



THE BLACKBURN
DIOCESAN BOARD
OF EDUCATION

FOLLOW THE SON

All Episodes

ADDITIONAL ACTIVITIES

WELCOME!

Thank you for downloading this e-book!

This activity book is designed to be used alongside the Follow the Son Podcast. This resource for children aged 3-7 years old, is completely free to use, and is designed to be done at home or in small groups.

Follow the Son's aim is to help children get into the practice of starting and ending their day with God. There are 2 episodes per Bible story, a morning and an evening one.

The morning episodes are to get you up and ready for they day ahead! They have an interactive game, an engaging story from the Bible and a time of prayer.

The evening episodes are for bedtime. They are reflective and very easy to listen to - you could even fall asleep to them!

The activities in this booklet were originally sent out to people subscribed to our podcast e-mail newsletter as the episodes were released. Now that the first run of Follow the Son has finished, we have collected them all in this booklet and made them available to download.

Follow the Son will return in the future, so if you would like to be kept informed of new episodes as they are released and get the activities before anyone else, please consider subscribing to our e-mail newsletter. You can do that by [clicking here](#).



**YOU CAN LISTEN TO
FOLLOW THE SON
ON ALL MAJOR
PODCASTING APPS**

**FOLLOW
THE SON**



CONTENTS

Here is an overview of the activities in this e-book. We have listed which activities go with each set of episodes below. There are 3 activities for each set.

EPISODE 1 - CREATION

Family tree | Create a creature | Nature scavenger hunt

EPISODE 2 - NOAH

Matching game | Find the animals | Bird feeder

EPISODE 3 - EXODUS

Picture timeline | Pharaoh's Nemes | Counting to ten

EPISODE 4 - DANIEL & THE LIONS

Spot the difference | Right or wrong? | Outdoor prayer den

EPISODE 5 - JESUS HEALS A PARALYSED MAN

Paper friends chain | Gingerbread house | Prayer walk

EPISODE 6 - WISE & FOOLISH BUILDERS

Weather chart | House building | Move to the music

EPISODE 7 - JESUS CALMS THE STORM

Paper boats | Calming playdough | Sink or float

EPISODE 8 - THE EASTER STORY

Rolling game | Planting | Make a cross

EPISODE 9 - HANNAH & SAMUEL

Give Something | Prayer Hand | Sound Scavenger Hunt

EPISODE 10 - DAVID & GOLIATH

Stone Painting | Pom-Pom Shooter | Giant Feet

EPISODE 11 - JONAH

Simon Says the Opposite | Throw Jonah into the Fish | Random Directions

EPISODE 12 - ESTHER

Emotions Cup | Purim Pastries | Nature Crown

EPISODE 13 - THE GOOD SAMARITAN

Make Your Own Kindness Meter | Kindness Tree | Chatterbox Challenges

EPISODE 14 - MARY, MARTHA & LAZARUS

Quiet Corner | Wrap up like Lazarus | Lazarus Sausage Rolls

EPISODE 15 - ZACCHAEUS

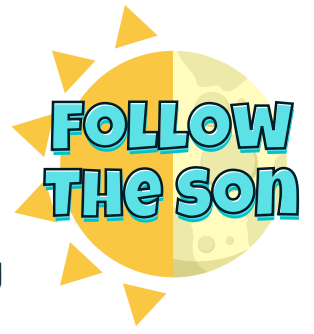
Find Zacchaeus | Climb the Tree | Dinner Plate Collage

EPISODE 16 - THE LOST SHEEP, COIN & SON

The Cup Game | Hide and Seek: Chocolate Coins | Lost Son Mazes

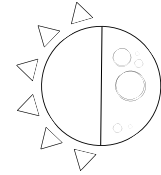


BOOKMARKS



Here are some very special Follow the Son bookmarks for you to use in your own Bible so you can find the weeks story easily. There are even some blank ones for you to colour in!

FOLLOW THE SON



FOLLOW THE SON

FOLLOW THE SON RHYME

From when we get up to when we sleep, each day is a gift from You we keep.
Good or bad until the day is done, whatever happens we will follow God's Son.

Bedtime Prayer

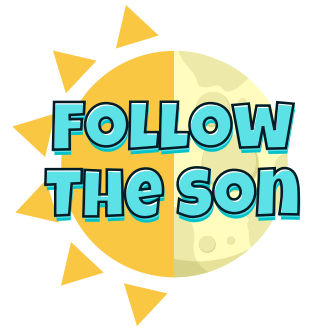
Father God,
We thank you that
each day is a good gift
from you.
We thank you for the
good things that have
happened today.
We give to you the bad
things that have
happened today.
Please help us to give
you any sadness,
worry or anger we
have felt today.
Thank you for being
with us all day and
when we fall asleep.
In Jesus name we
pray.
Amen.

Bedtime Prayer

Father God,
We thank you that
each day is a good gift
from you.
We thank you for the
good things that have
happened today.
We give to you the bad
things that have
happened today.
Please help us to give
you any sadness,
worry or anger we
have felt today.
Thank you for being
with us all day and
when we fall asleep.
In Jesus name we
pray.
Amen.

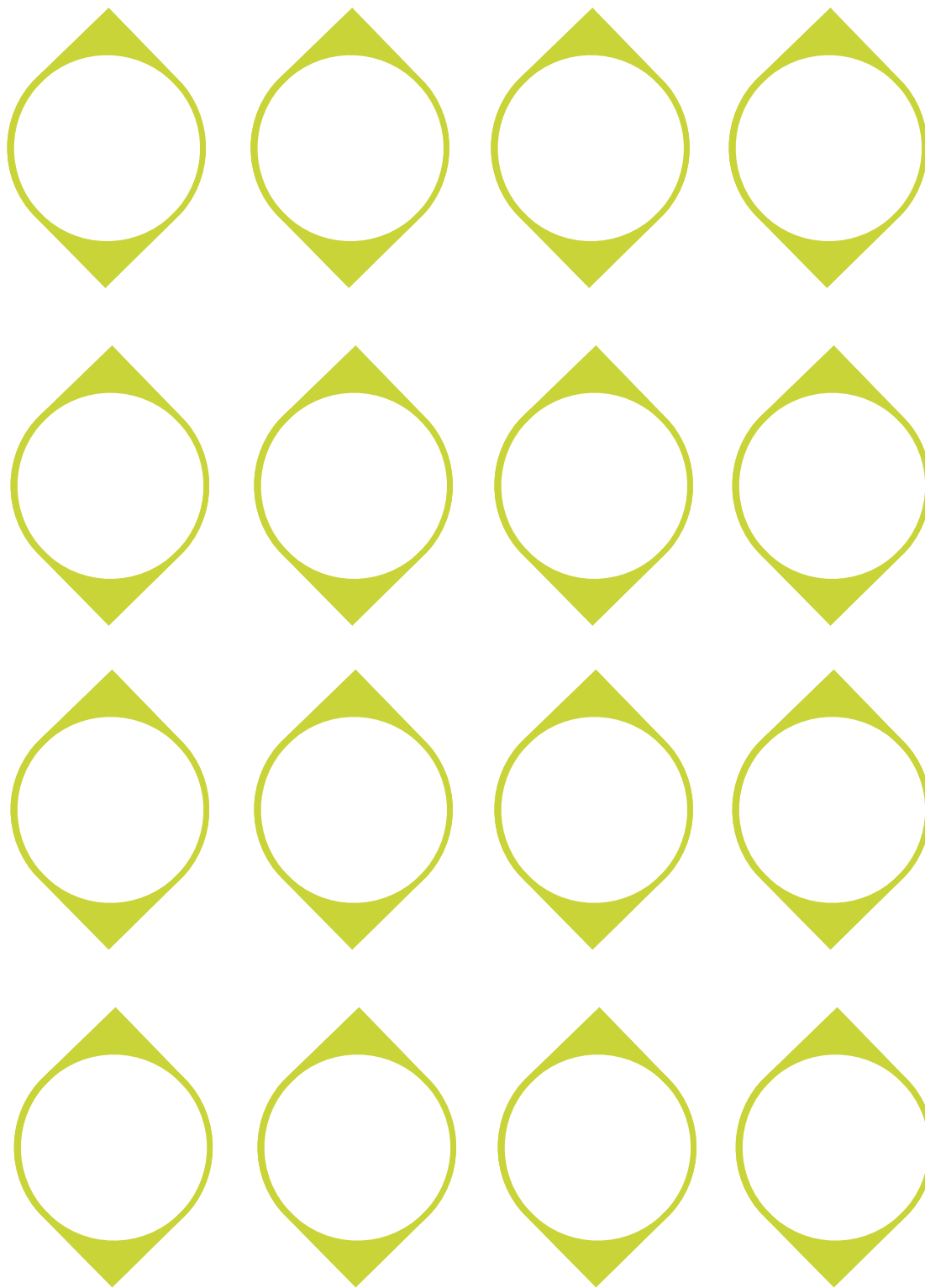
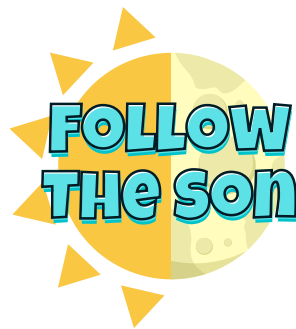
MY FAMILY TREE

Draw or cut and stick pictures of your family in the leaves of your family tree. God created all of them and you too! This is just one of the trees that make up God's family.



