

Control  
Hebrews 4:15-16  
Jesus Understands Week 1

*“For we do not have a high priest [Jesus] who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. <sup>16</sup>Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.” - Hebrews 4:15-16 (NIV)*

What you attempt to \_\_\_\_\_ the most  
often reveals where you \_\_\_\_\_ God the least.

You don’t always have the power to \_\_\_\_\_,  
but you always have the power to \_\_\_\_\_.

Questions to Ask When You’re Tempted to Control:

- Is it \_\_\_\_\_ my concern?
- Is it \_\_\_\_\_ to control?
- Is it for \_\_\_\_\_ alone?

*“Trust in the LORD with all your heart and lean not on your own understanding; <sup>6</sup>in all your ways submit to him, and he will make your paths straight.” - Proverbs 3:5-6 (NIV)*

*“If you cling to your life, you will lose it; but if you give up your life for me, you will find it.” - Matthew 10:39 (NLT)*

Digging Deeper & Life Application:

- Read Matthew 10:39... What do you think it means to “lose your life”? How could “losing” your life actually help you find it?
- Is there something in your life that you’re trying to control that God wants you to surrender? What’s one step you could take to surrender to Him this week?