



3-HOUR PRAYER CHARGE

RESTORATION
PRAYER & MEDITATION

MY LIPS WILL SHOUT FOR JOY WHEN I SING PRAISES TO
YOU; AND MY SOUL, WHICH YOU HAVE REDEEMED.

PSALM 71:23

“O LORD, I WILL PRAISE YOU;
THOUGH YOU WERE ANGRY WITH ME,
YOUR ANGER IS TURNED AWAY, AND YOU COMFORT ME.
BEHOLD, GOD IS MY SALVATION,
I WILL TRUST AND NOT BE AFRAID;
‘FOR YAH, THE LORD, IS MY STRENGTH AND SONG;
HE ALSO HAS BECOME MY SALVATION.’ ”

THEREFORE WITH JOY YOU WILL DRAW WATER
FROM THE WELLS OF SALVATION.

ISAIAH 12:1-3



TESTIMONIES

FOR THE TESTIMONY OF JESUS
IS THE SPIRIT OF PROPHECY.

REVELATION 19:10 (KJV)



RULES OF ENGAGEMENT

For successful engagement during our prayer time, please practice the following:

- Pray what you are asked to pray. Stay in alignment with what the Holy Spirit is leading us to pray per time.
- Listen for scriptures from the Holy Spirit as you pray.
- Turn distracting thoughts into Thanksgiving and get back on track.
- Be intentional about casting down imaginations and whatever is seeking to make itself more important than knowing God. 2 Corinthians 10:4-5 (NKJV) says, For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.
- Move around or change position if you feel sleepy.



FORGIVENESS

And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses.

Mark 11:25 (KJV)

If I regard iniquity in my heart, the Lord will not hear me:

Psalms 66:18 (KJV)

Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Hebrews 4:16 (KJV)

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

1 John 1:9 (KJV)



POWER: ACTIVATE A NEW PRAYER LANGUAGE

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

Romans 8:26 (KJV)

And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues..

Mark 16:17 (KJV)

But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit,

Jude 1:20 (NKJV)



ACTIVATE A NEW PRAYER LANGUAGE

What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding.

1 Corinthians 14:15 (NKJV)

I thank my God I speak with tongues more than you all;

1 Corinthians 14:18 (NKJV)

When the Day of Pentecost had fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.

Acts 2:1-4 (NKJV)



ACTIVATE A NEW PRAYER LANGUAGE

On the last day, that great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.” But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified.

John 7:37-39 (NKJV)

THEN THE LORD WILL BE ZEALOUS FOR HIS LAND,
AND PITY HIS PEOPLE.
THE LORD WILL ANSWER AND SAY TO HIS PEOPLE,
“BEHOLD, I WILL SEND YOU GRAIN AND NEW WINE AND OIL,
AND YOU WILL BE SATISFIED BY THEM;
I WILL NO LONGER MAKE YOU A REPROACH AMONG THE NATIONS.
“BUT I WILL REMOVE FAR FROM YOU THE NORTHERN ARMY,
AND WILL DRIVE HIM AWAY INTO A BARREN AND DESOLATE LAND,
WITH HIS FACE TOWARD THE EASTERN SEA
AND HIS BACK TOWARD THE WESTERN SEA;
HIS STENCH WILL COME UP,
AND HIS FOUL ODOR WILL RISE,
BECAUSE HE HAS DONE MONSTROUS THINGS.”
FEAR NOT, O LAND;
BE GLAD AND REJOICE,
FOR THE LORD HAS DONE MARVELOUS THINGS!
DO NOT BE AFRAID, YOU BEASTS OF THE FIELD;
FOR THE OPEN PASTURES ARE SPRINGING UP,
AND THE TREE BEARS ITS FRUIT;
THE FIG TREE AND THE VINE YIELD THEIR STRENGTH.
BE GLAD THEN, YOU CHILDREN OF ZION,
AND REJOICE IN THE LORD YOUR GOD;
FOR HE HAS GIVEN YOU THE FORMER RAIN FAITHFULLY,
AND HE WILL CAUSE THE RAIN TO COME DOWN FOR YOU—
THE FORMER RAIN,
AND THE LATTER RAIN IN THE FIRST MONTH.
THE THRESHING FLOORS SHALL BE FULL OF WHEAT,
AND THE VATS SHALL OVERFLOW WITH NEW WINE AND OIL.
“SO I WILL RESTORE TO YOU THE YEARS THAT THE SWARMING LOCUST HAS EATEN,
THE CRAWLING LOCUST,
THE CONSUMING LOCUST,
AND THE CHEWING LOCUST,
MY GREAT ARMY WHICH I SENT AMONG YOU.
YOU SHALL EAT IN PLENTY AND BE SATISFIED,
AND PRAISE THE NAME OF THE LORD YOUR GOD,
WHO HAS DEALT WONDROUSLY WITH YOU;
AND MY PEOPLE SHALL NEVER BE PUT TO SHAME.
THEN YOU SHALL KNOW THAT I AM IN THE MIDST OF ISRAEL:
I AM THE LORD YOUR GOD
AND THERE IS NO OTHER.
MY PEOPLE SHALL NEVER BE PUT TO SHAME.

