

How Parenting,
Youth Culture, and
Technology have changed
and how we can pass our
values on to our children.

Just One Thing

Three Discussion Points:

- 1. Changes in Parenting
- 2. Changes in Teens
- 3. How can we pass our Values on to our Children?

Changes in Parenting:

SAFETY & SECURITY







Examples

Availability Heuristic

When we immediately think of examples of things, we trick ourselves into thinking they are more common than they actually are.

**1 in 11.5
million**

**3 times
more
likely to
drown**



**30 times
more
likely to
be hit by
lightning**



1980



Lean in. Push against.

- How do we “**Lean**” into their desire for safety, security?
- How do we “**Push against**” or challenge the coddling to help them develop grit and maturity?

Changes in Teens

Millennials/Gen Y 1981-1994

- Kids of Boomers
- Tech Savvy (2 Screens)
- Communicate with Text
- Curators & Sharers
- Now Focused
- Dependent
- College Expected

iGen/Gen Z 1995-2005

- 25% of US Population
- Tech Innate (5 Screens)
- Communicate with Images
- Creators & Collaborators
- Future Focused
- Fiercely Independent
- College Optional*

Gen Z or iGen

- True Digital Natives
- Safety First/Security
- Sensitive to Others' Feelings
- Diverse- most racially, religiously, sexually diverse generation
- Complicated Family Dynamics
- Fiercely Independent (Katniss)
- Each Person Decides (no right or wrong)
- Uncertain/Unstable/Fluid*

Gen Z or iGen

- Virtually Present
- Growing up Slowly
 - Less Drinking
 - Less Sex
 - Stay at Home Kids
- Growing up Quickly
 - Over exposure to the World
 - Porn Addiction
 - Body Image Comparison
- Mental Health Crisis
- Completely Cut Off from Adult World
- Influenced by Social Media*

VSCO Girl



The “ vsco girl ” Starter Pack





- Plays 4-6 hours of video games most days.
- Ave. time on devices: 8.5 hours per day

Male 19 Years Old
Attends Public High School
1 Sister, 3 step siblings
Living in Blended Family with biological
Mom & Stepdad
Goes to live with Dad on weekends

- Does not have Driver's License
- Has never worked more than 10 hours per week
- Mom registers him for Community College classes and makes his schedule for him.
- Still attends Youth Group

-I NEVER raise my hand
or ask questions



“I’m afraid to be
wrong and then
appear to be
foolish.”

-I have Trouble Concentrating.
(conditioned by the constant
flashing images of the
Smartphone?)



“I look like I’m
with you...”

But I’m not!”

Activists



Click-
tivists



“My mom said this
would look good
on my college
application.”



I DO NOT like to be
confronted, corrected or
told that I am wrong.



“If you confront me
or correct me, I
may agree or smile,
but I will hate you.””

I am struggling.



“I’m connected,
but I’m so alone.”

I have a secret that is
DESTROYING my life.



"I started looking
at porn at age 12.

I am hopelessly addicted
and don't know
how to get out.

