

Corporate Call to Prayer and Fasting Feb 26-March 1st 2026

Biblical Fasting - fasting is a spiritual discipline focused on seeking God, saying no to food in order to intentionally depend upon God during times of hunger, humbling ourselves before Him and as an act of honor and glorifying God.

There are many examples of fasting in Scripture:

Jesus fasted during his temptation in the desert. **Luke 4:1-13**

Anna fasted and prayed at the temple and spoke of the coming Messiah. **Luke 2:36-39**

Paul and Barnabas fasted and prayed when installing elders in Lystra, Iconium & Antioch. **Acts 14:21-25**

There was a corporate, sacrificial 3 day fast asking for God's protection and provision. **Esther 4:15-16**

The people of Nineveh fasted in repentance and asking for God's mercy. **Johan 3:5-10**

David fasted as an act of humility. **Psalms 35:13**

Jesus stated his followers would fast after his ascension (**Matthew 9:14-15**) and he also teaches during The Sermon on the Mount the expectation is that his people will fast (**Matthew 6:16-18**)

When taken as a whole it becomes clear fasting is a discipline the Lord expects of his people.

This is not simply a physical act but a spiritual discipline intended to bring glory to God and be for the good of His people.

As we fast corporately during these three days, from noon on February 26th until communion on March 1st, we ask that we would join together in focused prayer in these areas:

1. A growing love of righteousness and hatred of wickedness. In our lives individually as well as in the life of the church corporately.
2. Focus and intentionality if our commitment to Christ above all else.
3. Growing intimacy with the Lord
4. Wisdom as we pursue God's will regarding Matthew Heintz potentially coming on staff at Blue Ridge
5. Stronger and deeper relationships within the family of faith.
6. Zeal for name of Jesus

Thank you for joining us as we fast and seek the Lord during this specific time.