

## LifeGroup Discussion Questions

Based on: Matthew 6:5-15

January 5, 2020

### **Overview:**

Jesus' disciples never asked how to perform miracles, but they wanted to learn how to pray. The reference for them asking Jesus to teach them is Luke 11:1. They saw something in Jesus when He prayed that made them want to learn. The disciples saw in Jesus the importance of prayer.

Jesus tells the disciples to not pray like the hypocrites, who prayed mainly to be seen by others. It had little to nothing to do with their relationship with God. We are to find a quiet place to pray. A place that doesn't have any distractions. Jesus knew how easily distracted we can become, which is why He tells us to find a room to pray in.

Jesus' next instruction is to not keep babbling. You will not be heard because you use a lot of words. Jesus wants us to pray with sincerity and from our hearts. We are not praying to a stranger, but to our Heavenly Father who knows what we need. After giving instructions Jesus gives the example of the Lord's Prayer.

The prayer starts by recognizing the Holiness of God. We are to first seek God and His Kingdom. He is the ruler of all and only His will is what matters in Heaven and on Earth. We are to ask God for our needs. We are to also ask for forgiveness. In the prayer, Jesus reminds us that our forgiveness of others is connected to God's forgiveness of us. The last thing we are to pray for is deliverance from temptation. Jesus knew the best thing for us to do when temptation comes along is to seek after God.

### **Bible Study: Matthew 6:5-15**

1. What is the most difficult part of prayer for you?
2. What steps can you take in 2020 to improve your prayer life?
3. With all the miracles Jesus did, why do you think the disciples asked about prayer and not how to do a miracle?
4. How does prayer strengthen your relationship with God?
5. Why do you think God wants us to pray?
6. How do you cope with unanswered prayers?