MY FAMILY TREE

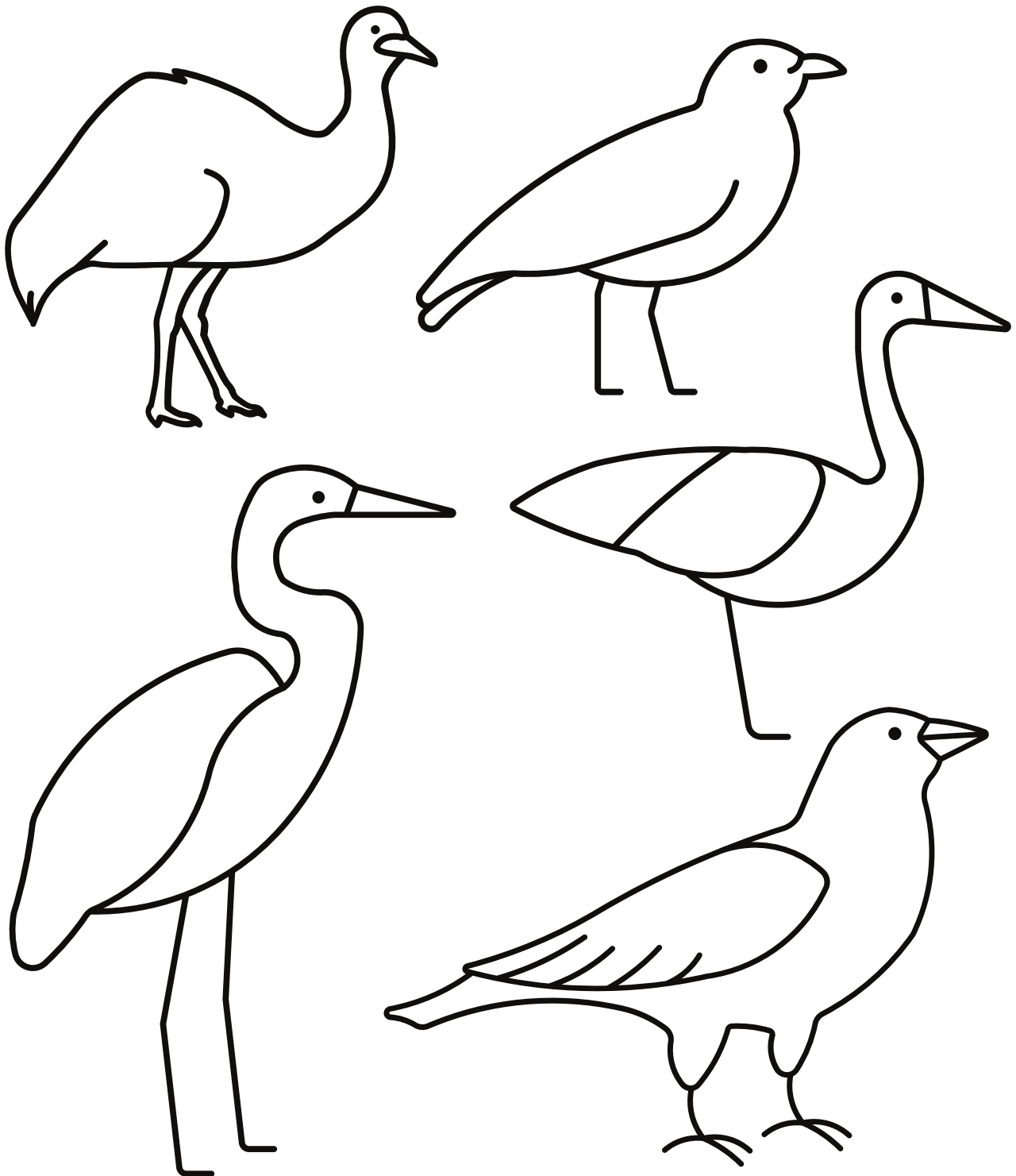
Here are some extra leaves if you have an extra big family!



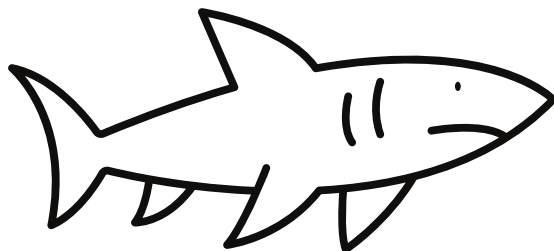
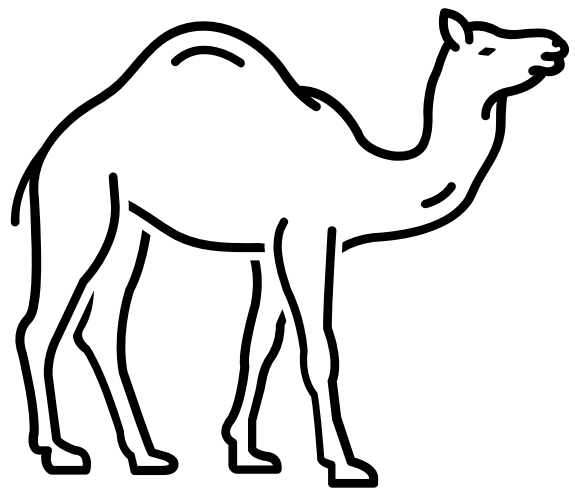
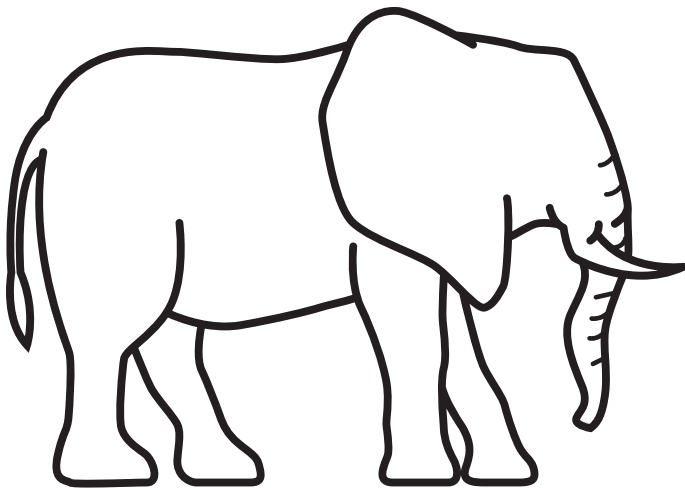
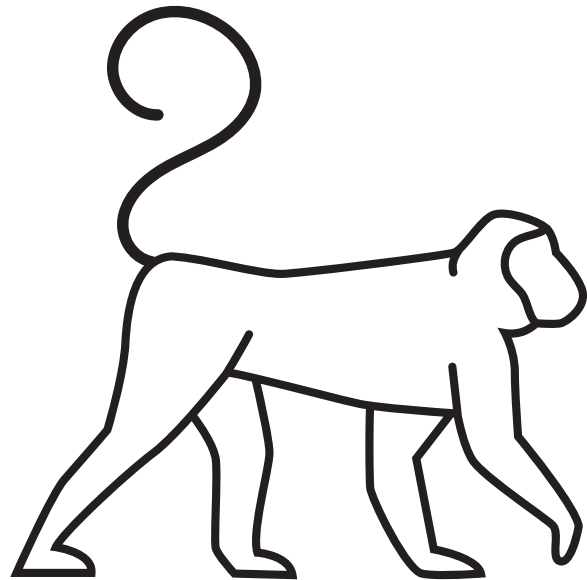
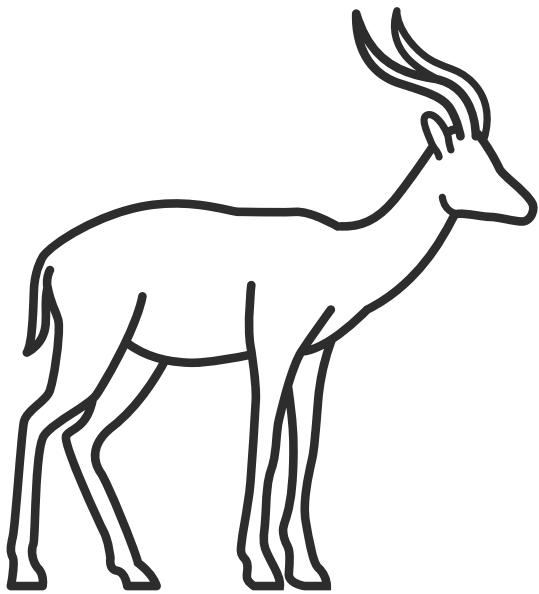
CREATE YOUR OWN CREATURE



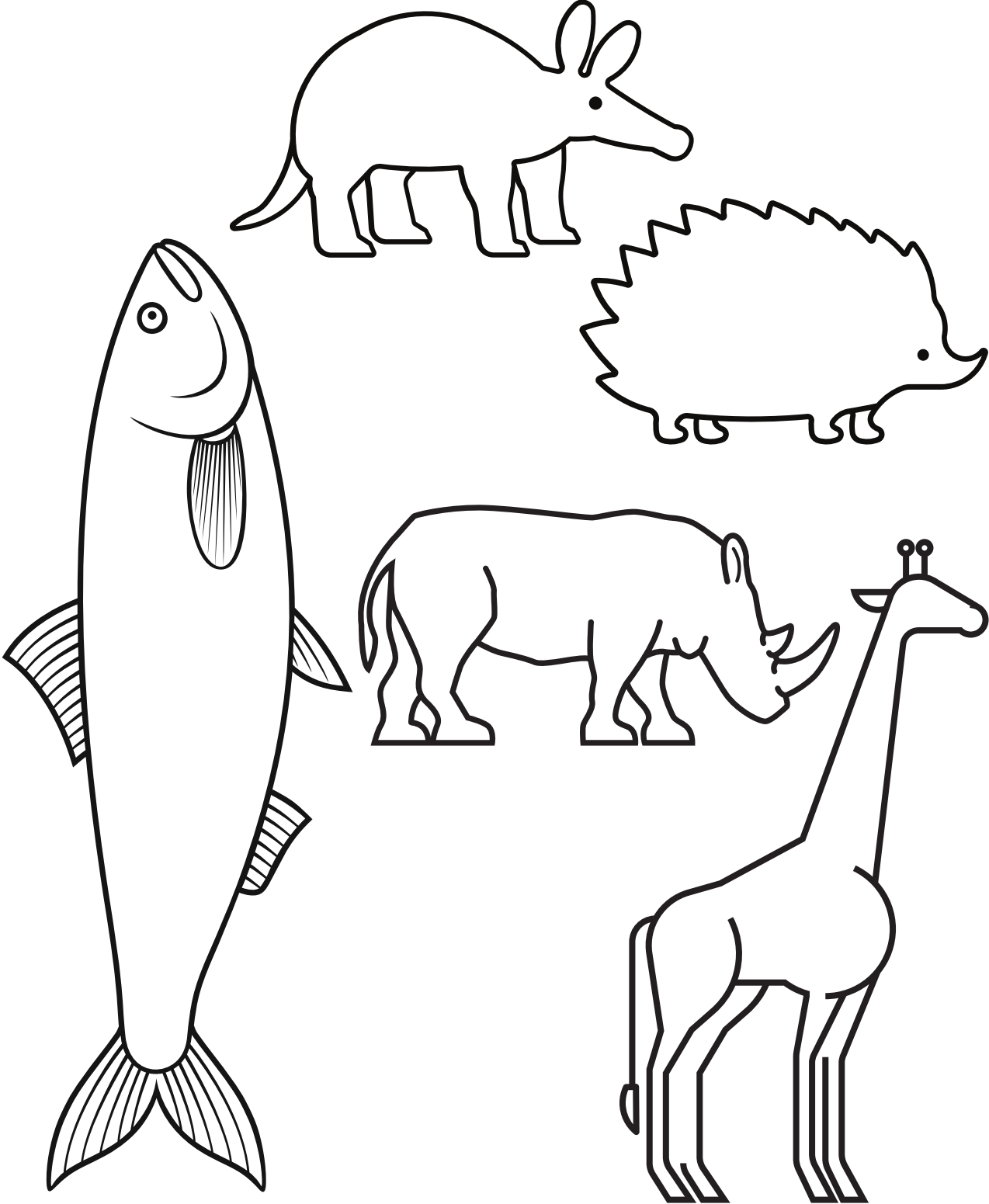
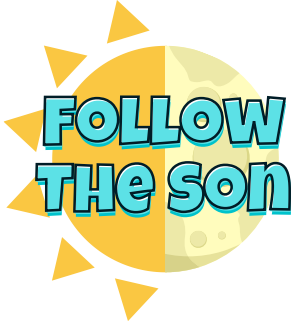
Cut off different animal parts and make your own creature just like Sarah did in the episode. You can even make yours while she is making hers!