CELL PHONES



CBS THIS MORNING



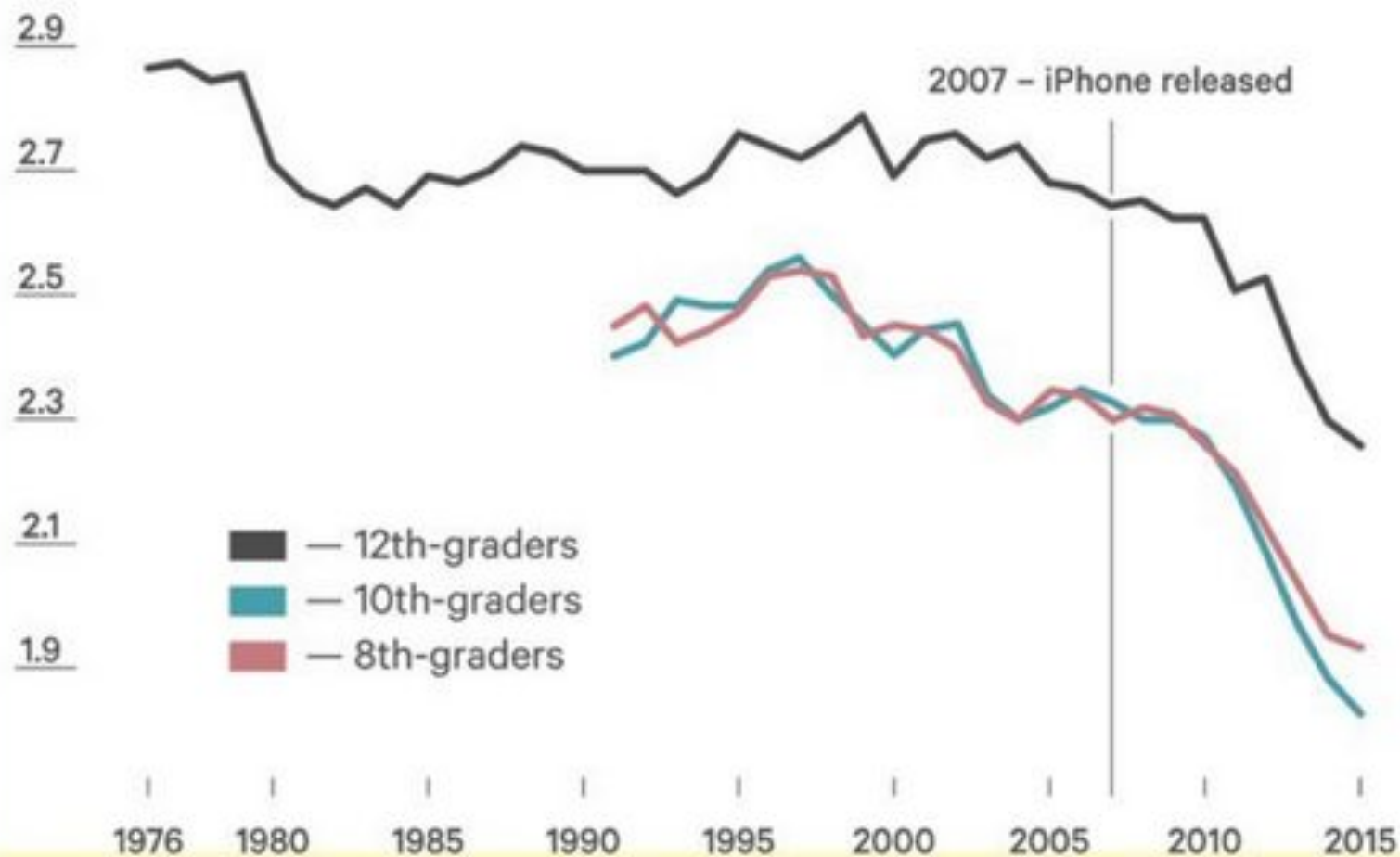
SCREENED OUT

HOW SMARTPHONES CHANGE THE WAY CHILDREN GROW UP

