

NEW ZION • WEDNESDAY BIBLE STUDY

MONTHLY FOCUS

TRUE COMMITMENT

Holding Fast When Everything Says Let Go

STUDENT WORKBOOK

June 4 – June 25

THIS WORKBOOK BELONGS TO:

Name: _____

Date Started: _____

HOW TO USE THIS WORKBOOK

- ✓ Fill in the blanks during the lesson as your teacher speaks.
- ✓ Answer the reflection questions honestly — there are no wrong answers.
- ✓ Complete the daily devotional readings during the week.
- ✓ Write your weekly commitment and find an accountability partner.
- ✓ Bring this workbook back each Wednesday — it builds week to week!

Week	Title	Date
Week 1	The Cost of Commitment	Wednesday, June 4
Week 2	Committed When the Fire Is Real	Wednesday, June 11
Week 3	Committed Through Loss & Loyalty	Wednesday, June 18
Week 4	The Power That Sustains Commitment	Wednesday, June 25

TRUE COMMITMENT • STUDENT WORKBOOK

WEEK 1 | THE COST OF COMMITMENT

What Does It Actually Cost to Follow Through?

Wednesday, June 4 | New Zion

MEMORY VERSE

"One thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."— **Philippians 3:13-14**

Write it from memory:

PART 1: The Truth About Commitment

True commitment has always come with a _____. The apostles were not just inconvenienced for the Gospel — they were _____, jailed, _____, and killed for it. And yet they did not stop.

FILL IN THE BLANK

Real commitment is not _____
 measured by how good you _____
 _____ — it is measured
 by your _____

_____ under pressure.

PART 2: Paul — The Resume Nobody Wants**2 Corinthians 11:24-27***"Five times I received from the Jews the forty lashes minus one. Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked..."*

COMPLETE THESE STATEMENTS

According to this passage, Paul endured at least _____ beatings, _____ shipwrecks, and was stoned _____ time(s).

Paul never said 'Lord, this is not _____
 what I _____.

His commitment was not to a _____
 comfortable _____ —
 it was to a _____ and
 a _____.

Philippians 4:11-13

"I have learned, in whatsoever state I am, therewith to be content. I can do all things through Christ which strengtheneth me."

KEY WORD STUDY

Paul said he LEARNED to be content. That means contentment is not automatic — it is _____.

Reflect: What is one difficult situation right now where God might be TEACHING you contentment? Write it here.

PART 3: Peter — From Denial to Unstoppable

THE STORY IN YOUR OWN WORDS

Before Jesus was crucified, Peter denied Him _____ times. After Jesus rose and restored him, Peter became one of the boldest preachers in the early church.

Acts 5:29

"Peter and the other apostles replied: 'We must obey God rather than human beings!'"

Peter was beaten and told to _____
 stop preaching. He left rejoicing _____
 because he was counted _____
 worthy of _____

_____ for the Name.

Reflect: Peter failed badly — but he came back. Have you ever walked away from a commitment to God and come back? What did that look like?

PART 4: Stephen — Faithful to the Very End

Acts 7:59-60

"While they were stoning him, Stephen prayed, 'Lord Jesus, receive my spirit.' Then he fell on his knees and cried out, 'Lord, do not hold this sin against them.'"

WHAT STANDS OUT TO YOU MOST ABOUT STEPHEN'S FINAL MOMENTS?

Stephen's commitment was not _____ measured in _____ — it was measured in faithfulness in the _____

_____ given to him.

BIG IDEA — WEEK 1

Three Things True Commitment Requires:

1. It requires a _____ — not just a program or a feeling.
2. It requires a decision made BEFORE the crisis hits.
3. It requires _____ — the ability to stay when everything says leave.

MY PERSONAL RESPONSE

Reflect: *What is one area of your life where God is calling you to a deeper commitment? What has been holding you back?*

DAILY DEVOTIONAL — WEEK 1

Each day this week, read the passage and write one thing God says to you through it.

Monday — Philippians 1:21 | "For to me, to live is Christ and to die is gain."

