



*Equip*  
**WORKSHOP**

TECHNOLOGY:

LIVING TECH-WISE IN A DIGITAL WORLD



*FEATURING TECH EXPERT JOEY ODOM*

# Session 1: Digital Thorns

*This message is not anti-phone*

We are going to talk about technology but the point is not technology. Today is an invitation to the incredible opportunity for us to live meaningful, fruitful lives.

“Murder is no better than cards  
if cards can do the trick”  
-CS Lewis

Satan’s goal is to separate you, your mind, your consciousness, your spirit from God.

50,000 card games  
10 million games  
30 million new TikTok videos daily  
114,000 years to watch everything  
on YouTube

The greatest threat to the fruit we want in our lives is not Sins, but the world of distraction in our phones.

**TAKEAWAYS:**

“Other seed fell among the thorns; and the thorns grew up with it... the thorns choked the seed, and it didn't produce fruit... The seed falling among the thorns refers to someone who hears the Word, but... the worries of life, the pleasures of life, and the deceitfulness of wealth choke the Word, and it becomes unfruitful.”

The Parable of the Sower - Matthew 13, Mark 4, Luke 8

Ground = our lives

Seed = God's Word

Fruit = potential outgrowth of seed

Thorns = Worries of Life, Pleasures of Life,  
Deceitfulness of Wealth

### *Thorn # 1 - Worries of Life*

Worries of life are the thorns that choke out joy.

**NOTES:**

### *Thorn # 2 - Pleasures of Life*

Pleasures of life = thorns that choke out presence.

**NOTES:**

## *Thorn # 3 - Deceitfulness of wealth*

Deceitfulness of wealth = thorns that choke out truth

### **NOTES:**

Fruit = result or reward of work or activity

Seed = the potential of something that could be greater later

The seed on good soil stands for those...who hear the word, retain it, and by persevering produce a crop...a hundred times more than was sown."

The Parable of the Sower - Luke 8:15, 8

### **NOTES:**

*Before they attack, I must prune the thorns back.*

**3 PRINCIPLES THAT HELP US PRUNE THE THORNS:**

**1. Let's Live Differently**

Don't bring thorns to a fruit party.

**2. Let's Look Differently**

The best way to preach the Gospel without words in public is to be off your phone, looking up.

**3. Let's Love Differently**

"Never underestimate the amount of pain in any room you enter."

**TAKEAWAYS:**

# Session 2: Reclaim

A HOPEFUL VIEW ON TECHNOLOGY

## *Squatting (verb):*

Occurs when a person enters property without lawful permission and proceeds to act in the manner of an owner.

**PHONES  
HAVE  
STAKED  
A CLAIM  
IN OUR**

ATTENTION

MOMENTS

TIME

RELATIONSHIPS

FUTURES

# ATTENTION



NOTES:

# MOMENTS

NOTES:



The average american spends  
**4 HOURS AND  
37 MINUTES**  
on their phones everyday

**NOTES:**



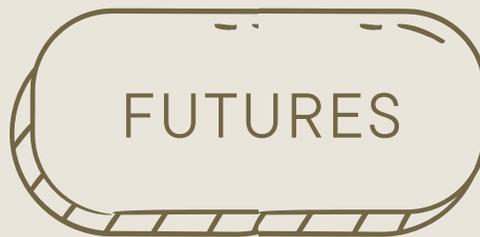
**THE ACT OF  
CONNECTING**

**vs.**

**THE STATE OF  
CONNECTION**

“The state of  
connection is  
impossible  
without the act of  
connecting.”

**NOTES:**

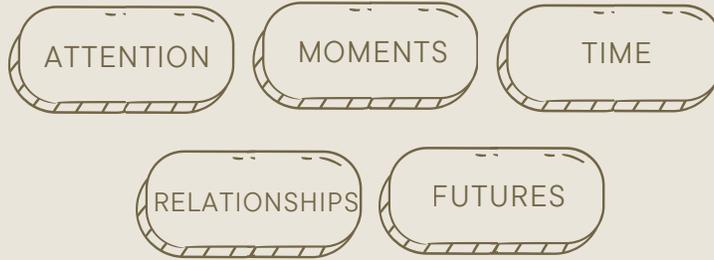


**BECAUSE OF DOOMSCROLLING THEIR PHONES...**

“ THIS COULD BE THE FIRST GENERATION OF KIDS TO SOMEDAY DIE WITH MORE OF PEOPLE’S MEMORIES THAN MEMORIES THEY CREATE ON THEIR OWN ”

**NOTES:**

# Your



# Are YOURS

*SHAME* is a **LIE**

SHAME TAKES A MISTAKE FROM THE PAST AND TELLS YOU ABOUT A FUTURE THAT HASN'T HAPPENED YET.

NOTES:

# The 5 S's to Reclaim

## START *with Yourself*

### **3M PARENT TRAP**

We MODEL a bad relationship with our phone.  
Our kids get phones and MIMIC what we've modeled.  
We get MAD at our kids for mimicking what we model.

*The #1 predictor of how your child will use a phone someday is how you use your phone today.*

### **TAKEAWAYS:**

## SACRED *Times and Sacred Places*

### **SACRED TIME IDEAS:**

Date nights  
Kids' bedtimes  
The moment your spouse or kids start talking to you  
Family movie night

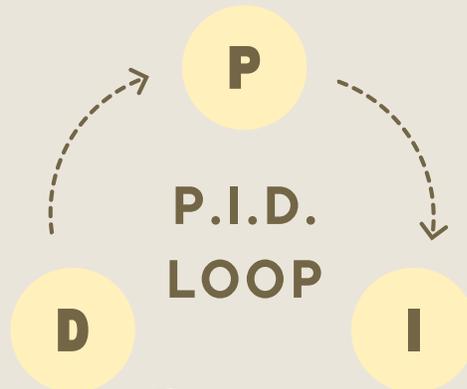
### **SACRED PLACES IDEAS:**

Dinner table  
Child's bedroom  
The bed in your bedroom

### **TAKEAWAYS:**

# SPEND time apart from your phone daily

Proximity: 91% of us have phones with us 24 hours per day



Dependence: leads to proximity, restarting the P.I.D. Loop

Interaction: 89% of smartphone interaction is self-initiated

2 hours per day = 1 month reclaimed per year

## TAKEAWAYS:

# SEARCH for moments of connection

*“Bids” are simply requests to connect*

## TWO RESPONSES TO BIDS

1. Turn **Away**
2. Turn **Towards**

## TAKEAWAYS:

*STOP* at nothing to get it

*This is worth it.*

*Your relationships are worth it.*

**TAKEAWAYS:**