JOEL 2:18-27 (NKJV)

MERCY AND RESTORATION OF SIGHT

NOW AS JESUS WAS APPROACHING JERICHO, A MAN WHO WAS BLIND WAS SITTING BY THE ROAD, BEGGING. BUT WHEN HE HEARD A CROWD GOING BY, HE BEGAN INQUIRING WHAT THIS WAS. THEY TOLD HIM THAT JESUS OF NAZARETH WAS PASSING BY. AND HE CALLED OUT, SAYING, “JESUS, SON OF DAVID, HAVE MERCY ON ME!” THOSE WHO LED THE WAY WERE STERNLY TELLING HIM TO BE QUIET; BUT HE KEPT CRYING OUT ALL THE MORE, “SON OF DAVID, HAVE MERCY ON ME!” AND JESUS STOPPED AND COMMANDED THAT HE BE BROUGHT TO HIM; AND WHEN HE CAME NEAR, HE ASKED HIM, “WHAT DO YOU WANT ME TO DO FOR YOU?” AND HE SAID, “LORD, I WANT TO REGAIN MY SIGHT!” AND JESUS SAID TO HIM, “REGAIN YOUR SIGHT; YOUR FAITH HAS MADE YOU WELL.” AND IMMEDIATELY HE REGAINED HIS SIGHT AND BEGAN FOLLOWING HIM, GLORIFYING GOD; AND WHEN ALL THE PEOPLE SAW IT, THEY GAVE PRAISE TO GOD.

LUKE 18:35-43 (NASB)

MERCY

THE LORD'S ACTS OF MERCY INDEED DO NOT END, FOR HIS COMPASSIONS DO NOT FAIL. THEY ARE NEW EVERY MORNING; GREAT IS YOUR FAITHFULNESS.

LAMENTATIONS 3:22-23

LET US THEREFORE COME BOLDLY TO THE THRONE OF GRACE, THAT WE MAY OBTAIN MERCY AND FIND GRACE TO HELP IN TIME OF NEED.

HEBREWS 4:16

MERCY: MEDITATION

BLESSED ARE THE MERCIFUL, FOR THEY WILL RECEIVE MERCY.

MATTHEW 5:7

WITH THE MERCIFUL YOU WILL SHOW YOURSELF MERCIFUL; WITH A
BLAMELESS MAN YOU WILL SHOW YOURSELF BLAMELESS;

PSALM 18:25

I AM MERCIFUL. I RECEIVE MERCY

SIGHT

BUT AS IT IS WRITTEN:

“EYE HAS NOT SEEN, NOR EAR HEARD,
NOR HAVE ENTERED INTO THE HEART OF MAN
THE THINGS WHICH GOD HAS PREPARED FOR THOSE WHO LOVE HIM.”
BUT GOD HAS REVEALED THEM TO US THROUGH HIS SPIRIT. FOR THE
SPIRIT SEARCHES ALL THINGS, YES, THE DEEP THINGS OF GOD. FOR
WHAT MAN KNOWS THE THINGS OF A MAN EXCEPT THE SPIRIT OF THE
MAN WHICH IS IN HIM? EVEN SO NO ONE KNOWS THE THINGS OF GOD
EXCEPT THE SPIRIT OF GOD. NOW WE HAVE RECEIVED, NOT THE SPIRIT
OF THE WORLD, BUT THE SPIRIT WHO IS FROM GOD, THAT WE MIGHT
KNOW THE THINGS THAT HAVE BEEN FREELY GIVEN TO US BY GOD.