Tuesday — Acts 20:24 | Paul finishing his race

Wednesday — 2 Timothy 4:7 | "I have fought the good fight..."

Thursday — Romans 8:18 | Present sufferings vs. future glory

Friday — Hebrews 11:1-6 | Faith that keeps going

MY COMMITMENT THIS WEEK

Based on Week 1, I commit to God that I will not back down from...

Accountability Partner: _____ **Date:** _____

WEEK 2

TRUE COMMITMENT • STUDENT WORKBOOK
COMMITTED WHEN THE FIRE IS REAL*Faith That Does Not Bow — Even in the Flames*

Wednesday, June 11 | New Zion

MEMORY VERSE*"The God we serve is able to deliver us from it... But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up."*

— Daniel 3:17-18

Write it from memory:

PART 1: When the Heat Gets Turned Up**OPENING FILL-IN**

The decision to stand firm must _____
 be made _____ the
 moment of crisis, not during it.

You cannot develop in the _____
 moment of _____
 what you were not building in
 the days of _____.

Reflect: Before this lesson, how would you have described the difference between someone with strong faith and someone with weak faith?

PART 2: Shadrach, Meshach & Abednego**THE SETUP**

King Nebuchadnezzar built a golden image _____ feet tall and commanded everyone to
 _____ when the music played. The penalty for refusing was to be thrown into a
 _____ heated _____ times hotter than normal.

Daniel 3:17-18

"If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty's hand. But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up."

UNPACKING "EVEN IF HE DOES NOT"

Many people serve God on _____

 'Lord, I'll obey if you bless me.'

Mature commitment says: 'God, _____
 whether you _____
 _____ me or not
 — I will not bow.'

Reflect: Be honest: Is your commitment to God conditional? What condition have you placed on your obedience? (Example: "I'll serve if He heals me... provides for me... changes my situation...")

WHAT HAPPENED IN THE FIRE**Daniel 3:24-25**

"Look! I see four men walking around in the fire, unbound and unharmed, and the fourth looks like a son of the gods."

They went into the fire _____ — they came out _____. They faced
 _____ — but came out _____. There was not even the smell of
 _____ on them.

When you commit to God and _____
 walk into the fire, you do not
 walk in _____.

Reflect: Have you ever been in a "fire" — a trial, a loss, a season of pressure — and felt God's presence with you IN it? Describe that.

PART 3: Daniel — Praying Just As He Had Always Done

THE DECREE

King Darius made a law: no one could pray to any god or man except the king for _____ days. The penalty was the _____ den.

Daniel 6:10

"He went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before."

CIRCLE THE MOST IMPORTANT PHRASE ABOVE AND ANSWER:

Reflect: Why do those four words — "just as he had done before" — matter so much to Daniel's story? What do they tell us about how commitment works?

The lions' den did not _____ Daniel's
faith — it _____
it.

Daniel's commitment was not _____
an emergency response — it
was a _____
practice.

BIG IDEA — WEEK 2

Three Takeaways from the Fire and the Den:

1. Your commitment before the crisis determines your strength _____ the crisis.
2. "Even if He does not" is the language of _____ faith.
3. When you stay faithful, God shows up in ways that _____ even your enemies.

MY PERSONAL RESPONSE

Reflect: What is one area where God is asking you to bow to the pressures of this world — and you need to make the decision right now that you will NOT bow? Write it out.

DAILY DEVOTIONAL — WEEK 2

Each day this week, read the passage and write one thing God says to you through it.

Monday — Isaiah 43:2 | "When you walk through the fire, I will be with you"

Tuesday — Daniel 1:8 | Daniel's earlier decision to stay committed

Wednesday — 1 Peter 1:6-7 | Trials that refine your faith

Thursday — Romans 5:3-5 | What suffering produces

Friday — Psalm 46:1-3 | God as refuge when the earth gives way

MY COMMITMENT THIS WEEK

This week I will build my daily prayer habit by committing to pray every day at _____ (time). Even if...