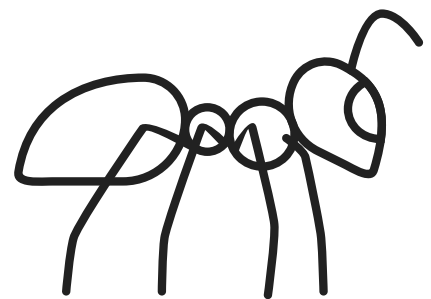
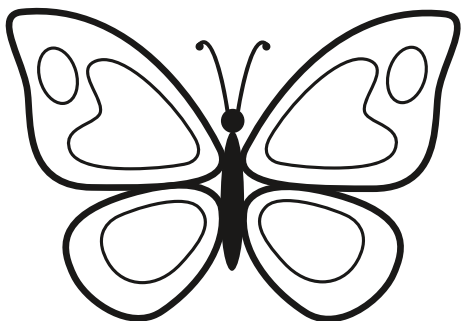
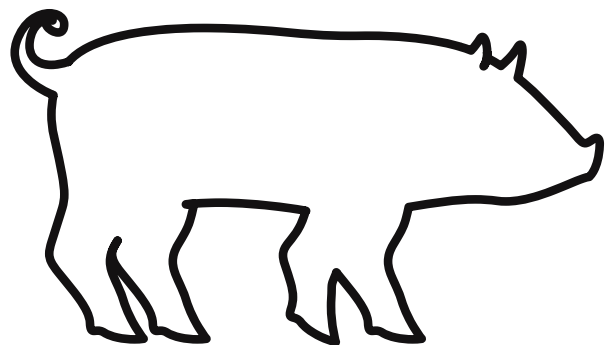
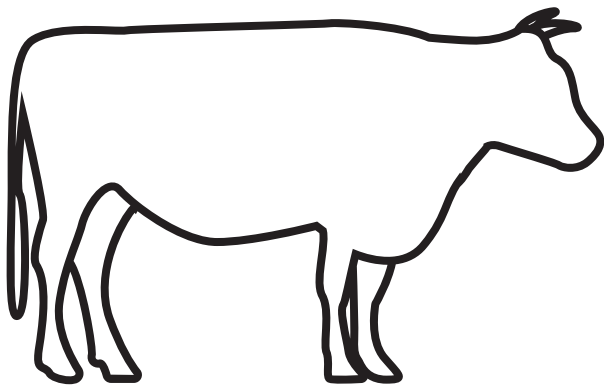
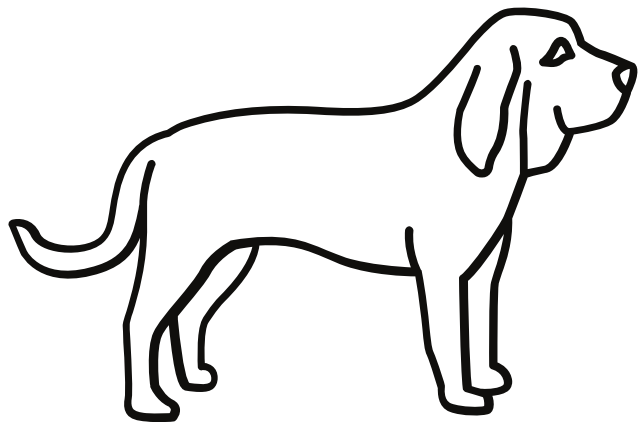
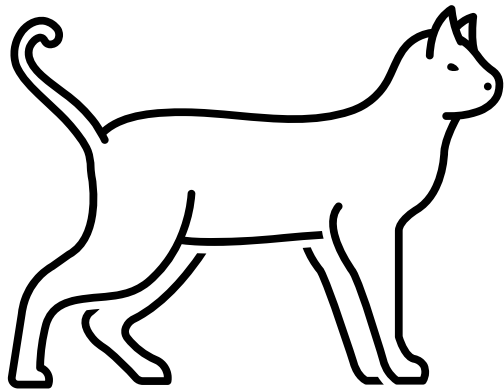
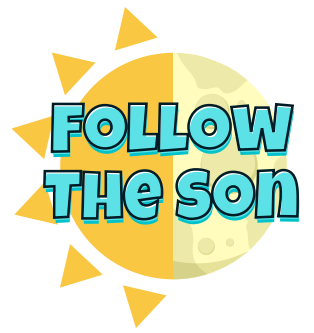
CREATE YOUR OWN CREATURE



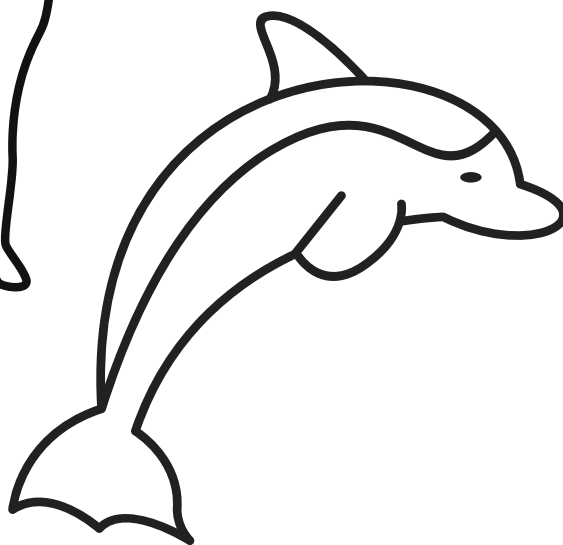
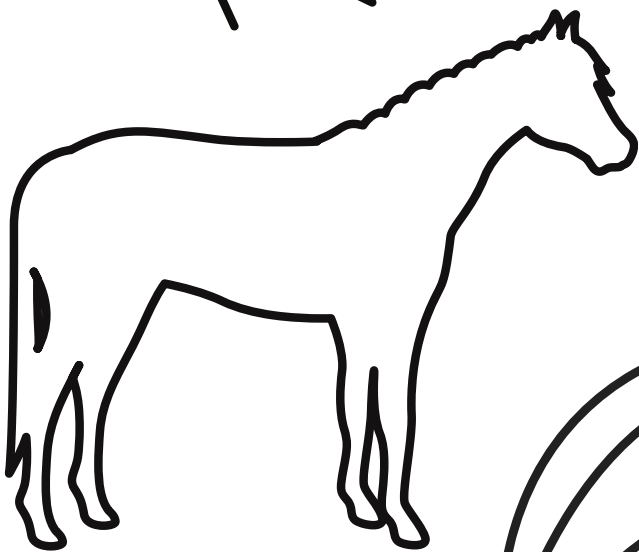
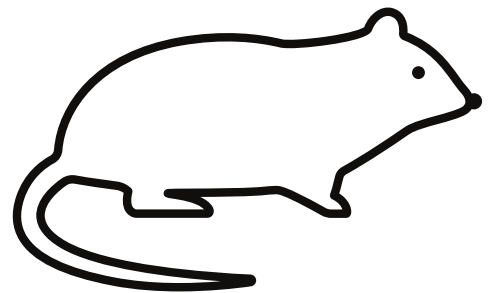
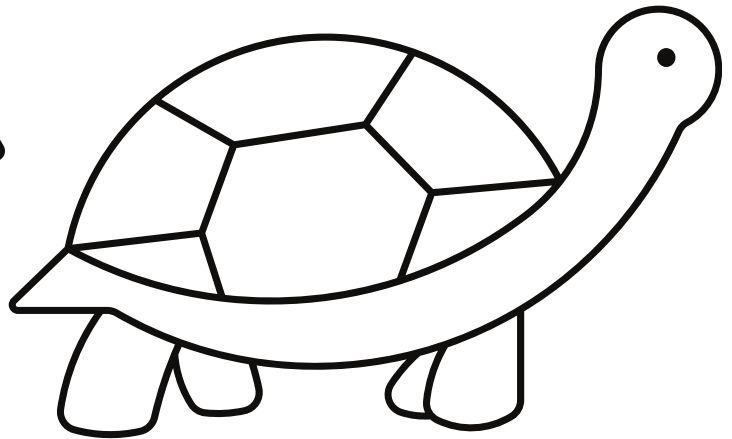
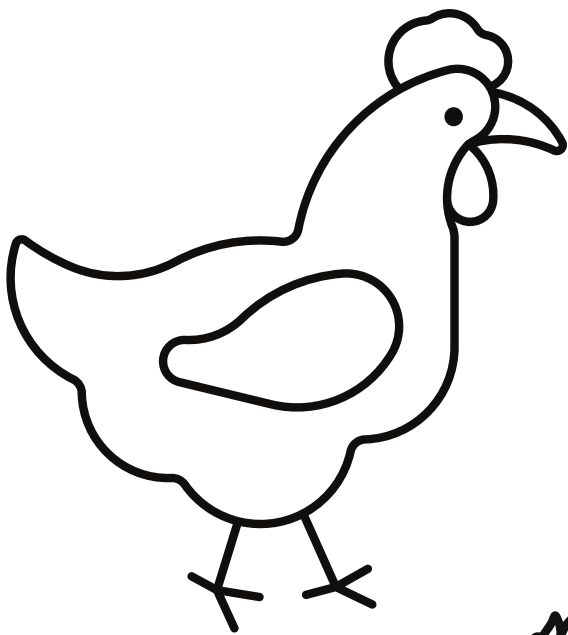
CREATE YOUR OWN CREATURE



