

Colossians 2:16-23

Christ Sufficiency over the World's Practices

- I. Paul's warning concerning legalism (vv. 16-17)
 - A. Let no man judge you through legalism (v. 16)
 - 1. Concerning diet (v. 16a)
 - 2. Concerning days (v. 16b)
 - B. The vanity of legalism (v. 17)
 - 1. The law was just a shadow (v. 17a)
 - 2. The body is of Christ (v. 17b)
- II. Paul's warning concerning mysticism (vv. 18-19)
 - A. Let no man disqualify you through mysticism (v. 18)
 - 1. Mysticism has a false heart
 - 2. Mysticism has a false focus
 - 3. Mysticism has a false foundation
 - 4. Mysticism has a false evaluation
 - B. The vanity of mysticism (v. 19)
 - 1. Mysticism is not committed to the person of Christ (v. 19a)
 - 2. Mysticism is not a part of the work of Christ (v. 19b-d)
 - a. Christ nourishes the body
 - b. Christ grows the body
- III. Paul's warning concerning asceticism (vv. 20-23)
 - A. A warning question concerning asceticism (vv. 20-22)
 - 1. If you are dead with Christ... (v. 20a)
 - 2. Then why are you subject to man's ordinances? (vv. 20b-22)
 - B. A warning statement concerning asceticism (v. 23)
 - 1. Asceticism looks good (v. 23a)
 - 2. Asceticism is powerless to save (v. 23b)