1 CORINTHIANS 2:9-12

THEN THE LORD WILL BE ZEALOUS FOR HIS LAND,
AND PITY HIS PEOPLE.
THE LORD WILL ANSWER AND SAY TO HIS PEOPLE,
“BEHOLD, I WILL SEND YOU GRAIN AND NEW WINE AND OIL,
AND YOU WILL BE SATISFIED BY THEM;
I WILL NO LONGER MAKE YOU A REPROACH AMONG THE NATIONS.
“BUT I WILL REMOVE FAR FROM YOU THE NORTHERN ARMY,
AND WILL DRIVE HIM AWAY INTO A BARREN AND DESOLATE LAND,
WITH HIS FACE TOWARD THE EASTERN SEA
AND HIS BACK TOWARD THE WESTERN SEA;
HIS STENCH WILL COME UP,
AND HIS FOUL ODOR WILL RISE,
BECAUSE HE HAS DONE MONSTROUS THINGS.”
FEAR NOT, O LAND;
BE GLAD AND REJOICE,
FOR THE LORD HAS DONE MARVELOUS THINGS!
DO NOT BE AFRAID, YOU BEASTS OF THE FIELD;
FOR THE OPEN PASTURES ARE SPRINGING UP,
AND THE TREE BEARS ITS FRUIT;
THE FIG TREE AND THE VINE YIELD THEIR STRENGTH.
BE GLAD THEN, YOU CHILDREN OF ZION,
AND REJOICE IN THE LORD YOUR GOD;
FOR HE HAS GIVEN YOU THE FORMER RAIN FAITHFULLY,
AND HE WILL CAUSE THE RAIN TO COME DOWN FOR YOU—
THE FORMER RAIN,
AND THE LATTER RAIN IN THE FIRST MONTH.
THE THRESHING FLOORS SHALL BE FULL OF WHEAT,
AND THE VATS SHALL OVERFLOW WITH NEW WINE AND OIL.
“SO I WILL RESTORE TO YOU THE YEARS THAT THE SWARMING LOCUST HAS EATEN,
THE CRAWLING LOCUST,
THE CONSUMING LOCUST,
AND THE CHEWING LOCUST,
MY GREAT ARMY WHICH I SENT AMONG YOU.
YOU SHALL EAT IN PLENTY AND BE SATISFIED,
AND PRAISE THE NAME OF THE LORD YOUR GOD,
WHO HAS DEALT WONDROUSLY WITH YOU;
AND MY PEOPLE SHALL NEVER BE PUT TO SHAME.
THEN YOU SHALL KNOW THAT I AM IN THE MIDST OF ISRAEL:
I AM THE LORD YOUR GOD
AND THERE IS NO OTHER.
MY PEOPLE SHALL NEVER BE PUT TO SHAME.

JOEL 2:18-27 (NKJV)