CREATE YOUR OWN CREATURE



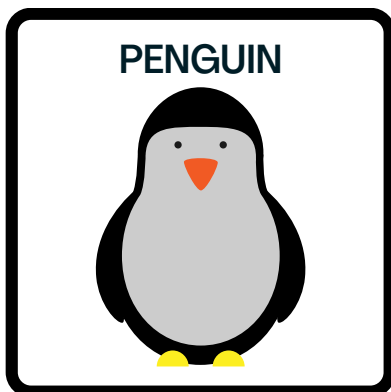
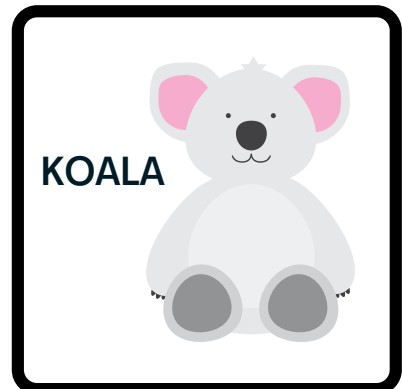
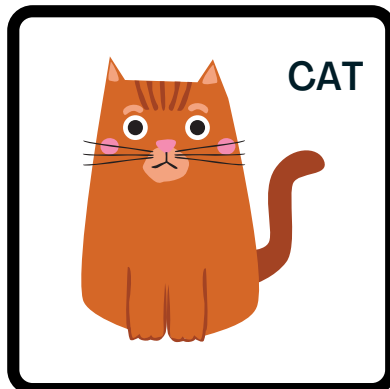
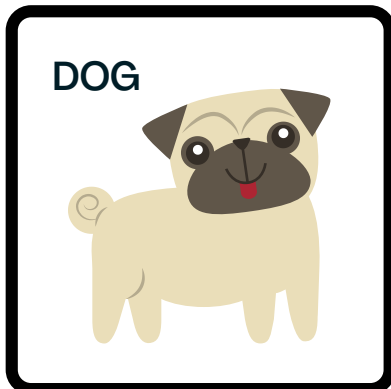
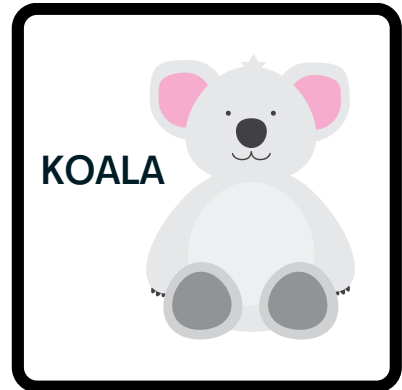
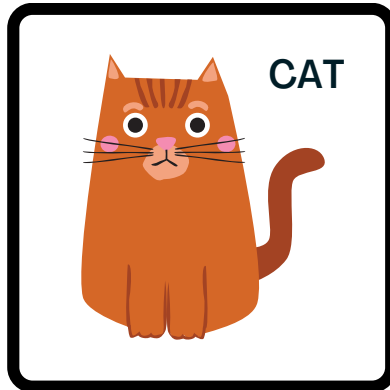
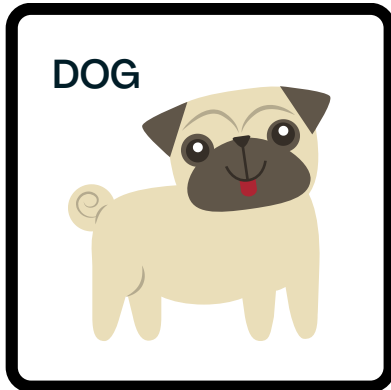
CREATE YOUR OWN CREATURE



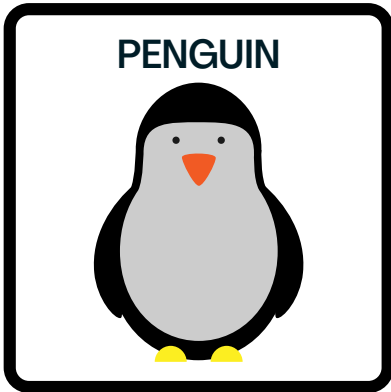
MATCHING GAME



Cut out these animal cards, put them face down and mix them up. Then take it in turns to turn 2 over to try and match them. Try saying the name of the animals as you go.



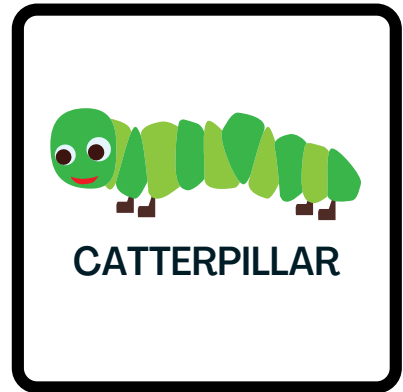
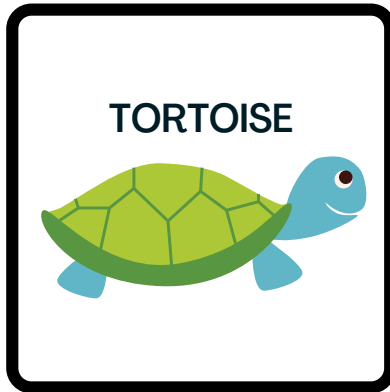
MATCHING GAME



KANGAROO



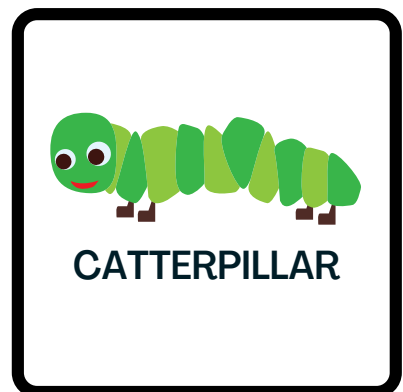
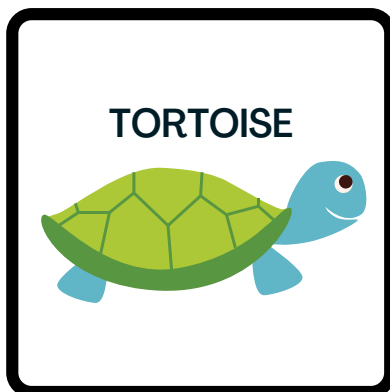
OWL



CATTERPILLAR

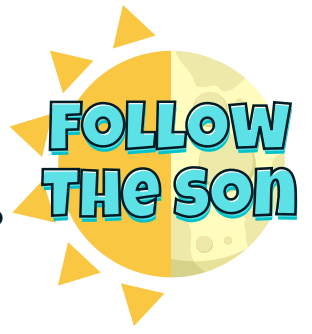


OWL



CATTERPILLAR

FIND THE ANIMALS



How many pairs of animals can you find outside Noah's Ark? Can you spot Noah as well? You can print out the page or just look on a screen. Can you find everything in the list?



Ants

Rhinos

Elephants

Goats

Noah

Dogs

Zebras

Monkeys

Cats

Butterflies

Sparrows

Doves

Flamingos

Donkeys

Love Birds

Bulls

Antelopes

Sheep

Bees

BIRD FEEDER



Let's make a fun, fruity bird-feeder to hang outside in our garden to feed the birds God made. You will need an adult to help you with some of the steps.

You will need...

Birdseed
An apple or orange
Gelatine
Garden twine or string
Some screws

Method

First, bring Water to a boil, add your gelatine and stir until completely dissolved.

Mix the birdseed with the dissolved gelatine until it is fully combined.

Cut the apples or oranges in half (if it's an apple, do it length ways) and hollow out the insides with a spoon.



Once the centre of the fruit is hollowed out, fill each piece with birdseed mixture. Then pop them on a tray or baking sheet and put them in the fridge for 1-2 hours, or until firm.

