

GENESIS 2:1-3



If Satan can't DESTROY you he will work to DISTRACT you
or DRAIN you

1. "FINISH" THE WORK

"Thus the heavens and the earth were finished, and all the host
of them. And on the seventh day God finished his work that he
had done..."

GOD'S PATTERN:

- 1) WORK FOR SIX DAYS
- 2) REST ON THE SEVENTH DAY

Sabbath becomes a regular, weekly reminder of
God's POWER and PROVISION

LORD'S PRAYER-"GIVE US THIS DAY OUR DAILY BREAD..."

2. "REST" IN GOD'S GRACE

"and he rested on the seventh day from all his work that he had
done."

 Sabbath is a regular reminder of God's GRACE

Sabbath is REALIGNMENT, not just REST 

3. "BLESS" THE DAY

"And God blessed the seventh day and declared it holy"

 **QUESTION:** What is the difference between a "day off" and "sabbath"?

- A "DAY OFF" IS ABOUT RELIEF FROM WORK; SABBATH IS REORIENTING YOUR LIFE TOWARDS WORSHIP
- A "DAY OFF" IS FOCUSED ON YOU, A "SABBATH" IS FOCUSED ON GOD

24/7-365 GRIND 

 **SABBATH**

 **HOBBIES & PARTIES**

Sabbath reminds us of God's promise of eternal REST available through Jesus (See Hebrews 4)

A SABBATH PRAYER

"may this week bring us closer to the day when Sabbath will be eternal."