

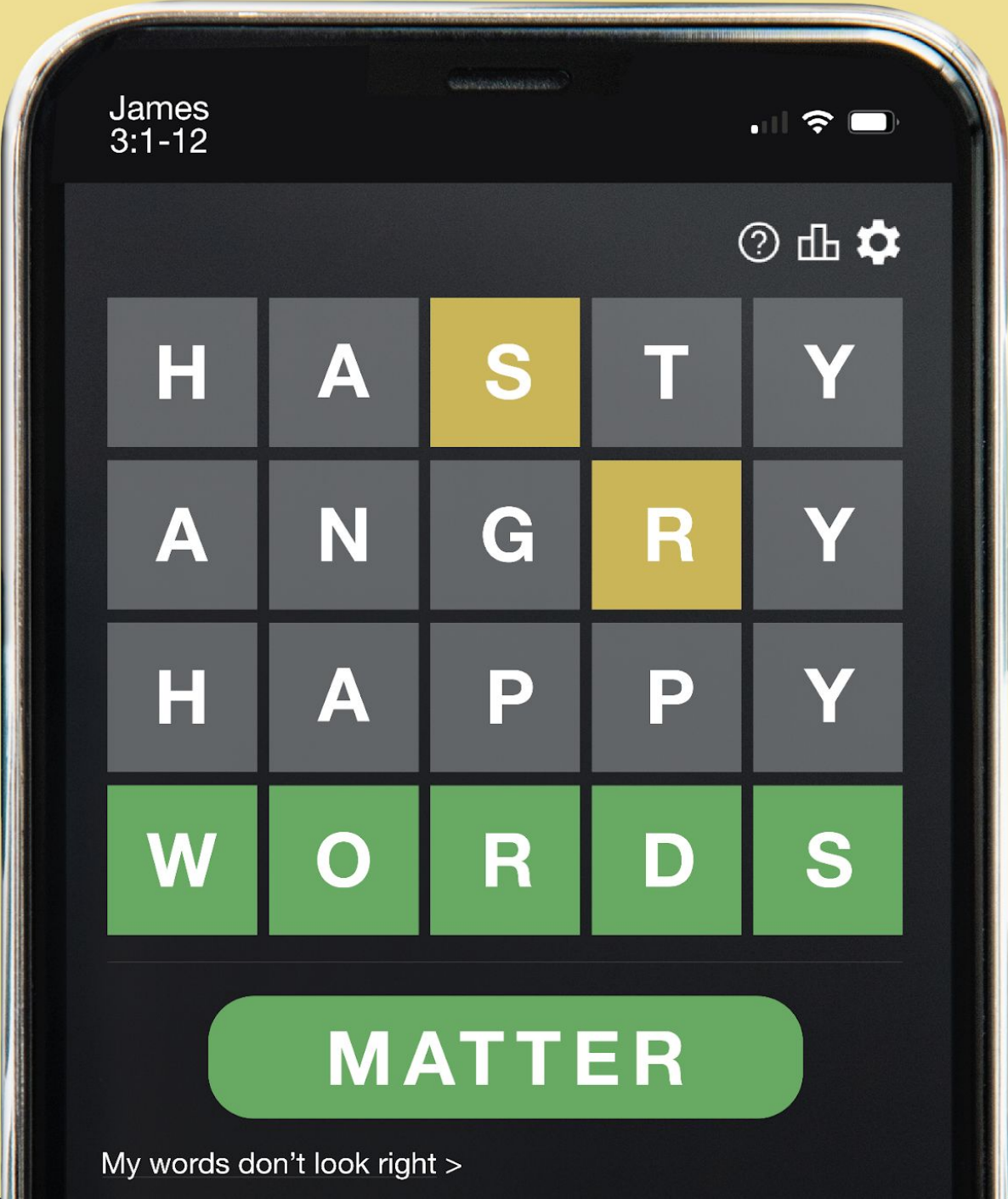
James
3:1-12



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| H | A | S | T | Y |
| A | N | G | R | Y |
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| W | O | R | D | S |

MATTER

My words don't look right >



James
3:1-12



| | | | | |
|---|---|---|---|---|
| H | A | S | T | Y |
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MATTER

My words don't look right >

Brent Warkentin
Lead Pastor

We get angry when there is a “wrongdoing”
or when things just don’t go our way.

GOOD / APPROPRIATE
ANGER

angry about stuff worth
getting angry about

BAD / INAPPROPRIATE
ANGER

angry about stuff not worth
getting angry about

¹³ The Passover of the Jews was at hand, and Jesus went up to Jerusalem. ¹⁴ In the temple He found those who were selling oxen and sheep and pigeons, and the money-changers sitting there.

John 2:13-16 (ESV)

15 And making a whip of cords, He drove them all out of the temple, with the sheep and oxen. And He poured out the coins of the money-changers and overturned their tables.

John 2:13-16 (ESV)

¹⁶ And He told those who sold the pigeons,
“Take these things away; do not make My
Father’s house a house of trade.”

John 2:13-16 (ESV)

**GOOD / APPROPRIATE
ANGER**

angry about stuff worth
getting angry about

(usually) takes a long time to
“kick in”

**BAD / INAPPROPRIATE
ANGER**

angry about stuff not worth
getting angry about

(often) impulsive and
reactionary

Understand this, my dear brothers and sisters:
You must all be quick to listen, slow to speak,
and slow to get angry.

James 1:19 (NLT)

¹⁴ In the temple Jesus found those who were selling oxen and sheep and pigeons....

¹⁵ **And making a whip of cords,** He drove them all out of the temple....

John 2:14-15 (ESV)

And Jesus entered Jerusalem and went into the temple. And when He had looked around at everything, as it was already late, He went out to Bethany with the twelve.

Mark 11:11 (ESV)

¹² A On the following day.... ¹⁴ And they came to Jerusalem. And Jesus entered the temple and began to drive out those who sold and those who bought in the temple....

Mark 11:11 (ESV)

- 1) Is this really worth getting angry about?
- 2) Do I have all the facts?
- 3) Am I overly sensitive because I'm stressed, tired, busy, "hangry," etc.?
- 4) Am I assuming the worst because of a conflicted relationship?

| GOOD / APPROPRIATE ANGER | BAD / INAPPROPRIATE ANGER |
|---|---|
| Angry about stuff worth getting angry about | Angry about stuff not worth getting angry about |
| (Usually) takes a long time to “kick in” | (usually) impulsive, immediate |
| We control our anger | Our anger controls us |

Self control: the inner strength to say,
“No,” to the bad things you want to do and,
“Yes” to the good things you don’t want to do.

Anybody can become angry - that is easy.

But to be angry with the right person
and to the right degree
and at the right time
and for the right purpose,
and in the right way – that is not within
everybody's power and is not easy.

Aristotle

How do we gain more self-control?

1. Small steps, over time.
2. Ask for help from others.
3. Ask for help from God.

| GOOD / APPROPRIATE ANGER | BAD / INAPPROPRIATE ANGER |
|---|---|
| Angry about stuff worth getting angry about | Angry about stuff not worth getting angry about |
| (Usually) takes a long time to “kick in” | (usually) impulsive, immediate |
| We control our anger | Our anger controls us |
| Motivates toward constructive action | Motivates toward hurting others |



Ryan Benton



James
3:1-12



| | | | | |
|---|---|---|---|---|
| H | A | S | T | Y |
| A | N | G | R | Y |
| H | A | P | P | Y |
| W | O | R | D | S |

MATTER

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