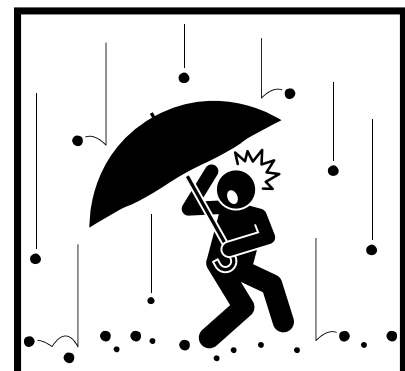
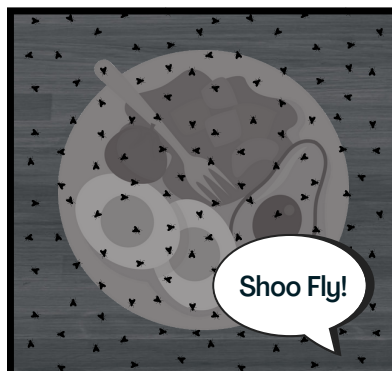
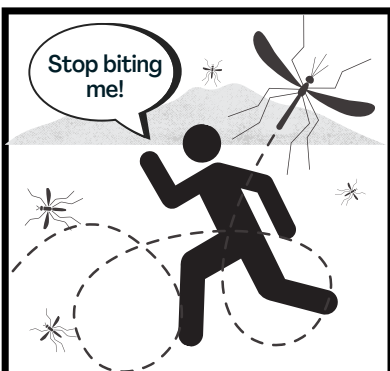
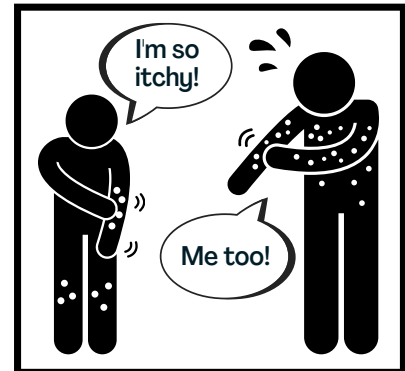
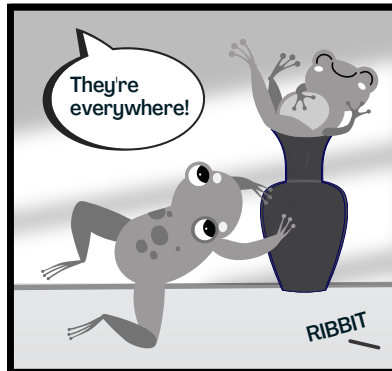
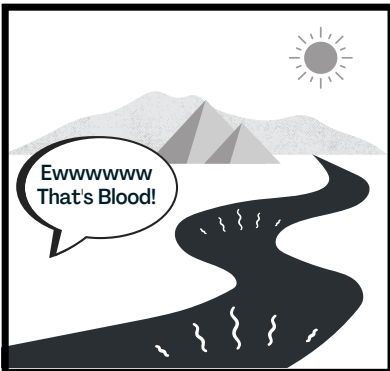
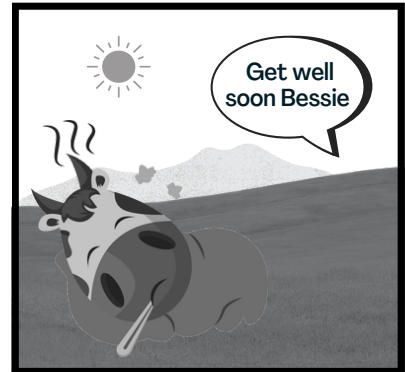
Once set, insert a screw into the top of each piece of fruit so you can tie a piece of twine to it.

Hang your fruity bird feeders on a tree or somewhere outside for the birds to enjoy!

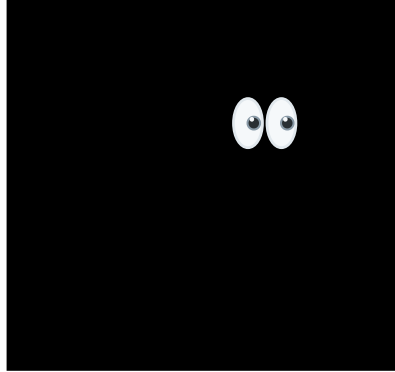
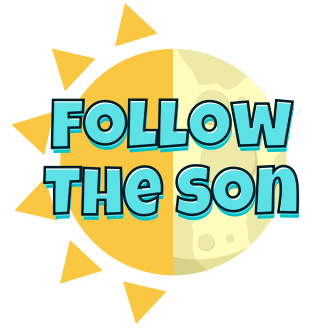
PICTURE TIMELINE



In our story, we tried to learn the order of the plagues. Here are some pictures of the Exodus story, use them to make a timeline of the story to help you remember. You can even do it along with the podcast playing.



PICTURE TIMELINE



Answers: Building, Pharaoh says no, Plague of Blood, Plague of Gnats, Plague of Flies, Plague on Livestock, Plague of Boils, Plague of Hail, Plague of Locusts, Plague of Darkness, Plague of the Firstborn, Pharaoh says go, The people leave Egypt.

PHARAOH'S NEMES



Pharaoh wore a special kind of headwear called a Nemes. Cut out and colour the different parts of Pharaoh's Nemes and then follow the instructions below to put it together so you can wear it.

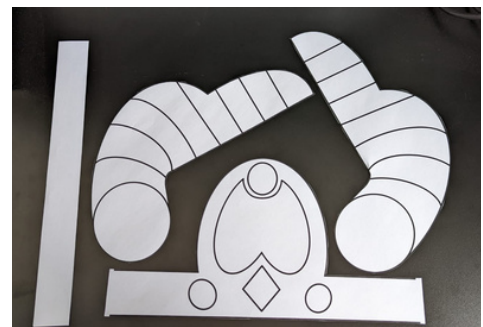
You will need

A Printer, Scissors, Glue or Sticky Tape, Colouring Pencils/Pens or paint

Method

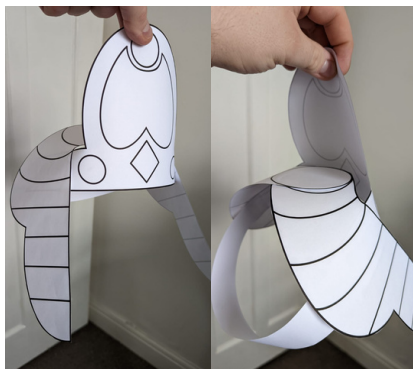
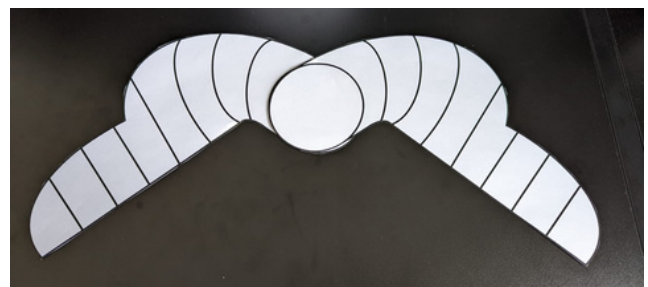
Print off the sheets and start to add colour to the different parts of the Nemes. If you're using paint, leave it to dry before the next part.

Cut out the coloured pieces, you may need an adult to help you with this.



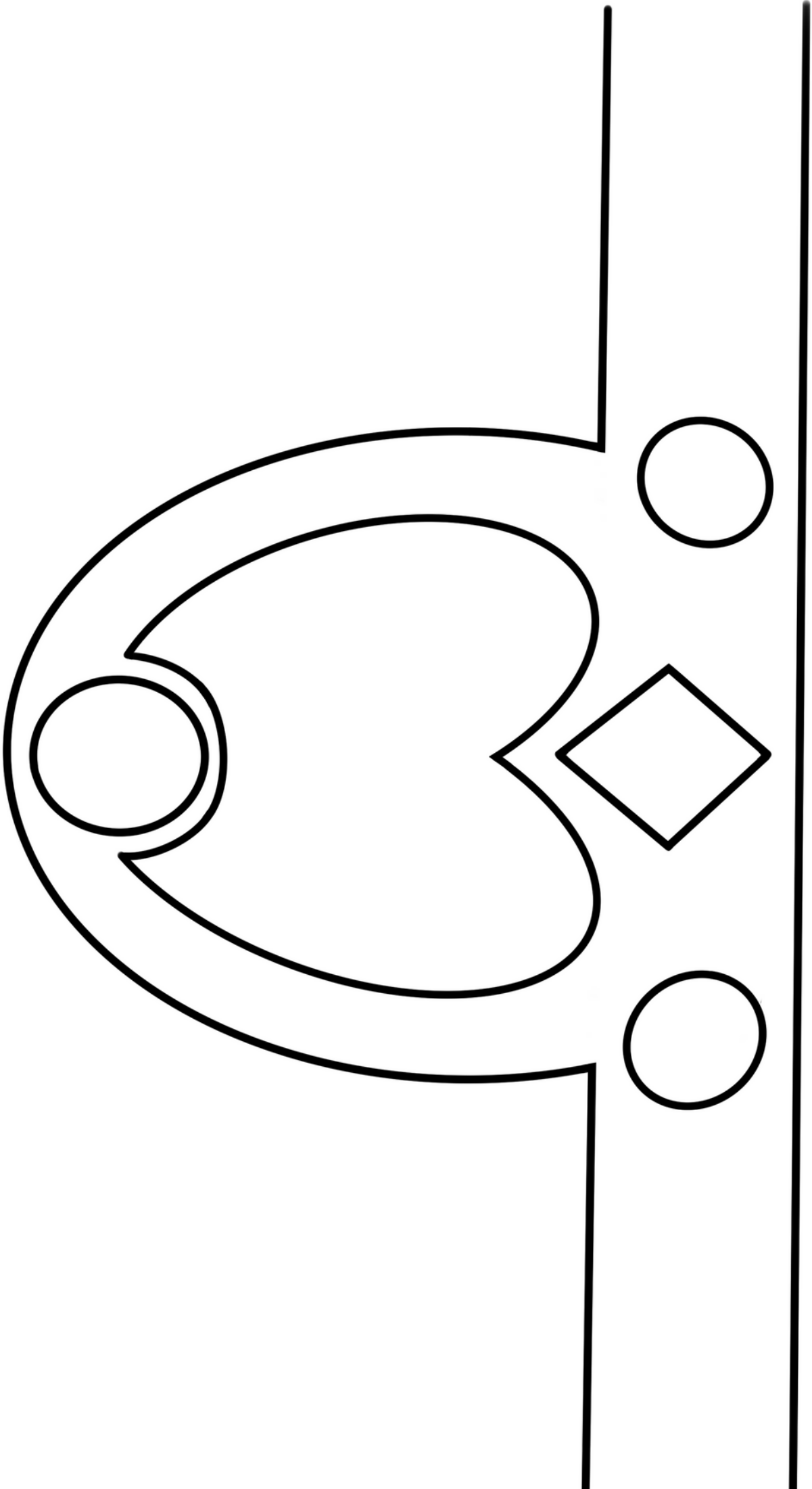
Fold the headband around your head to work out the size. When you've found the right place, get an adult to help you stick the band together to make a circle. If it isn't big enough, you can use an extra strip of paper to make it bigger.

