Discussion Guide 3/10/24



# The Power of Forgiveness

**Kicking It Off:** Have you ever had a friendship or relationship that started out rocky or got off on the wrong foot, but was transformed over time as you extended grace and forgiveness to one another? Share with the group how that relationship changed and grew as you learned to forgive and show unconditional love to each other, even when it was difficult.

#### Read:

Ephesians 4:32

#### **Summary**

In this sermon, the main overarching message is that as Christians, we are called to practice unconditional forgiveness modeled after the radical forgiveness God has shown us in Christ. Our human tendency is to form transactional relationships and to seek justice by making others pay for the hurt they've caused us. But God's way is different. While we were still sinners, Christ died for us, absorbing the cost of our wrongdoing himself. God's forgiveness is a free gift of grace, not something we can earn through penance or good works.

As those who have been forgiven so much, we're called to extend that same unconditional forgiveness to others, even when it's costly. Jesus taught that if we withhold forgiveness from others, we won't be forgiven by God. Our forgiveness of others should mirror the unmerited favor God has shown us. This doesn't mean forgiveness is easy or that it negates the wrong done to us. There's always a cost involved in forgiveness - we absorb the debt the other person owes us, just as Christ absorbed our debt on the cross.

But when we forgive freely and unconditionally, it has the power to transform and heal relationships in profound ways. Jesus modeled this in his own life, continuing to love and invest in Judas even knowing Judas would betray him. After the resurrection, Jesus forgave Peter for denying him and restored him, changing the trajectory of Peter's life. Forgiveness doesn't mean we ignore sin or have unconditional relationships with the unrepentant. God loves all unconditionally but doesn't

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grant forgiveness without repentance. Similarly, we're called to love everyone, including our enemies, but we aren't required to be in close relationship with those who refuse to turn from their sin.

An essential part of Christian community is speaking the truth in love - confronting sin and calling people to repentance so that they can experience the joy of unconditional forgiveness in Christ. When we learn to forgive others as God has forgiven us, it leads to deep, abiding joy. There's great delight in releasing others from the debt of their sin and being able to worship God together in gratitude for his amazing grace. Unconditional forgiveness, flowing from the glorious gospel, is truly the path to deep, enduring, joy-filled relationships. As followers of Christ, this is our calling - to forgive as we have been forgiven.

#### **Discussion Questions**

- 1. In the sermon, it was mentioned that we tend to form transactional relationships, expecting to get something in return from others. We often seek justice by wanting those who hurt us to pay for their wrongdoing. However, God's forgiveness is unconditional and freely given to us in Christ. How does the unconditional nature of God's forgiveness differ from the way we typically approach relationships and conflict with others?
- 2. The sermon emphasized that forgiveness always comes at a cost. When God forgives us, Christ bears the cost by taking the punishment for our sin upon himself. In our relationships, when we forgive others, we absorb the debt they owe us, choosing to release them from the obligation to pay us back. Can you share an experience where you had to bear the cost of forgiving someone? What did that look like practically, and how did it impact the relationship?
- 3. Jesus taught that if we don't forgive others, God won't forgive us (Matthew 6:14-15). The sermon highlighted that our forgiveness of others should mirror the unconditional forgiveness God has shown us in Christ. Why do you think Jesus ties our forgiveness of others so closely to our own experience of God's forgiveness? What are the implications of this teaching for our relationships?
- 4. The sermon made a distinction between God's unconditional love and his conditional forgiveness. God loves everyone unconditionally but only grants forgiveness to those who repent. Similarly, we are called to love everyone, including our enemies, but are not required to have close relationships with those who persist in unrepentant sin. How can we practically demonstrate unconditional love toward someone while still maintaining appropriate boundaries if they are unrepentant?
- 5. Unconditional forgiveness has the power to transform and heal relationships in profound ways. The sermon gave examples of Jesus forgiving Peter and continuing to love Judas despite knowing about the coming betrayal. When we learn to forgive others as God has forgiven us, it leads to deep joy and freedom in our relationships. How have you experienced the transformative power of unconditional forgiveness, either in extending it to others or receiving it yourself? What impact did it have on the relationship and your own heart?

#### **Bible Passage**

### Ephesians 4:32

<sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

#### Outline

- I. Understanding God's Forgiveness
  - a. The world's version of forgiveness: evening the score
    - i. We crave justice and making others feel the pain they caused
  - b. God's version of forgiveness: unconditional and costly
    - i. While we were still sinners, Christ died for us (Romans 5:8)
    - ii. God absorbed the cost of our sin himself instead of making us pay
  - c. Forgiveness always involves a cost
    - i. In our salvation, Jesus bore the cost
    - ii. In human relationships, when we forgive, we absorb the debt others owe us
  - d. Forgiveness is a free gift of grace, not earned through penance (Ephesians 2:8-9)
- II. Extending Forgiveness to Others
  - a. Jesus taught that if we don't forgive others, God won't forgive us (Matthew 6:14-15)
    - i. Our forgiveness must be unconditional, like God's forgiveness of us
  - When we withhold forgiveness or make others pay, we're not reflecting God's heart
  - c. How to extend forgiveness in relationships
    - i. Speak the truth about the wrong that was done
    - ii. Extend grace and forgiveness freely when they repent, without requiring penance

