

The Soul
Soul Care
Matthew 16:26
Richard Eng

The Misdiagnosis

- We misdiagnose ourselves as merely a physical being with physical needs.
- Because of this misdiagnosis, we have largely neglected our soul needs.

The Truth

- We are an embodied soul.
- Our primary source of health is the soul, not our body.
- We cannot be a healthy soul in isolation.

The Cure

- Prioritize soul care by becoming more engaged in the Body of Christ.
- Prioritize soul care by shifting where you put emotional energy.