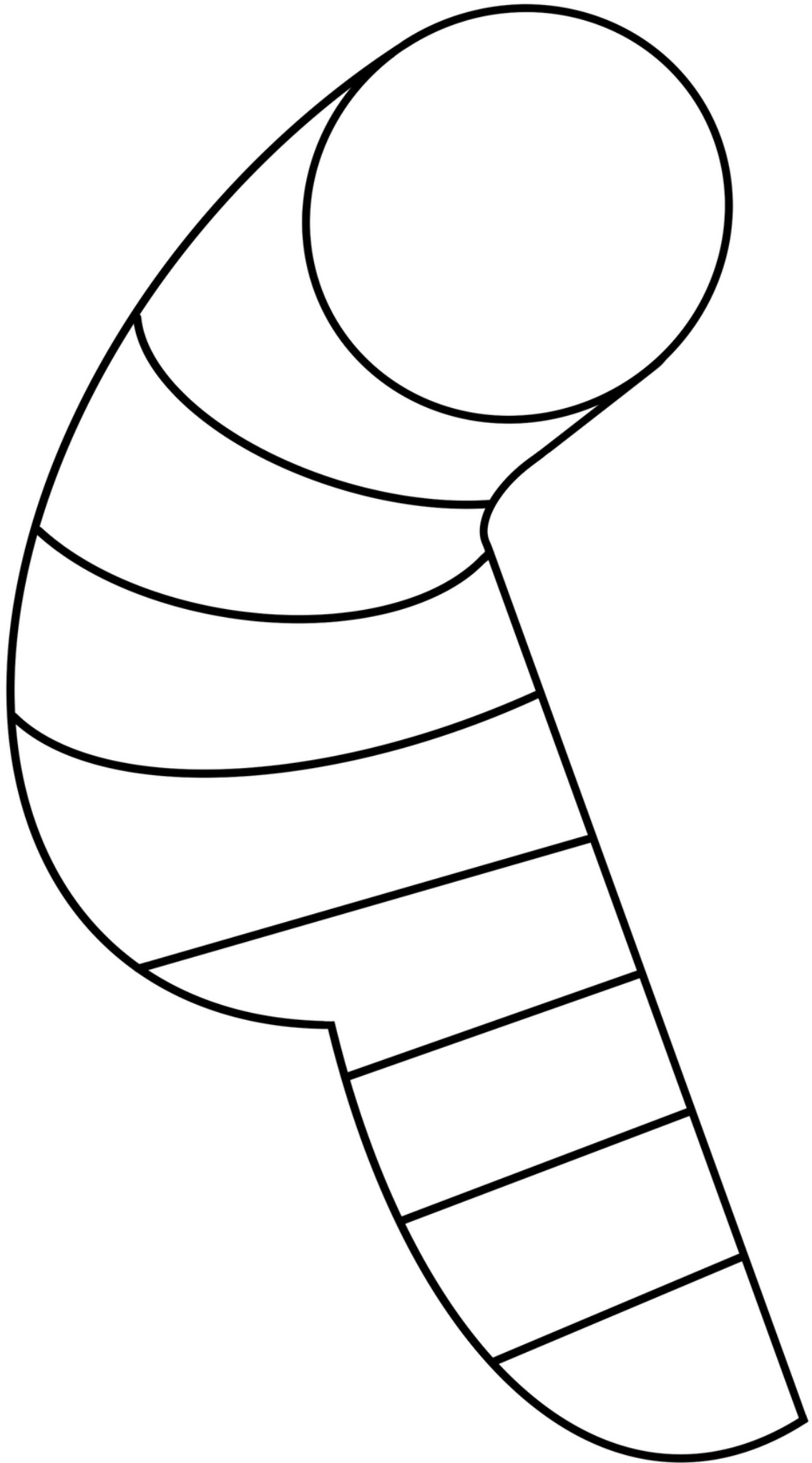
Get an adult to help you stick the 2 side pieces together. Stick one of the circles on top of the other circle. It will look a bit like a birds wings when done.

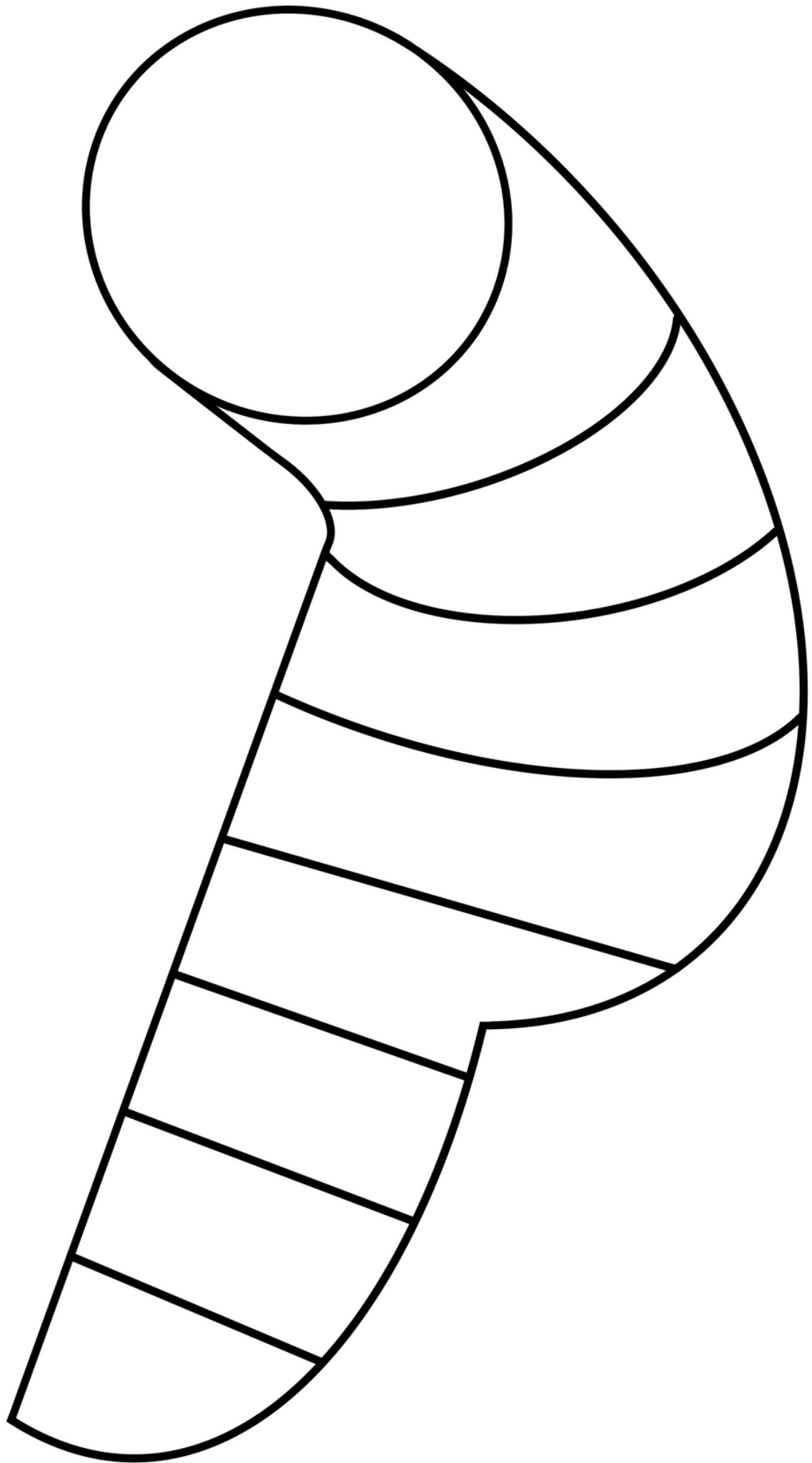


Put the headband on your head. Ask an adult to drape the sides over your head so that the circular part rests on top of your head. Add some glue to where the headband meets the side pieces and leave to dry.

Enjoy your finished Pharaoh's Nemes!







COUNTING TO TEN



In the Exodus story, God sent ten plagues to Egypt. Take a walk outside in your local area and see if you can count to ten, ten times! We've put 10 pictures below, see if you can count 10 of each on your walk outside!



CARS



DOORS



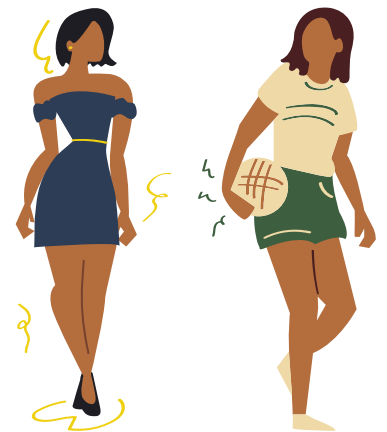
BIRDS



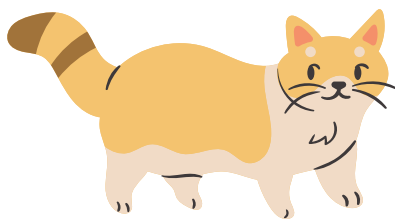
TREES



**LAMP
POSTS**

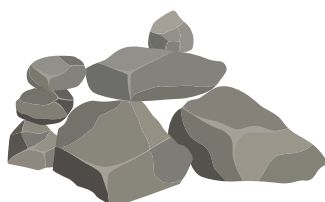


PEOPLE



ANIMALS

SIGNS

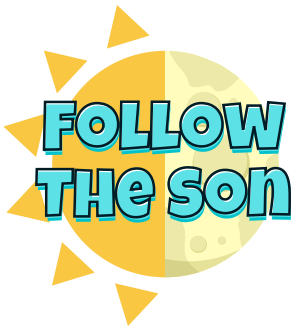


STONES

STAIRS



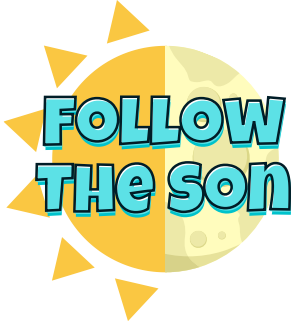
SPOT THE DIFFERENCE



Here is Daniel in the lion's den with the angel who was sent by God to shut the mouths of the lions. There are 2 pictures but one has some things missing. See if you can spot all the missing things from the second picture (Hint 7).



