



Teaching Children About Sex and Sexual Identity
Compiled by Sara Hall, Author, Tasting Dirt: When You're Disappointed With God

Young children (3-8)

Good Pictures, Bad Pictures JR. by Kristen A. Jenson
Your Whole Body by Lizzie Charbonneau
Teach Your Dragon Body Safety by Steve Herman
God Made All of Me by Justin Holcomb
God Made Boys and Girls by Marty Machowski
Where Did I Come From? by Peter Mayle

Elementary Age (8-12)

The Talk: 7 Lessons to Introduce Your Child to Biblical Sexuality by Luke Gilkerson
Changes: 7 Biblical Lessons to Make Sense of Puberty by Luke Gilkerson
Let's Talk About Body Boundaries, Consent, and Respect by Jayneen Sanders
Good Pictures, Bad Pictures by Krisen Jenson
The Care and Keeping of You: Vol. 1 by Valorie Schaefer (Girls)

Middle school (12-14)

Chasing Love: Sex, Love, and Relationships in a Confused Culture by Sean McDowell
Chasing Love: Teen Bible Study Book
Let's Talk About Body Boundaries, Consent, and Respect by Jayneen Sanders
The Care and Keeping of You: Vol. 2 by Cara Natterson (Girls)
Guy Stuff: The Body Book For Boys by Cara Natterson (Boys)

High School (14-18)

Chasing Love: Sex, Love, and Relationships in a Confused Culture by Sean McDowell
Chasing Love: Teen Bible Study Book
What God Has To Say About Our Bodies by Sam Allberry
Boundaries in Dating by Henry Cloud



Parents

Chasing Love: Sex, Love, and Relationships in a Confused Culture by Sean McDowell

<https://seanmcdowell.org/> for links to podcasts, youtube videos and more

More Than Just “The Talk” by Jonathan Mckee

What God Has To Say About Our Bodies by Sam Allberry

God Loves Sex by Dan Allender and Tremper Longman

Boundaries With Teens by Henry Cloud and John Townsend

Parenting with Love and Logic by Foster Cline and Jim Fay

Sheet Music by Kevin Leman (for married couples)

Visit christianmommas.com for more resources

Contact Sara Hall @ emotionculture.com