

Emptiness
1 John 2:15-17
Fresh Start Week 4

We often try to satisfy our hunger and thirst through what’s temporary.

“Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. ¹⁶For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. ¹⁷The world and its desires pass away, but whoever does the will of God lives forever.” - 1 John 2:15-17 NIV

TWO DEFINITIONS OF “THE WORLD”

1. God’s _____ Creation
2. _____

agapao: to highly _____, to take _____ in, to _____

HOW DO YOU FILL THE EMPTINESS?

1. We _____ and _____ ourselves before God.
2. Live from the _____ source: the _____
_____!

Dehydration Symptoms

- Thirst
- Irritability
- Fatigue
- Confusion
- Weakness

Living by the Spirit

- _____ and Peace
- Love and Good Deeds
- Rest, Life, and _____
- _____ of Christ and _____
- _____ and Strength

*“O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. ...
³Because your steadfast love is better than life, my lips will praise you. ⁴So I will bless you as long as I live; in your name I will lift up my hands. ⁵My soul*

will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips." - Psalm 63:1, 3-5 ESV

Digging Deeper & Life Application:

- All of us are sometimes tempted to substitute our relationship with God for counterfeit containers, like relationships, pleasure, knowledge, or status. Which container is most tempting for you?
- Have you experienced feelings of emptiness recently? What kind of impact have those feelings had on you?
- What's one step you could take to either repent and humble yourself before God or draw close to the Holy Spirit this week?