SPOT THE DIFFERENCE



Here are the answers, did you get them all?



- Left lion's ear missing
- Top lion is missing
- Stripe on Daniel's trousers missing
- Middle lion's hair missing
- Skeleton is missing
- Angel's wings missing
- Right lion's tail missing

RIGHT OR WRONG?



Daniel made the right choice even when things were hard for him. I wonder if we would do the same thing? Here is a story about someone called Benjamin. Have a read through and then there are some questions to talk about afterwards.

Story

Benjamin woke up on Tuesday morning and started to get ready for the day. He washed his face, brushed his teeth and combed his hair. He put on his school uniform and then he heard something from downstairs.

"Come and get your breakfast Benjamin" his mum shouted.

Benjamin ran downstairs and followed the lovely smell to the kitchen.

"Come and eat your chocolate pancakes" mum said pointing to the table. My favourite Benjamin thought. He sat up at the table and gobbled them up. YUM!

Benjamin's mum put his lunchbox down in front of him. Benjamin looks inside. Sandwich, check, crisps, check, apple, check, chocolate bar...MISSING! His favourite lunch item was nowhere to be seen.

"Mum, you forgot my chocolate bar" Benjamin said.

"No I didn't Benjamin, you've already had chocolate in your pancakes today. You don't want to eat too much of that." his mum replied. "Come and get your coat on, we'll be late otherwise."

She walked out of the kitchen towards the door. Benjamin got down from the table and saw the chocolate bars in the cupboard.

Benjamin had a choice, should he take one or should he go without a chocolate bar today? Choices, choices.

Benjamin quickly grabbed a chocolate bar from the cupboard and put it in his pocket. He normally had a chocolate bar in his lunch so he thought it would be fine.

Benjamin joined his mum at the door. Shoes on, school bag grabbed, coat on, we're ready to go.

On the short walk to school, Benjamin saw his friend on the other side of the road.

"Michael! Michael!" Benjamin shouted.

RIGHT OR WRONG?



Story cont...

Michael looked back and waved. Benjamin ran to the crossing to catch up. He presses the button but it's taking a very long time for the lights to change and Michael was getting even further away.

Should he wait or should he try to cross the road quickly to catch his friend? Choices, choices.

Benjamin has a quick look at the road, left and then right, and even though the green man wasn't showing, he ran across the road.

"BENJAMIN!" he heard his mum shout. He stopped and turned around.

"What have we said about crossing roads?" she asked.

Benjamin remembered that he should wait for the green man, even if it looked clear of traffic, and to walk and not run. He was distracted by wanting to catch up with his friend.

When they got to the gates, Benjamin said goodbye to his mum and went into school.

At breaktime, Michael came over to play with Benjamin but Benjamin remembered that Michael hadn't waited for him outside of school.

Benjamin had a choice, should he forget about what happened earlier or should he let Michael know how it felt to be ignored? Choices, choices.

"I'm not playing with you today Michael!" and Benjamin ran off somewhere else leaving Michael feeling sad. That'll show him Benjamin thought to himself.

Later on at lunchtime, Benjamin was sat in the hall about to eat his packed lunch. He spots Michael coming towards his table looking cross.

All of a sudden Michael runs up to Benjamin and grabbed his lunchbox from in front of him and threw it onto the floor.

Benjamin has a choice to make. Should he do something nasty back to Michael, or should he try to make friends again? After all, he was mean to him at breaktime. Choices, choices.

"I'm sorry for being mean to you Michael, I was upset." Benjamin said as he picked up his sandwiches from the floor.

"I just wanted to play with you like we always do" Michael replied.

RIGHT OR WRONG?



Story cont...

Benjamin put his lunch back on the table. His sandwiches were squished, his crisps were in bits and his apple was bruised. It did look very sad. At least he had the chocolate bar in his pocket.

He took it out of his pocket and looked at it and then looked at Michael.

"Friends again?" Benjamin asked as he held out the chocolate bar in front of Michael.

"Friends again!" Michael replied and said thank you as he took the chocolate from Benjamin.

They both sat down at the table and ate their lunch. They were friends again and enjoyed the rest of their day at school.

Questions

At breakfast time, was Benjamin right or wrong to take the chocolate bar from the cupboard? Why?

On the way to school, was Benjamin right or wrong to cross the road like he did? Why?

At breaktime, was Benjamin right or wrong to leave Michael out? Why?

At lunchtime, was Benjamin right or wrong in the way he reacted to Michael's actions? Why?

What would you have done for each of these choices?

OUTDOOR PRAYER DEN



In our story today we heard about Daniel who would regularly kneel at the upstairs window of his house to pray. This was probably a place where Daniel could pray without getting distracted by other things.

We'd like to invite you to create a special place that you can use to pray! How about creating an outdoor prayer den – you could do this using natural materials by making a frame with sticks and then covering it with dried leaves, twigs or grass.



Alternatively, tie a length of paracord between two trees, hang a waterproof tarpaulin over the cord and peg it out, or pitch a tent! See if you can use your prayer den to get into good habits of talking to God often like Daniel did.

And if you don't have a space outside, you can always make one inside! Perhaps there's space in your bedroom or a cosy corner where you can make a small space where you can talk to God.



PAPER FRIENDS CHAIN



The paralysed man from our story today had some really good friends who took him to see Jesus and didn't let anything get in their way!

We've made a printable template to make a paper chain of friends. You can colour them in or even paint them to look like your own friends to remind you how important it is to look out for and support your friends.

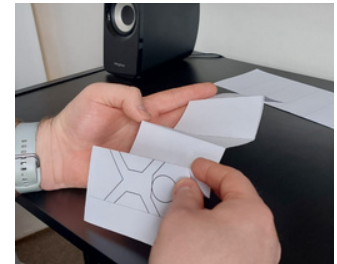
Instructions



Print out the sheet on the following page or get a blank piece of paper and divide it in 2 equal parts lengthways, then draw on the person shape at one side to replicate our template.



Fold along the dotted lines backwards and then forwards again, like you're making a fan. Make sure the person outline is visible at the top once you have finished.



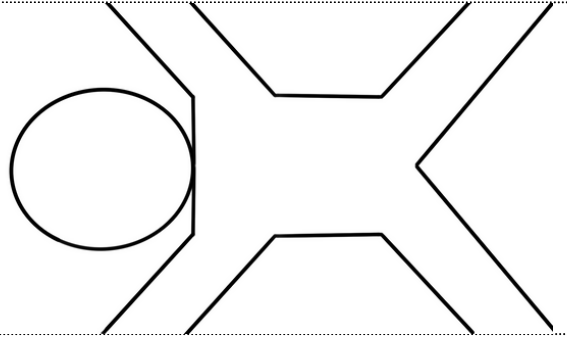
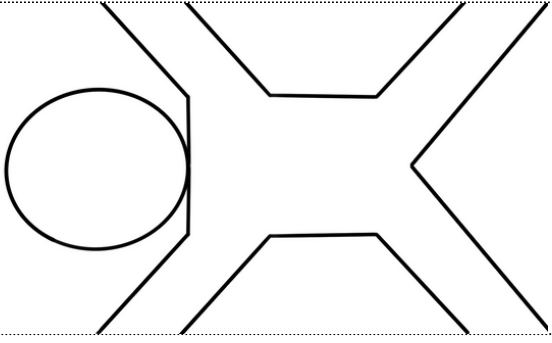
Cut out the person making sure you leave the edges connected at the folded sides.



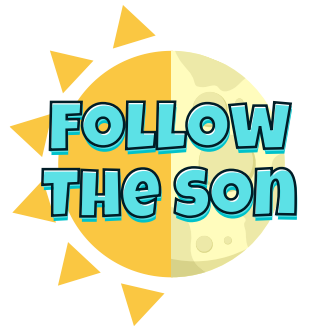
When you have cut out the person, open the fan out all of the friends you have made in a chain. They should all be holding hands!



Decorate your people to look like your friends and as you're doing this, say thank you to God for all of the people who love and support you.



GINGERBREAD HOUSE



Make a gingerbread house with a flat roof. This can be as simple as five square pieces of gingerbread (four for the walls and one for the flat roof) fixed together with icing.

Use your creation to re-enact the story of Jesus healing the paralysed man. You can have fun breaking the roof of your gingerbread house at the appropriate moment!

Ingredients

250g unsalted butter
200g brown sugar (dark if possible)
7 tbsp golden syrup
600g plain flour
2 tsp bicarbonate of soda
5 tsp ground ginger
1 tsp cinnamon
500g icing sugar

Directions

Heat the oven to 200°C/180°C fan/ gas 6. Melt the butter, sugar and syrup in a pan. Mix the flour, bicarbonate of soda and ground ginger into a large bowl, then stir in the butter mixture to make a stiff dough. Add a splash of water if it doesn't come together.

Cut out a template for your walls using some cardboard from a cereal box. About 15cm x 15cm will do although you may have to adjust based on the size of your baking trays.

Line your baking sheets with baking paper and roll out the dough until it is flat and the height of around two £1 coins. Bake for 12 minutes or until firm and just a little darker around the edges.

Use your cardboard template and a knife to carefully cut out 5 equal squares plus a few smaller ones for doors and windows if you have some left over. It will still be quite hot so get an adult to do this. When you have your separate pieces, leave to cool. They will become firm.

Mix the icing sugar with enough water to make a thick, smooth icing. Put plenty of icing along the sides of the ginger bread pieces and stick the sides and roof together to make a cube shape. You can use a spoon or a piping bag to do this. Stick on your smaller squares for doors and windows and decorate with whatever sweet things you like!



PRAYER WALK



The paralysed man's friends had such a firm faith in Jesus that they were willing to carry him through the town and even dig through a roof so their friend could see Jesus.

Let's follow in the friend's example and walk around our local area with faith as well, by praying to God for the things we see.

When you're on your prayer walk, look out for different places. Here are some ideas...

If you pass a police, fire or ambulance station on your walk, you could pray that God would help the people who work there to keep us safe.

If you pass a school, you could pray that God would help the teachers to look after and teach their pupils everything they need to know.

If you pass a food bank, you could pray for all the people that need to use it, asking that God would comfort them and provide everything they need.

