

A scenic view of a river flowing through a lush green forest. The river is in the foreground, with water rippling over rocks. On the right side, a large, mature tree with thick, gnarled roots and dense green foliage dominates the frame. The background shows a dense forest of tall trees under a bright sky. The overall atmosphere is peaceful and natural.

Psalm One

Getting to the root

A wide-angle photograph of a desert landscape. The foreground is filled with dry, scrubby bushes and small trees. The middle ground shows a flat, rocky desert floor with scattered vegetation. In the background, a range of low mountains stretches across the horizon under a clear blue sky. The overall scene is arid and open.

Psalm One

Getting to the root

Psalm 1:1-3

1 Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, 2 but whose delight is in the law of the LORD, and who meditates on his law day and night.

3 That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers.

Jeremiah 17:7-

7 “Blessed is the man who trusts in the Lord, whose trust is the Lord.

8 He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit. ”

A serene landscape featuring a river with white-water rapids flowing through a dense forest of green trees. On the right bank, a large, ancient tree with thick, gnarled roots and a wide canopy of green leaves dominates the foreground. The scene is bathed in soft, golden light, suggesting a peaceful morning or late afternoon. A light green rectangular box with a thin black border is positioned in the upper left quadrant, containing the text 'The Fruitful Life'.

The Fruitful Life



The Fruitful Life

Not conformed to the culture



The Fruitful Life

Not conformed to the culture

But transformed by God's truth

Psalm 1:4-6

Not so the wicked! They are like chaff that the wind blows away.

5 Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.

6 For the LORD watches over the way of the righteous, but the way of the wicked leads to destruction.

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Jeremiah 17:5-

5 Thus says the Lord: “Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from the Lord.

6 He is like a shrub in the desert, and shall not see any good come. He shall dwell in the parched places of the wilderness, in an uninhabited salt land.



The barren Life

A photograph of a desert landscape. The foreground is filled with sparse, dry, brownish-yellow bushes and shrubs. The ground is light-colored and rocky. In the background, there are several mountain ranges under a clear blue sky. The overall scene is arid and barren.

The barren Life

Conformed to the culture



The barren Life

Conformed to the culture

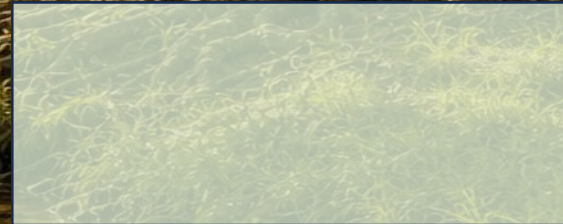
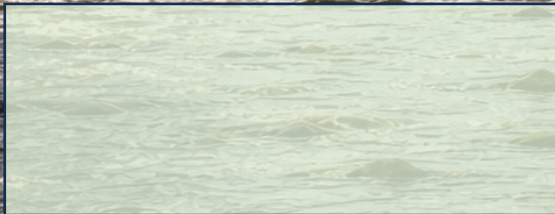
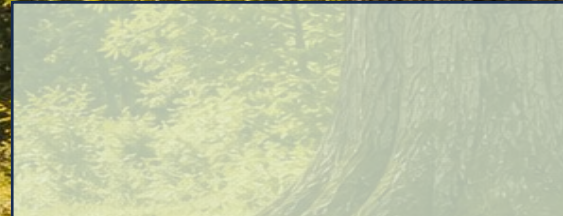
Turning away from the Lord

Jeremiah 17:9

⁹ The heart is deceitful above all things, and desperately sick; who can understand it?