Accountability Partner: _____ **Date:** _____

TRUE COMMITMENT • STUDENT WORKBOOK

WEEK 3 | COMMITTED THROUGH LOSS & LOYALTY

Staying When You Have Every Reason to Leave

Wednesday, June 18 | New Zion

MEMORY VERSE

"Where you go I will go, and where you stay I will stay. Your people will be my people and your God will be my God."

— Ruth 1:16

Write it from memory:

PART 1: The Quiet Kind of Commitment

OPENING THOUGHT

Some commitment is tested in dramatic crisis. But the hardest commitment is often the one

_____ sees —
the daily decision to stay faithful when leaving would be

Reflect: Think of someone in your life — or in the Bible — whose commitment was quiet and unglamorous. What did their faithfulness produce?

PART 2: Ruth — Committed to a Person and a Promise

THE STORY

Naomi lost her _____ and both of her _____. She told her daughters-in-law to go back to their own people. One left — her name was _____. The one who stayed was named _____.

Ruth 1:16-17

"Where you go I will go, and where you stay I will stay. Your people will be my people and your God will be my God. Where you die I will die, and there I will be buried."

FOUR THINGS RUTH'S COMMITMENT WAS NOT BASED ON:

- ☐ Ruth was not committed because Naomi had _____ to offer her.
- ☐ Ruth was not committed because the future looked _____.
- ☐ Ruth was not committed because her culture encouraged it — she left her _____ behind.
- ☐ Ruth was not committed because it was _____.

Ruth's commitment was not to a _____ — it was to a _____ and to the God of that person.

Reflect: *Ruth stayed in grief — not when things were good. Has a season of loss or difficulty ever actually DEEPENED your commitment to God or to someone? How?*

THE REWARD

Ruth went to Bethlehem and humbled herself to _____ in the fields — the work of the poor. God positioned her in the field of a man named _____, who became her _____. Ruth eventually became the great-grandmother of King _____ and is listed in the lineage of _____.

Ruth 2:12

"May the Lord repay you for what you have done. May you be richly rewarded by the Lord, the God of Israel, under whose wings you have come to take refuge."

Ruth did not know any of that _____ when she made her commitment. She just _____. And God wrote her into the story of _____.

PART 3: Nehemiah — Don't Leave the Wall

THE SETUP

The walls of Jerusalem were _____. God placed the burden on Nehemiah's heart to _____. The opposition was immediate — enemies mocked, threatened, and plotted. Then came the most dangerous weapon of all: an _____.

Nehemiah 6:3

"I am carrying on a great project and cannot go down. Why should the work stop while I leave it and go down to you?"

NEHEMIAH'S ENEMIES SENT THE INVITATION _____ TIMES. HIS ANSWER WAS THE SAME EACH TIME.

Reflect: What is the "invitation" in your life that keeps pulling you away from what God has assigned you to build? (It can be good things — not just bad ones.)

FOUR THINGS NEHEMIAH REFUSED TO DO — FILL IN THE BLANK:

1. He refused to be _____ by mockery — he prayed instead of panicking.
2. He refused to _____ the work — half his men worked while the other half kept watch.
3. He refused to be _____ — he turned down four invitations designed to pull him away from his calling.
4. He refused to be _____ — when false reports were spread, he prayed for strength and kept building.

Nehemiah 6:15-16

"So the wall was completed in fifty-two days. When all our enemies heard about this, all the surrounding nations were afraid and lost their self-confidence, because they realized that this work had been done with the help of our God."

When you stay committed to _____
your assignment, the enemy
loses his _____.

BIG IDEA — WEEK 3**Three Commitments to Make This Week:**

1. I will be committed to a _____ — not just a program, not just a tradition.
2. I will identify and say NO to one _____ that is pulling me off my assignment.
3. I will trust that God is building something _____ through my faithfulness — even when I can't see it.

Reflect: What has God assigned YOU to build — in your home, your relationships, your faith, your calling? Be specific. Write it here and don't skip this one.

DAILY DEVOTIONAL — WEEK 3

Each day this week, read the passage and write one thing God says to you through it.