HUMILITY AND RESTORATION

NOW IT HAPPENED, WHEN ELISHA THE MAN OF GOD HEARD THAT THE KING OF ISRAEL HAD TORN HIS CLOTHES, THAT HE SENT WORD TO THE KING, SAYING, “WHY DID YOU TEAR YOUR CLOTHES? JUST HAVE HIM COME TO ME, AND HE SHALL LEARN THAT THERE IS A PROPHET IN ISRAEL.” SO NAAMAN CAME WITH HIS HORSES AND HIS CHARIOTS, AND STOOD AT THE DOORWAY OF ELISHA’S HOUSE. AND ELISHA SENT A MESSENGER TO HIM, SAYING, “GO AND WASH IN THE JORDAN SEVEN TIMES, AND YOUR FLESH WILL BE RESTORED TO YOU AND YOU WILL BE CLEAN.” BUT NAAMAN WAS FURIOUS AND WENT AWAY, AND HE SAID, “BEHOLD, I THOUGHT, ‘HE WILL CERTAINLY COME OUT TO ME, AND STAND AND CALL ON THE NAME OF THE LORD HIS GOD, AND WAVE HIS HAND OVER THE SITE AND CURE THE LEPROSY.’ ARE ABANAH AND PHARPAR, THE RIVERS OF DAMASCUS, NOT BETTER THAN ALL THE WATERS OF ISRAEL? COULD I NOT WASH IN THEM AND BE CLEAN?” SO HE TURNED AND WENT AWAY IN A RAGE. THEN HIS SERVANTS APPROACHED AND SPOKE TO HIM, SAYING, “MY FATHER, HAD THE PROPHET TOLD YOU TO DO SOME GREAT THING, WOULD YOU NOT HAVE DONE IT? HOW MUCH MORE THEN, WHEN HE SAYS TO YOU, ‘WASH, AND BE CLEAN’?” SO HE WENT DOWN AND DIPPED HIMSELF IN THE JORDAN SEVEN TIMES, IN ACCORDANCE WITH THE WORD OF THE MAN OF GOD; AND HIS FLESH WAS RESTORED LIKE THE FLESH OF A LITTLE CHILD, AND HE WAS CLEAN.

2KINGS 5:8-14

HUMILITY: FASTING AND PRAYER

BUT AS FOR ME, WHEN THEY WERE SICK, MY CLOTHING WAS
SACKCLOTH: I HUMBLER MY SOUL WITH FASTING; AND MY PRAYER
RETURNED INTO MINE OWN BOSOM.

PSALM 35:13

THEN I PROCLAIMED A FAST THERE AT THE RIVER OF AHAVA, THAT WE
MIGHT HUMBLE OURSELVES BEFORE OUR GOD, TO SEEK FROM HIM THE
RIGHT WAY FOR US AND OUR LITTLE ONES AND ALL OUR POSSESSIONS.

EZRA 8:21

HUMILITY: FASTING AND PRAYER

BUT THERE WAS NO ONE LIKE AHAB WHO SOLD HIMSELF TO DO WICKEDNESS IN THE SIGHT OF THE LORD, BECAUSE JEZEBEL HIS WIFE STIRRED HIM UP. AND HE BEHAVED VERY ABOMINABLY IN FOLLOWING IDOLS, ACCORDING TO ALL THAT THE AMORITES HAD DONE, WHOM THE LORD HAD CAST OUT BEFORE THE CHILDREN OF ISRAEL.

SO IT WAS, WHEN AHAB HEARD THOSE WORDS, THAT HE TORE HIS CLOTHES AND PUT SACKCLOTH ON HIS BODY, AND FASTED AND LAY IN SACKCLOTH, AND WENT ABOUT MOURNING.

AND THE WORD OF THE LORD CAME TO ELIJAH THE TISHBITE, SAYING, “SEE HOW AHAB HAS HUMBLLED HIMSELF BEFORE ME? BECAUSE HE HAS HUMBLLED HIMSELF BEFORE ME, I WILL NOT BRING THE CALAMITY IN HIS DAYS. IN THE DAYS OF HIS SON I WILL BRING THE CALAMITY ON HIS HOUSE.”

1 KINGS 21:25-29

HUMILITY: FORGIVENESS AND FORBEARANCE

PUT ON THEREFORE, AS THE ELECT OF GOD, HOLY AND BELOVED,
BOWELS OF MERCIES, KINDNESS, HUMBLENESS OF MIND, MEEKNESS,
LONGSUFFERING; FORBEARING ONE ANOTHER, AND FORGIVING ONE
ANOTHER, IF ANY MAN HAVE A QUARREL AGAINST ANY: EVEN AS CHRIST
FORGAVE YOU, SO ALSO DO YE.

