
A PLACE OF HOPE – Commit to Healing

Part 4

*New Hope Community Church
Dr. Jack Bracy, January 24, 2016*

“When Jesus saw him lying there and knew that he had already been there a long time, he said to him, “Do you want to be healed?” *John 5:6, ESV*

Why Aren't More People Experiencing Healing?

The Conflict of Wills

Getting Healed Is Hard Work

I Replace Fear for Faith

“See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled;” *Hebrews 12:15, ESV*

Fear Creates a Self-Made Bondage

I Am Not Defined by My Past or My Current Circumstances

It's Not Faith Until:

- I Believe More in God's Love for Me Than I Do My Problems
- I Am Able to Praise Him for His Care for Me
- I Am Able to Glorify God in The Midst of My Problems

I Change My World View

“Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.” *Romans 12:2, NLT*

No Mind Change – No Life Change

Lasting Change Requires a Taking Off and a Putting On

“...put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and... put on the new self, created to be like God in true righteousness and holiness.” *Ephesians 4:22–24, NIV*

- What Are the Thoughts That Are Keeping Your Stuck?
- What Are the Truths of God You Need to Fill Your Mind with?
- Pick One Biblical Truth a Week to Focus Your Mind On

I Submit to The Ways of God

“My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them within your heart. For they are life to those who find them, and healing to all their flesh.” *Proverbs 4:20–22, ESV*

I Can't Obey What I Don't Know

Be Attentive to The Word: **Read/Study**

Incline Your Ear to The Word: **Meditation**

Don't Let What You Learn Escape: **Application**

Keep Them: **Memorization**

- Have I Started a Daily Bible Reading Plan?
- Am I an Active Member of a Community Group?
- Am I Regularly Studying the Bible?

I Develop Good Spiritual Habits

The Most Common Hindrance to Healing:
Unconfessed Sin

“Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty! When I refused to confess my sin, my body wasted away, and I groaned all day long. Day and night your hand of discipline was heavy on me. My

strength evaporated like water in the summer heat. Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the Lord." And you forgave me! All my guilt is gone." *Psalm 32:2-5, NLT*

Reactions, Not Events, Require Confession