

James
3:1-12



H	A	S	T	Y
A	N	G	R	Y
H	A	P	P	Y
W	O	R	D	S

MATTER

My words don't look right >

“Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them... For it is from within, out of a person’s heart, that evil thoughts come from - sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance, and folly. All these evils come from inside and defile a person.”

Mark 7:15, 21-23

“What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them?” (James 2:14)

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe



“Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.” (James 3:2)

“But no human being can tame the tongue. It is a restless evil, full of deadly poison.” (James 3:8)

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe



“But to Jonah this seemed very wrong, and he became angry... ‘I knew that you are a gracious and compassionate God, slow to anger and abounding in love... Now, Lord, take away my life, for it is better for me to die than to live.’” (Jonah 4:1-3)

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe



“Decision fatigue comes when we refuse to acknowledge the weight of the small hurts, annoyances, dismissals, and offenses we carry around all day, every day... When we are confronted with the necessary task of having to make a decision about our work, our home, our schedule, or on behalf of other people, we don’t have the energy or motivation to care.” (Emily P. Freeman)

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe

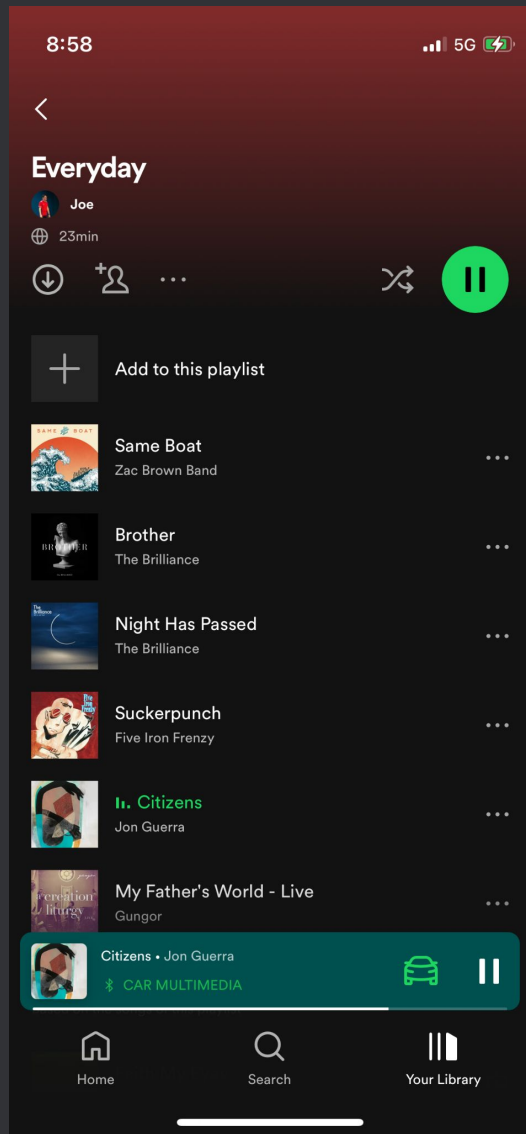


Inner Ecology

The tender balance of energy, mood, motivation, and focus we possess.

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe





Have a question for Pastor Joe? Scan the code or visit ridgepointwichita.com/qrjoe



Inner Ecology

Routine Check-Ins

“Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them...” (Mark 7:15)

**“Raise your words, not voice. It is rain that grows flowers, not thunder.”
(Rumi)**

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe



Inner Ecology

Routine Check-Ins

Reflection

Have a question for Pastor Joe? Scan the code or visit
ridgepointwichita.com/qrjoe



James
3:1-12



H	A	S	T	Y
A	N	G	R	Y
H	A	P	P	Y
W	O	R	D	S

MATTER

My words don't look right >