- d. The difference between God's unconditional love and conditional forgiveness
  - i. God loves everyone unconditionally but doesn't forgive the unrepentant
  - ii. We should love everyone but aren't obligated to forgive the unrepentant
- e. The importance of confronting sin and calling people to repentance
- III. The Transformative Power of Forgiveness
  - a. Jesus modeled the power of unconditional forgiveness
    - i. He continued to love Judas, even knowing about the coming betrayal
    - ii. He forgave and restored Peter after his denial, transforming his life
  - b. Freely forgiving others should be a hallmark of our Christian faith
  - c. Unconditional forgiveness has the power to heal and restore relationships
  - d. Learning to forgive others as God forgave us leads to deep joy
    - i. Delight in releasing others from the debt of their sin
    - ii. Freedom to worship God together in gratitude for his grace

#### **Notes**

Relationships, even within the church, can be difficult and disappointing at times. In society, we tend to form conditional, transactional friendships based on shared interests, where we expect to get something out of the relationship. But some of the most meaningful relationships in my life have been ones where I do most of the giving, like with my children when they were infants. I loved and cared for them even though they couldn't reciprocate.

The same applies in marriage - I'm with my wife because I love her, not because of what I get out of it. As Christians, we're called to have unconditional relationships, marked by kindness, tenderheartedness and forgiveness. Ephesians 4:32 sums this up - we are to forgive as God forgave us in Christ.

The world's version of forgiveness is based on evening the score and making the other person feel the pain they caused you. We crave that sense of justice. But God models a radically different kind of forgiveness. While we were still sinners, Christ died for us. He absorbed the cost of our wrongdoing himself instead of making us pay for it. That's the kind of forgiveness and unconditional love we're called to extend to others, even when it's difficult. It's what should set us apart as followers of Jesus.

We as humans have broken God's heart with our sin and rebellion. Justice demands that a price be paid to make the relationship right again. In the Old Testament, this was done through animal sacrifices. But those sacrifices were flawed and temporary.

So God sent Jesus to pay the ultimate price through his death on the cross. He absorbed the cost of our sin himself, even though we were the ones who had wronged him. That's the radical nature of God's forgiveness - it's unconditional, based purely on his love and grace, not on anything we do to earn it.

There is always a cost to forgiveness though. In our salvation, Jesus bore that cost. In our human relationships, when we forgive, we are absorbing the debt the other person owes us. We're paying the price ourselves.

I used to think I had to work for God's forgiveness and do penance to receive it. But that's not the gospel. Salvation is a free gift of grace. There's nothing we can do to earn it. Our good works should flow out of gratitude and worship in response to the forgiveness we've already been granted in Christ.

But Jesus also said if we don't forgive others, we won't be forgiven by God. That's a sobering thought. It shows our forgiveness must be unconditional like God's. We're called to forgive others in the same way he has forgiven us - freely, by grace, absorbing the cost ourselves. That's the radical path of Christlike love we're called to walk.

When we make our forgiveness of others conditional on them evening the score, we're not extending the same unconditional forgiveness God has shown us in Christ. He paid the price for our sin in full. Withholding forgiveness or making others pay is like spitting in the face of Jesus' sacrifice.

Now, God can forgive our inability to forgive others - but we need to recognize our conditional forgiveness as sin and not reflective of his heart. The way we forgive should mirror the way God forgives us. When we sin and ask for forgiveness, God doesn't berate us or make us suffer to earn it back. He acknowledges our sin but embraces us with love and freely grants forgiveness on the basis of Christ's payment.

That's how we need to forgive others, whether it's a spouse, kids, friends, etc. We speak the truth about what they did wrong, but extend grace and forgiveness freely when they repent, without making them pay penance. How we forgive reflects what we really believe about how God forgives us.

There is an important distinction between God's love and his forgiveness though. God loves everyone unconditionally, but he does not forgive everyone unconditionally. Forgiveness requires repentance and confession of sin. God doesn't force himself on anyone. So while I should love everyone, including my enemies, unconditionally, I don't have to forgive those who are unrepentant and haven't asked for forgiveness.

Part of loving others is being willing to kindly confront them about their sin, so they have a chance to repent and be forgiven and restored. That's an essential part of

Christian community. We don't ignore sin or just proclaim blanket forgiveness. We speak the truth in love and then extend free forgiveness to all who confess and turn from their sin. No penance required, because Jesus paid it all.

Unconditional forgiveness, based on confession and repentance, has transformative power. It can heal and restore relationships in profound ways. As Christians, we're guaranteed to experience hurt, disappointment and broken relationships in this life. But how we respond makes all the difference.