1

Not Hanging Out With Friends

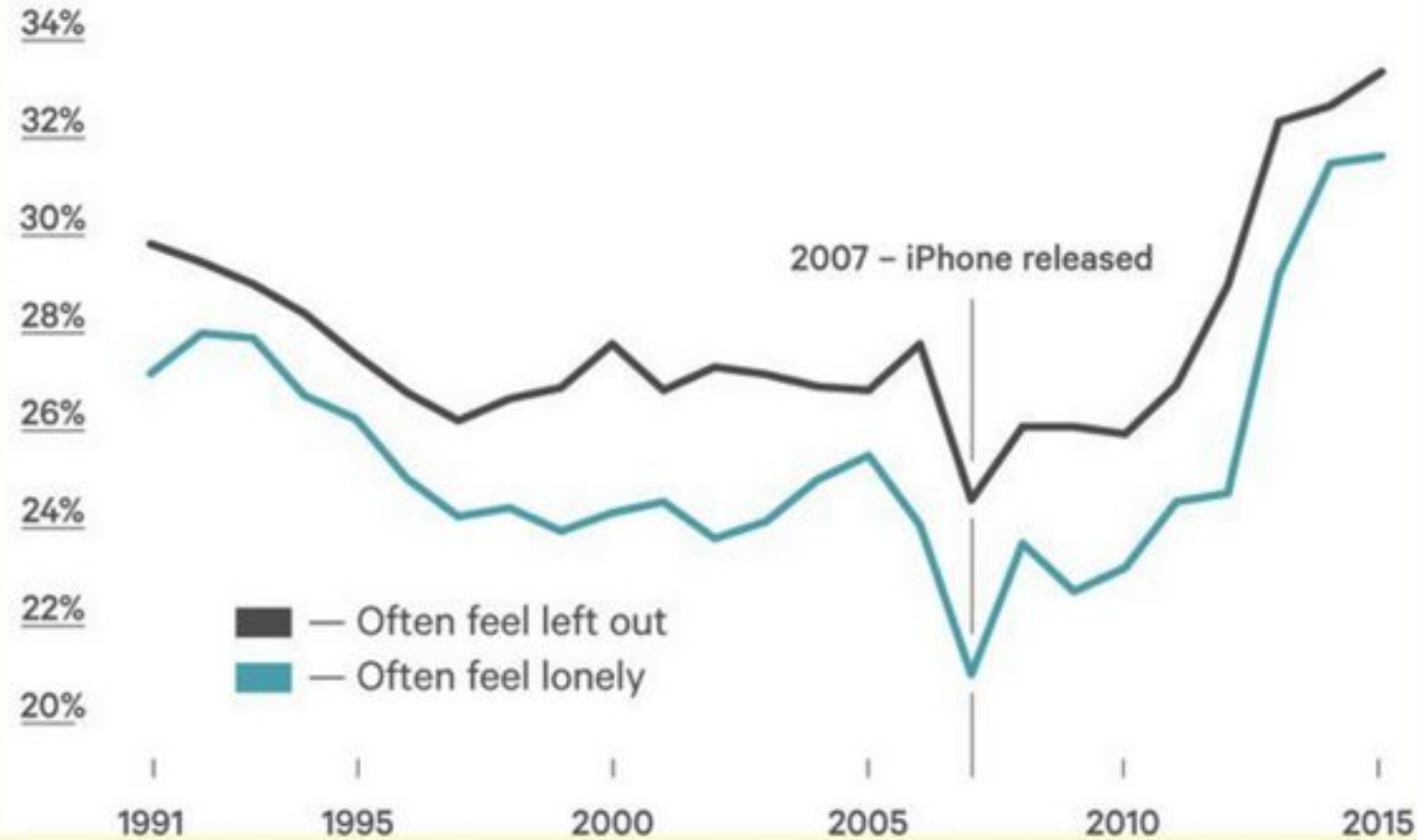
Times per week teenagers go out without their parents



