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PATH

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FREEDOM

LIVING IN THE AUTHORITY
CHRIST HAS ALREADY WON





The Path to Freedom

A Six-Day Study on Living in the Freedom Christ Has Already Won

Introduction

Victory over sin is not achieved through willpower alone—it is experienced by living in the freedom Christ has already secured through His death, burial, and resurrection.

This short study is designed to accompany a teaching series and help you move from information to transformation through Scripture, reflection, prayer, and application.

Day 1 – The Battle Within

Key Scriptures: Romans 7:15–25; Romans 8:1–4

Every believer experiences a battle between the flesh and the Spirit. The good news is that Jesus has already won the decisive victory. We do not fight for acceptance with God; we fight from the acceptance we already have in Christ.

Illustration:

Imagine a nation that has already won the war. Small pockets of resistance remain, but they cannot change the outcome. In the same way, temptation still exists, but Christ has secured the final victory.

Questions:

- Where do you experience the greatest spiritual battle?
- How does Romans 8 change your perspective?

Application:

Spend five minutes asking God to reveal areas where you rely on yourself instead of the Holy Spirit.

Day 2 – Identify the Stronghold

Key Scripture: Psalm 139:23-24

Freedom begins with honesty. God reveals sin not to shame us but to heal us. David invited God to search his heart because hidden sin cannot be transformed.

Illustration:

A doctor cannot treat an illness that remains hidden.

Questions:

- What is recurring struggle that keeps surfacing in your life?

- What triggers it?

- What have you believed about yourself because of it?

Application:

Take a few minutes and write one honest prayer of confession today.

Day 3 – Replace Lies with Truth

Key Scriptures: Romans 6:14; Romans 8:2; Titus 2:11–12

Grace is more than forgiveness—it teaches, strengthens, and transforms. Replace lies with God's truth.

Illustration:

Bank tellers study authentic currency so they can recognize counterfeits. Likewise, believers learn God's truth to expose the enemy's lies.

Questions:

- Which verse speaks most clearly to your struggle?

- What lie needs replacing?

Application:

Memorize Romans 6:14 this week.

For sin shall no longer be your master, because you are not under the law, but under grace.

- Romans 6:14

Day 4 – Renew Your Mind

Key Scripture: Romans 12:2

Transformation begins with renewed thinking. Every recurring sin is connected to a recurring lie. As God's truth reshapes your thinking, it reshapes your living.

Illustration: An airport control tower decides which planes are allowed to land. You are “airport control tower” of your thoughts. You do not have to give every thought permission to stay.

Questions:

- What lie have you believed?

- What truth replaces it?

Application:

Write a personal declaration based on Scripture and read it aloud daily.

Day 5 – Respond in Faith

Key Scripture: 1 Corinthians 10:13

God always provides a way of escape. Freedom is both spiritual and practical.

Illustration:

Most victories are won before temptation arrives by preparing wisely.

Questions:

- What practical step can you take today?

- Who could hold you accountable?

Application:

Remove one source of temptation and ask one trusted believer to pray for you.

Day 6 – Celebrate God's Grace

Key Scripture: Philippians 1:6, 1 John 1:9

Growth is usually progressive, not instant. Celebrate every step of obedience and trust that God will complete His work.

Illustration:

A tree grows slowly, but healthy roots produce lasting fruit.

Questions:

- Where did you experience victory?

- What is God teaching you?

Application:

Today, take some time to thank God for His grace.

Make it a habit to walk out 1 John 1:9 daily. Do not hesitate to confess quickly when you fail, and continue walking with Christ.

Freedom Summary

Scriptures You Have Studied:

- Romans 6:14
- Romans 8:2
- Titus 2:11–12
- Romans 12:2
- 1 Corinthians 10:13
- Philippians 1:6

Questions:

What is the greatest truth God showed me this past week?

What is one lie I have replaced with truth?

What is one action step I am committing to continue to walk out?

Remember:

Freedom is a daily walk.

Your identity has changed.

Sin is no longer your master.

The Holy Spirit lives within you. God always provides a way of escape.

Grace not only forgives—it empowers you to live differently.

“For sin shall no longer be your master, because you are not under the law, but under grace.”

— Romans 6:14

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