The Fruit to Root tool

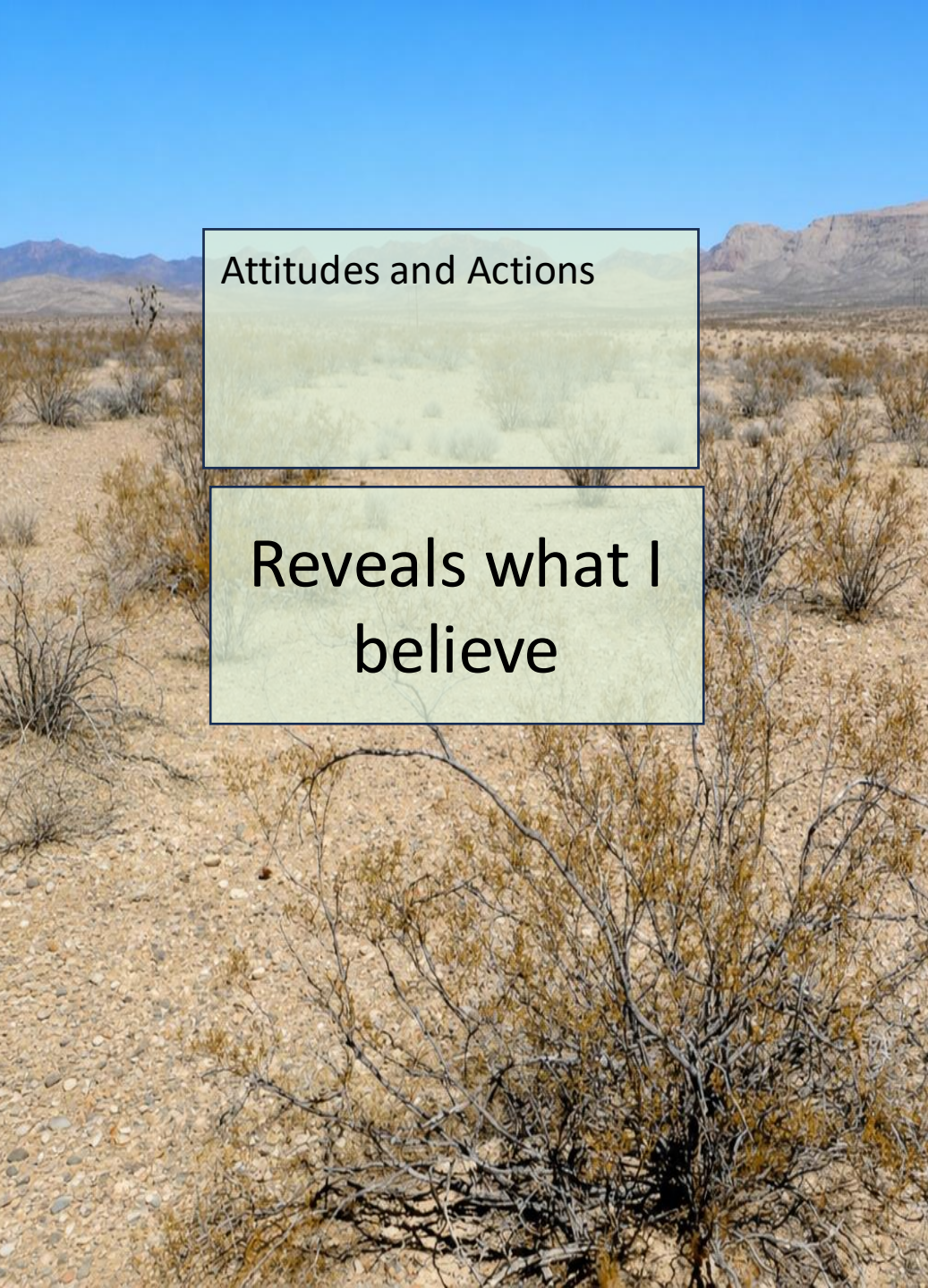




Attitudes and Actions



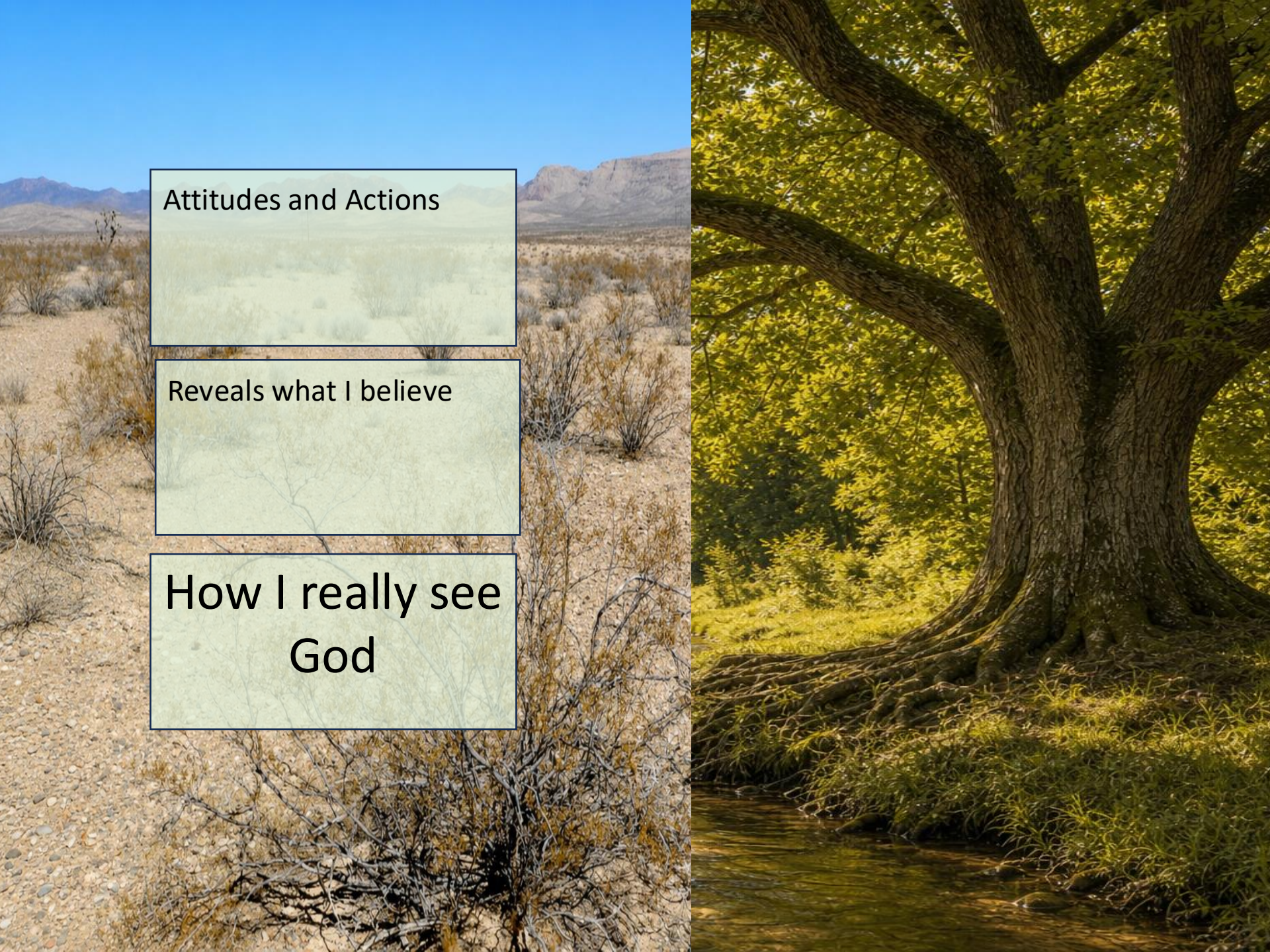
Attitudes and
Actions



Attitudes and Actions

Reveals what I
believe

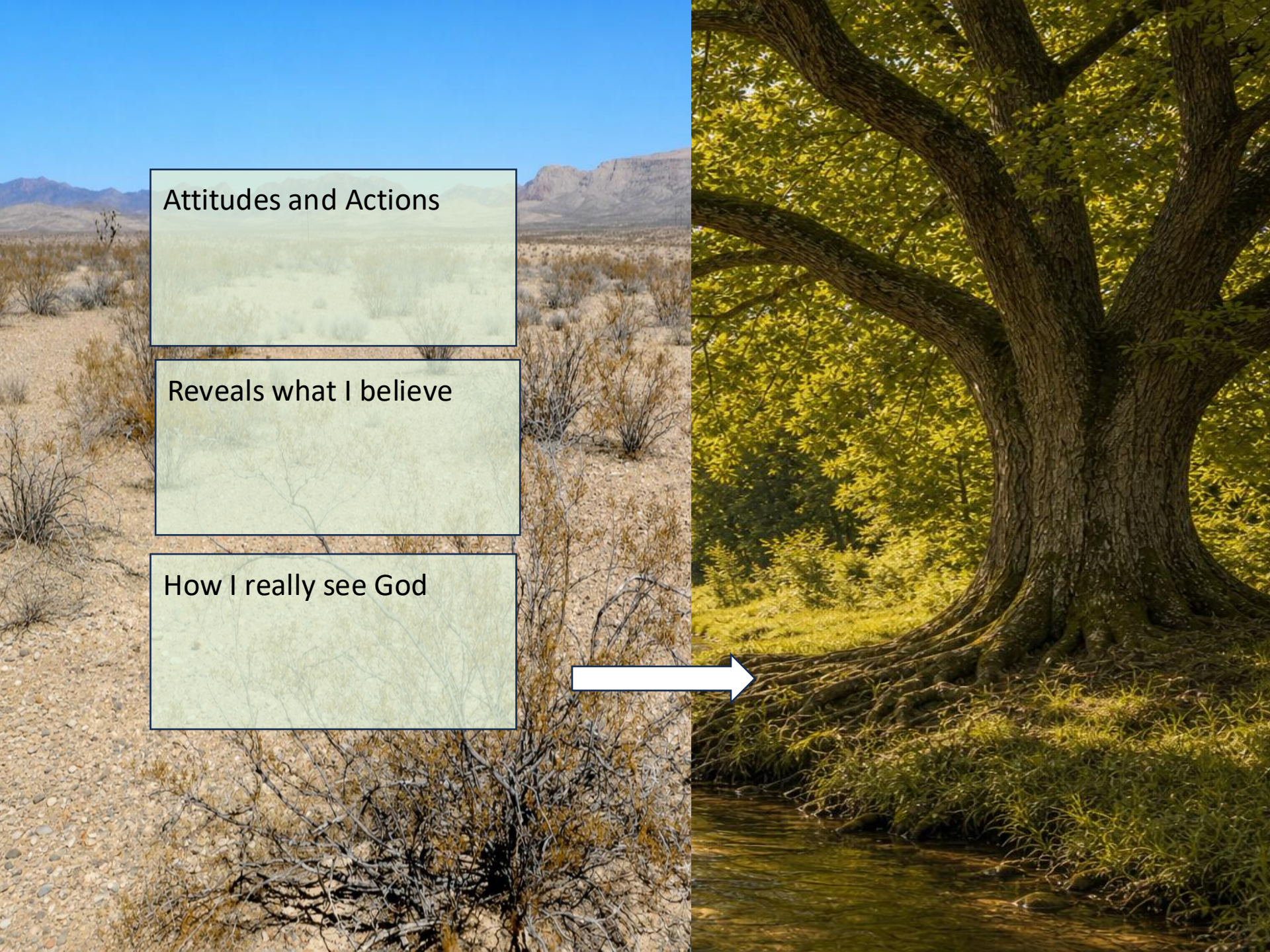