5

More Likely to Feel Lonely

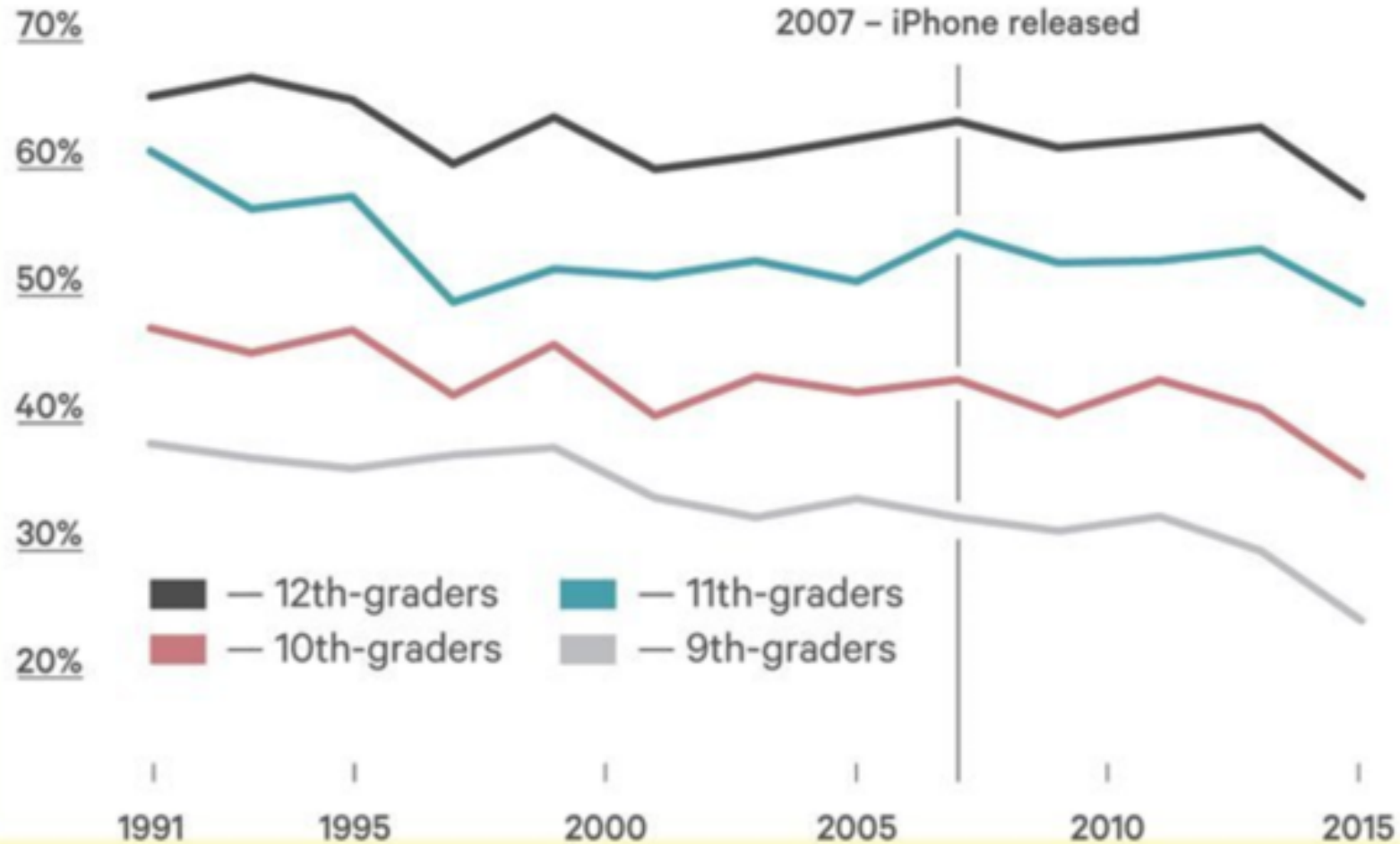
Percentage of 8th-, 10th-, and 12th-graders who agree or mostly agree with the statement "I often feel left out of things" or "A lot of times I feel lonely"



4

... And Less Sex

Percentage of high-school students who have ever had sex



SLEEP

Craig Canapari, MD
Yale Pediatric Sleep Center.

- 1. If your child has technology (television, computers, smartphones, tablets, video game systems) in his room at night,**
- 2. If your child does not have technology in his room at night,**

Lean in. Push against.

- How do we “Lean” into their use of Technology?
- How do we “Push against” the overuse and negative outcomes?

How we pass our Values on to our Kids

- **1. Our Model**
- **2. Priorities**
- **3. How choices are made when things conflict**
- **4. Our “Undertalk”**
- **5. No greater damage: Acting vs. Genuine Faith**
- **6. Secret Sins are Deadly**

Best Practices



- **1. “Let Children do what they can do.”**
- **2. Spend time in their world.**
- **3. Challenge them.**
- **4. Personal Creed**

Perhaps a Bigger Question

How is God using our Children
to make us more like Christ?