COLOSSIANS 3:12-13

HUMILITY MEDITATION

PUT ON THEREFORE, AS THE ELECT OF GOD, HOLY AND BELOVED, BOWELS OF MERCIES, KINDNESS, HUMBLENESS OF MIND, MEEKNESS, LONGSUFFERING; FORBEARING ONE ANOTHER, AND FORGIVING ONE ANOTHER, IF ANY MAN HAVE A QUARREL AGAINST ANY: EVEN AS CHRIST FORGAVE YOU, SO ALSO DO YE.

COLOSSIANS 3:12-13

I AM GOD'S ELECT, HOLY, AND BELOVED. I PUT ON HUMILITY. I FORGIVE QUICKLY AND REFRAIN FROM AVENGING MYSELF. THE DIVINE NATURE OF LOVE AND MERCY FINDS EXPRESSION THROUGH ME.

THEN THE LORD WILL BE ZEALOUS FOR HIS LAND,
AND PITY HIS PEOPLE.
THE LORD WILL ANSWER AND SAY TO HIS PEOPLE,
“BEHOLD, I WILL SEND YOU GRAIN AND NEW WINE AND OIL,
AND YOU WILL BE SATISFIED BY THEM;
I WILL NO LONGER MAKE YOU A REPROACH AMONG THE NATIONS.
“BUT I WILL REMOVE FAR FROM YOU THE NORTHERN ARMY,
AND WILL DRIVE HIM AWAY INTO A BARREN AND DESOLATE LAND,
WITH HIS FACE TOWARD THE EASTERN SEA
AND HIS BACK TOWARD THE WESTERN SEA;
HIS STENCH WILL COME UP,
AND HIS FOUL ODOR WILL RISE,
BECAUSE HE HAS DONE MONSTROUS THINGS.”
FEAR NOT, O LAND;
BE GLAD AND REJOICE,
FOR THE LORD HAS DONE MARVELOUS THINGS!
DO NOT BE AFRAID, YOU BEASTS OF THE FIELD;
FOR THE OPEN PASTURES ARE SPRINGING UP,
AND THE TREE BEARS ITS FRUIT;
THE FIG TREE AND THE VINE YIELD THEIR STRENGTH.
BE GLAD THEN, YOU CHILDREN OF ZION,
AND REJOICE IN THE LORD YOUR GOD;
FOR HE HAS GIVEN YOU THE FORMER RAIN FAITHFULLY,
AND HE WILL CAUSE THE RAIN TO COME DOWN FOR YOU—
THE FORMER RAIN,
AND THE LATTER RAIN IN THE FIRST MONTH.
THE THRESHING FLOORS SHALL BE FULL OF WHEAT,
AND THE VATS SHALL OVERFLOW WITH NEW WINE AND OIL.
“SO I WILL RESTORE TO YOU THE YEARS THAT THE SWARMING LOCUST HAS EATEN,
THE CRAWLING LOCUST,
THE CONSUMING LOCUST,
AND THE CHEWING LOCUST,
MY GREAT ARMY WHICH I SENT AMONG YOU.
YOU SHALL EAT IN PLENTY AND BE SATISFIED,
AND PRAISE THE NAME OF THE LORD YOUR GOD,
WHO HAS DEALT WONDROUSLY WITH YOU;
AND MY PEOPLE SHALL NEVER BE PUT TO SHAME.
THEN YOU SHALL KNOW THAT I AM IN THE MIDST OF ISRAEL:
I AM THE LORD YOUR GOD
AND THERE IS NO OTHER.
MY PEOPLE SHALL NEVER BE PUT TO SHAME.

JOEL 2:18-27 (NKJV)

LISTEN!

I WILL STAND UPON MY WATCH, AND
SET ME UPON THE TOWER, AND WILL
WATCH TO SEE WHAT HE WILL SAY
UNTO ME, AND WHAT I SHALL
ANSWER WHEN I AM REPROVED.

HABAKKUK 2:1 (KJV)

STAY CONNECTED

- WARRIOR'S MEDITATION
- APPLY FOR MENTORSHIP
- DOWNLOAD APP
- SEND TESTIMONIES TO CONTACT@CHRISTIANMOMMAS.COM
- GIVE (IN-APP OR VISIT CHRISTIANMOMMAS.COM)



PRAYER CHARGE

4-HOUR AUGUST, 23 2024 (TENTATIVE)