Monday — Ruth 2:1-12 | Faithfulness in the small, humble task

Tuesday — Nehemiah 4:1-9 | Praying and working at the same time

Wednesday — Psalm 37:3-7 | Trust, delight, commit, rest

Thursday — Galatians 6:9 | Do not grow weary in doing good

Friday — Lamentations 3:22-23 | His mercies are new every morning

MY COMMITMENT THIS WEEK

The one thing I will refuse to let distract me from my God-given assignment this week is... Instead, I will...

Accountability Partner: _____ Date: _____

TRUE COMMITMENT • STUDENT WORKBOOK

WEEK 4 | THE POWER THAT SUSTAINS COMMITMENT

You Cannot Keep Going on Willpower Alone

Wednesday, June 25 | New Zion

MEMORY VERSE

"Let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith."

— Hebrews 12:1-2

Write it from memory:

PART 1: The Problem With Willpower

OPENING FILL-IN

The reason committed people stay committed is not _____. It is the right _____.

The way to become more committed is not to try _____. — it is to stay _____ to God.

Reflect: *Where have you personally tried to be faithful in your own strength — and it eventually failed? What happened?*

PART 2: The Holy Spirit Changes Everything

BEFORE AND AFTER PENTECOST — FILL IN THE CHART

Disciple	Before Holy Spirit	After Holy Spirit
Peter		
The Disciples		
You		

Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."

Faithfulness is listed as a _____ of the
Spirit — not a product of _____ teeth.

Reflect: Which fruit of the Spirit from Galatians 5:22-23 do you feel is *LEAST* developed in your life right now? How might walking closer with the Holy Spirit change that?

PART 3: You Need an Eternal Perspective

2 Corinthians 4:17-18

"For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

Paul called his beatings 'light and momentary.' That is not _____. That is _____ perspective.

The committed life is not lived for what you can _____

_____ now — it
is lived for what God has
_____.

Reflect: What current trial or difficulty in your life looks different when you view it through an eternal lens? Write how it changes your perspective.

PART 4: You Need Community

Hebrews 10:24-25

"Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another — and all the more as you see the Day approaching."

Commitment was never
designed to be a
_____ sport.

When you show up on
Wednesday night, you are not
just attending a Bible study —
you are keeping each other in
the _____.

WHO IN THIS ROOM CAN YOU COMMIT TO HOLDING ACCOUNTABLE FOR THE NEXT 30 DAYS?

Name: _____

One thing you'll check
on: _____

PART 5: Throw Off What Is Slowing You Down

Hebrews 12:1

"...let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us."

HONEST SELF-CHECK — CIRCLE ALL THAT APPLY TO YOU RIGHT NOW:

- | | |
|---|---|
| ☐ Busyness / too many commitments | ☐ Discouragement / comparison |
|---|---|

- Fear of what people think
- Unforgiveness / bitterness

- Relationships pulling me away
- Comfort / complacency

FROM WHAT YOU CIRCLED, WHICH ONE DOES GOD WANT YOU TO DEAL WITH FIRST?

The weight I am
throwing off:

What that looks like
practically:

SERIES WRAP-UP — MY COMMITMENT DECLARATION

You have been in this Word for four weeks. Now it is time to write what God has spoken to you and what you are committing to going forward.

MY TRUE COMMITMENT DECLARATION	
In my PRAYER LIFE, I commit to:	
In my SERVICE to my church, I commit to:	
In my personal walk with God, I commit to:	
Signed: _____	Date: _____

DAILY DEVOTIONAL — WEEK 4

Your final week of readings — finish strong.

Monday — John 15:4-5 | Apart from Him, you can do nothing

Tuesday — Ephesians 6:10-18 | Put on the full armor of God

Wednesday — Philippians 1:6 | He who began a good work will complete it

Thursday — Isaiah 40:29-31 | Those who hope in the Lord will renew their strength

Friday — Revelation 2:10 | Be faithful, even unto death

You finished the workbook.

Now live it.

"Do not give up." — Galatians 6:9