Jesus modeled this so beautifully. Despite experiencing immense persecution and betrayal, he wasn't miserable - he was full of joy. He continued to love and minister to Judas, even knowing Judas would betray him. When Peter denied him three times, Jesus forgave him and restored him upon his repentance. That forgiveness utterly transformed Peter's life.

As Christians, our willingness to extend this kind of free forgiveness to others should be a hallmark of our faith. It's a key part of what it means to follow Jesus. When we make our forgiveness contingent on people deserving it or earning it, we're acting contrary to the way God has forgiven us in Christ.

Unconditional forgiveness isn't the same as unconditional relationship. We should be willing to confront and rebuke sin, giving people a chance to repent. We're not obligated to be in close relationship with unrepentant people. But for those who do repent, we're called to freely extend the grace and forgiveness God has lavished on us.

I guarantee that learning to forgive others the way God has forgiven you will lead to deep joy. There's great delight in releasing others from the debt of their sin against you and seeing the joy on their face as they realize they're fully pardoned. It frees you both to worship God together in gratitude for the forgiveness and grace he's shown you both. Unconditional forgiveness, flowing from the gospel, is truly the path to deep, enduring, joy-filled relationships.

## The Power of Forgiveness

Read: 1 Corinthians 12:12-27

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

I've come to realize that the way I understand and practice forgiveness is directly related to how I view God's forgiveness towards me. Too often, I find myself making forgiveness conditional, believing that God will only forgive me if I somehow earn it or pay penance for my wrongdoings. But this is not the picture of forgiveness that Christ demonstrates.

In any relationship, whether with friends, family, or even God, disappointment, pain, and suffering are inevitable. We are all sinful people, and our selfishness can cause harm to those around us. My natural response to these negative experiences has been to build walls, filter out the bad, protect myself, or even run away. But God's response is always forgiveness.

True forgiveness is unconditional and generous. It's not a power play or a passive-aggressive tactic to make the other person feel the full weight of their actions. Instead, it's a freely given gift that serves as the foundation of Christ's love for all of humanity. When we forgive, we are not absolving the wrongdoer of responsibility or minimizing the pain they have caused. Rather, we are choosing to release our right to revenge or retribution, trusting that God is the ultimate judge and that His justice will prevail. By extending forgiveness, we are reflecting the heart of God, who "does not treat us as our sins deserve or repay us according to our iniquities" (Psalm 103:10). This act of grace has the power to break cycles of bitterness and resentment, allowing for the possibility of restored relationships and personal healing.

Loving relationships are what life is all about, and forgiveness is the key to maintaining these relationships in the face of our sinful nature. When I allow God's definition of forgiveness to guide my own relationships, I find that my love becomes less conditional. I no longer feel like I'm constantly juggling plates, trying to keep everything from crashing down.

Forgiveness says, "I still love you, even though you've disappointed me or caused me pain." This is the kind of love that Christ has for us, and it's the kind of love that I want to

embody in my own life. It's a love that looks beyond the surface of our actions and sees the inherent worth and value in each person as a child of God. It's a love that is patient, kind, and long-suffering, always hoping for the best and believing in the power of redemption. When we choose to forgive, we are not only extending love to the person who has wronged us, but we are also allowing ourselves to experience the freedom and peace that comes from letting go of anger and resentment. In this way, forgiveness becomes a gift not only to others but also to ourselves, enabling us to live more fully in the abundant life that Christ has promised us.

Of course, the fear and pain that come from being in relationship with sinful people are still present. But I find comfort in knowing that God's love for me is not marred by sin. I have a heavenly Father who will comfort me when I am wounded and heal my wounds. This doesn't mean that the pain magically disappears or that the consequences of sin are erased, but it does mean that I can bring my hurt and brokenness to God and find solace in His unwavering love. In the midst of the struggles and challenges that come with living in a fallen world, I can cling to the promise that God is always with me, working for my good and the good of those who love Him (Romans 8:28). This knowledge gives me the strength to press on, even when forgiveness feels impossible, trusting that God's grace is sufficient for me and that His power is made perfect in my weakness (2 Corinthians 12:9).

- 1. Forgiveness is at the heart of the Christian faith, and our understanding of forgiveness is deeply tied to our perception of God's forgiveness towards us. When we grasp the magnitude of the forgiveness we have received through Christ's sacrifice, it can radically change the way we approach forgiving others. How does our understanding of God's forgiveness impact the way we extend forgiveness to others? What practical steps can we take to align our practice of forgiveness with the example set by Christ?
- 2. Relationships are an essential part of life, but they can also be a source of pain and disappointment due to our sinful nature. Forgiveness is the key to maintaining and strengthening these relationships, even in the face of hurt and betrayal. When we allow God's definition of forgiveness to guide our relationships, we can experience a deeper, more unconditional love. How can embracing Christ-like forgiveness transform our relationships with others? In what ways might practicing unconditional forgiveness help us build more resilient and loving connections with the people in our lives?