



PARENTING
ON THE GO



48% of parents say that most days their stress is completely overwhelming (compared to 26% of other adults).

Biggest sources of stress include:

- Financial strain
- Time demands
- Children's health and safety
- Parental isolation and loneliness
- Technology and social media
- Children's futures



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Deuteronomy 6:4-9

4 Hear, O Israel: The LORD our God, the LORD is one. 5 Love the LORD your God with all your heart and with all your soul and with all your strength. 6 These commandments that I give you today are to be on your hearts.

Deuteronomy 6:4-9

7 Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. 8 Tie them as symbols on your hands and bind them on your foreheads. 9 Write them on the doorframes of your houses and on your gates.

Shema - "Hear"



God's Design for Families on the Go

1. Be God-Centered (verse 4)

Hear, O Israel: The LORD our God,
the LORD is one.

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2. Be Love-motivated (verse 5)

Love the LORD your God with all your heart and with all your soul and with all your strength.

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3. Be Intentional (verse 6)

These commandments that I give you today are to be on your hearts.

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4. Be Repetitive (verse 7)

Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

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5. Create meaningful SYMBOLS (verse 8)

Tie them as symbols on your hands and bind them on your foreheads.

I am not what I do,
I am not what I have,
I am not what others say,
I am the beloved of God.

I don't have to hurry,
I don't have to worry,
I can trust Jesus
and share his love with the world.

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6. Establish clear SIGNS

Write them on the doorframes of your houses and on your gates.

Romans 8:14

For those who are led by the Spirit of God are the children of God.



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