take refuge in God, and since this is a Psalm about Jesus, those who are in Him, can claim this truth for themselves. **Psalm 91** is a Psalm for the **season of uncertainty** that points us to Jesus who is with us in every season.

SERMON GUIDE // In times of uncertainty the believer can take refuge in God; and by extension Jesus, because He will:

- 1. Shelter us.** (v.1-2)
- 2. Protect us.** (v.3-13)
- 3. Establish us.** (v.14-16)

SERMON APPLICATION // As we take refuge in God we are to **hold fast to Him in love**. (v.14A) When we do so, He promises He will deliver us and **shelter us** from seasons of uncertainty. We are also to **know His name**. (v.14B) To know God's name is to know God Himself. When we know His name He promises to **protect us** in seasons of uncertainty. And lastly we are to **call upon Him**. (v.15A) When we call upon Him - He promises to **establish us** in seasons of uncertainty.

REFLECT. || POINT. || MAKE.



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COMMUNITY GROUPS | Week of Sunday July 26th, 2020

Psalm 91

Question 1 // Read **Psalm 91**. What is something from the text that resonated with you, a truth that encouraged you, or even a question you may have surrounding the text theme?

Question 2 // The Psalmist bids us to come and take shelter in the Lord throughout seasons of uncertainty. **Would you say you are prone to run to the Lord first or only after many failed attempts to find shelter elsewhere, and why? What are some common places believers go to find shelter outside of Him?** Take some time to discuss ways we can be more proactive in dwelling in His shelter and abiding in His shadow.

Question 3 // Some writers believe verses three through thirteen overpromise to believers when it comes to the protection of God. While the Psalm does promise God's protection over a vast array of things - we can know, confidently, that it is only ours through the person and work of Jesus. **Does knowing the Lord has His protective hand and host of angels guarding you affect the way you live your day to day life? If not, why do you think that is the case? If so, how do you recognize it? Lastly, how should the knowledge of God's protection over our live affect us?** Share your honest thoughts.

Question 4 // In the last three verses God Himself is speaking over His people. He says He will **establish** those who **hold fast to Him in love**, those who **know His name**, and those who **call upon Him**. We are not required to do anything to gain this established position in the Lord because it is ours in Christ. But this establishment should lead us to action. **What is something you believe the Lord has been leading you to do that you have been ignoring, procrastinating, or afraid to move on?** Take some time to share what is on your heart. This is a great place for encouragement and accountability.

Reflection & Prayer

Often times, difficult seasons can feel like a never ending cycle but the assurance we have in the Lord is a cycle that never ends. These assurances can be ours when we hold fast to Him in love, know His name, and call upon Him. Let us pray to those ends: that we would hold fast to Him in love. That we would know His name; all of His names! And that we would call upon Him in every season of life.