Attitudes and Actions

Reveals what I believe

How I really see
God



Attitudes and Actions

Reveals what I believe

How I really see God


Attitudes and Actions

Reveals what I believe

How I really see God



What is true
about God



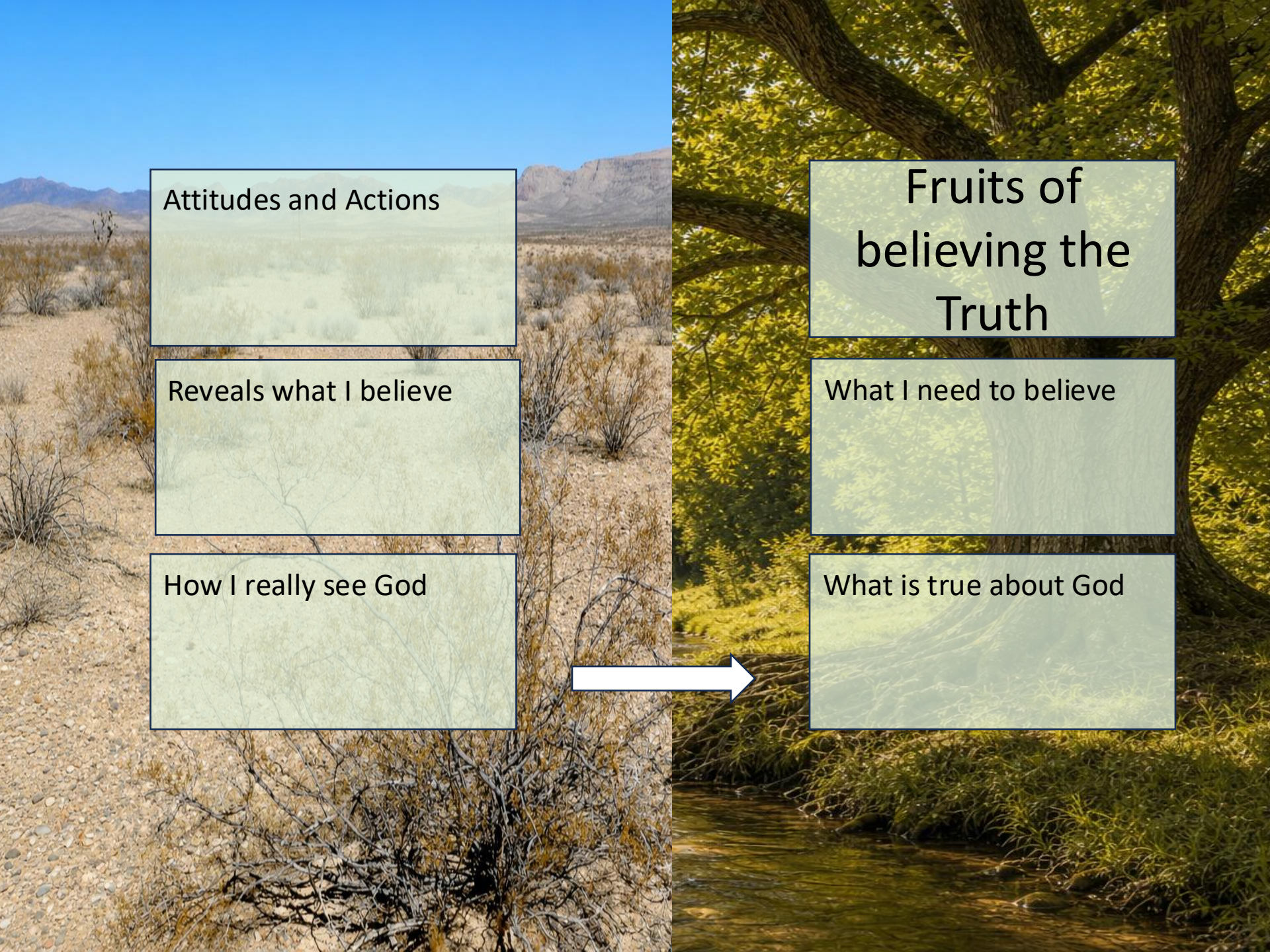
Attitudes and Actions

Reveals what I believe

How I really see God

What is true
about Me

What is true about God



Attitudes and Actions

Reveals what I believe

How I really see God

Fruits of
believing the
Truth

What I need to believe

What is true about God



Where are the Barren spots in
my life?



Where are the Barren spots in
my life?

Use the Fruit to Root for some
honest reflection and healing.