We will be studying the book of Malachi during January followed by a 3 week marriage series. I know that a lot of groups are not going to meet again until January, but for the ones that are meeting this next week here are some New Year Ideas.

It seems like the words New Year and Resolutions go together. A lot of people see the New Year as a way to have a fresh start. I am sure that almost everyone in your LifeGroup has a Resolution they are making for 2015. The truth is that most Resolutions fail. Why? People often will try to make life changes alone based on self-will and determination. Wouldn't it be great if as a group you could help each other fulfill your 2015 resolutions?

- 1. Discuss as a group what everyone Resolutions are for 2015.
- 2. Ask the group if they are willing to hold each other accountable to keeping these resolutions.

Most resolutions either deal with physical appearance (diets - working out) or personal finances. This past year First MB has sought to create an environment for REAL PEOPLE, REAL FAITH, and REAL IMPACT. Being REAL means having an openness to both the good and bad in life. Everyone knows that at some point in 2015 life will get messy. As a leader the more open you are about what is going on in your life the more likely the group will open up. Having REAL FAITH means seeking to grow spiritually. Nobody joins a LifeGroup with the goal of being superficial. Social events are great, but every LifeGroup needs to be intentional about growing spiritually. Maybe your group can start a Bible reading plan together for the new year. I would like to challenge every group to figure out a way to have a REAL IMPACT in 2015. This can involve figuring out ways to serve together as a group either with an organization or for an individual that is in need. I will be discussing REAL IMPACT more with each group throughout the year.

As we enter into the new year ask your group how you will implement being REAL PEOPLE growing a REAL FAITH while having a REAL IMPACT.