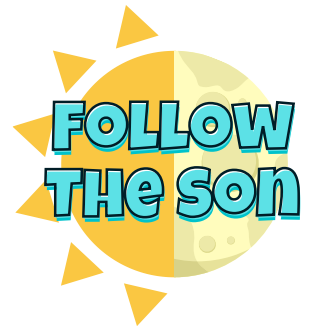


If you pass a shop, you could give thanks to God for all the food He has given us to eat.

If you pass or walk through a park , you could thank God for His creation, for all the plants that give us food and air to breathe, and all the animals.

When you're on your prayer walk, look carefully at everything around you and think what you could pray for or give thanks to God for.

WEATHER CHART



Print out this weather chart and the cards on the following pages. Track the weather this week by putting the cards in the boxes next to each day.

WEATHER THIS WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



SUNNY



RAINY



SUNNY



RAINY



SUNNY



RAINY



SUNNY



RAINY



SUNNY



RAINY



SUNNY



RAINY



SUNNY



RAINY



CLOUDY



CLOUDY



CLOUDY



CLOUDY



CLOUDY



CLOUDY



CLOUDY



SNOWY



SNOWY



SNOWY



SNOWY



SNOWY



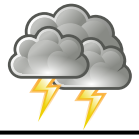
SNOWY



SNOWY



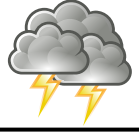
STORMY



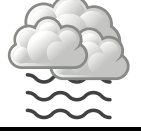
STORMY



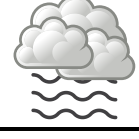
STORMY



STORMY



FOGGY



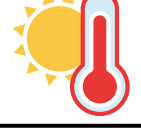
FOGGY



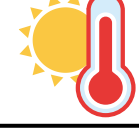
FOGGY



FOGGY



HOT



HOT



HOT



HOT



COLD



COLD



COLD



COLD

HOUSE BUILDING



The builders built their houses in different ways. Why not make your own house using different materials?



Think about the things around you that you could use for your build. Perhaps you could build a sandcastle? Or something out of twigs and rocks? Maybe you could use Duplo or Lego?

Have fun and experiment to see which type of house is the strongest when you try and knock them down with a bucket of water! If you're going to try this part, make sure you choose your building spot carefully!!



MOVE TO THE MUSIC

The two builders in our story today had their houses put to the test by some stormy weather. Listen to some of this music and use your body to act out what the storm might have been like by reacting to the music.



You could use this piece of music by Holst called *The Planets 'Mars'*.

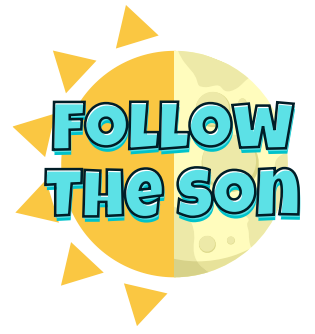


You could use this piece of music by Beethoven called *Tempest*.

The first 5:20 seconds is good to use.

If you're using the digital version of this booklet, tap the piano images to play the music on YouTube

PAPER BOATS



Let's make a paper boat that can float in the water, just like the one in our story.

Instructions

Start with a blank sheet of A4 paper portrait.
Fold in half from the top and then fold in half again from left to right.
Unfold the last step.



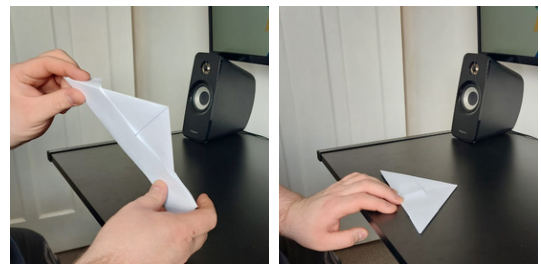
With the page in half, fold the top left and right corners down into the middle line.



Fold the bottom strip up so the fold line is level with the bottom of the triangle folds. Flip over, and do the same on the other side.



Fold the overhanging parts of the strip over the corners of the triangle.



Once you have a triangle, open up the longest edge of the paper all the way, turn it halfway and fold it closed to form a diamond shape.



[Click on this text for video instructions on YouTube](#)

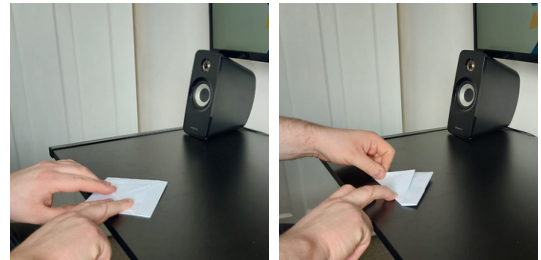
PAPER BOATS



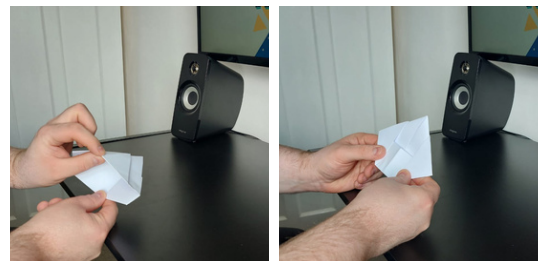
Let's make a paper boat that can float in the water, just like the one in our story.

Instructions continued

Fold the bottom corner up to the top corner. Turn the paper over and do the same on the other side.



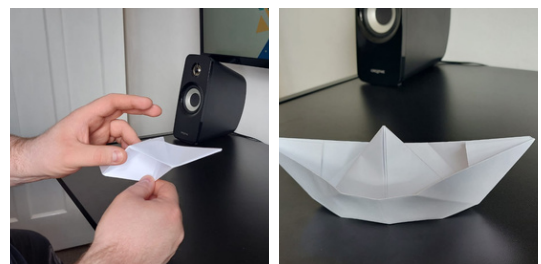
Like you did before, open the paper all the way and fold into a diamond shape.



Grab the top two corners and gently pull outwards. The boat should open out and a triangle appear in the middle. Flatten the boat well.



Turn over and open out the inside of the triangle with your finger so the boat becomes wider. Now it will be able to float!



Once the boat is made, you can decorate it however you would like to.

Have fun watching it float in the water and if you have the space and right environment, you could even create your own storm to see if the boat will sink!



CALMING PLAYDOUGH

FOLLOW
THE SON

Jesus stood in the middle of a massive storm, said one word and made the waters and everything around him calm.

Let's make some calming playdough with lavender. As we're making and playing with it, let's ask Jesus to help us find a moment of calm as we trust in him.

No Cook Play Dough Recipe

- 2 cups flour
- 1/2 cup salt
- 2 tbsp vegetable oil
- 2 tbsp cream of tartar
- 1 to 1.5 cups of boiling water (start with up to 1, mix it as below, then add a little more until it is just right)
- 1/2 tsp gel food colouring (optional)
- a few drops of glycerine (for extra smoothness and shine!)
- Dried or fresh lavender



Method

Mix the dry ingredients (flour, salt & cream of tartar).

Stir through the oil.

Add the boiling water and stir vigorously until all lumps are gone and the dough begins to come together.

Then knead it until it stops being sticky. Add any colouring at the kneading stage.

Finally add in the lavender and knead to combine.

SINK OR FLOAT?



Set up a sink or float experiment outside where you can make predictions and observe how various items will behave when placed on the surface of the water.

Prepare a large container of water (e.g. a bucket or washing up bowl) and gather a selection of things to test (e.g. a teaspoon, a coin, a stone, a key, a cork, a Lego brick, a crayon, a rubber ball, etc.).

Before adding your objects to the water, predict which objects you think will sink and which will float. Drop the items onto the water – were you correct?!

Here's a little table for you to use to write down what you tested and to tick the box if it floated or sank.

Item	FLOAT?	SINK?
1.	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>
6.	<input type="checkbox"/>	<input type="checkbox"/>
7.	<input type="checkbox"/>	<input type="checkbox"/>
8.	<input type="checkbox"/>	<input type="checkbox"/>
9.	<input type="checkbox"/>	<input type="checkbox"/>
10.	<input type="checkbox"/>	<input type="checkbox"/>

ROLLING GAME



The stone covering the door to Jesus' tomb was completely rolled away in our story so let's play our own rolling game.

Print off this page or create your own target and get some balls. Take turns rolling the balls from far away and see who can get the closest to the middle! You can even add points for different zones on the target if you want to keep score!



If you need a bigger target,
you can print this one out
twice and piece it together.



PLANTING



The Easter story is all about new life and what better way of seeing that than by doing some planting!

Why not get some pots, soil and seeds of your choice and have a go at growing something? You could even make something fun to plant in like this Easter themed planter.

Here is a video you can watch that shows you how to make it, or follow the instructions below. Click or tap the image.



You will need

Plastic milk bottle (4 or 6 pints) or another large plastic tub
Soil or a smaller potted plant
Stones for decoration
Something hollow for a tomb
Any other decorations like paint or colouring in pens
Scissors

Instructions

Make an Easter themed template from paper and draw around the bottom of your milk bottle. Continue around the bottle to join it up.

Use scissors to poke a hole in the area you will get rid of and cut around the line you made using your template.

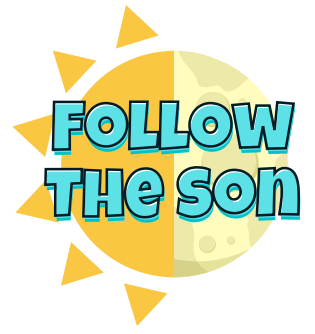
Decorate your planter with whatever you like, paint, colouring pens or anything else you can think of!

When your planter is decorated and dry, you can either put some pebbles (for drainage) then soil in the bottom and sow some seeds to grow (be sure to follow the instructions on the seed packet for watering) or simply place a smaller potted plant inside your planter.

Then, add your stones and hollow object for a tomb into the planter and arrange it how you would like it.

Put your planter in a sunny place on display for everyone to see! Don't forget to water your plants!

MAKE A CROSS



The main symbol of Christianity is the cross so let's make one to remind us of what Jesus did for us.



You can make a cross out of anything you can find! Why not collect some stones or pebbles and make the shape of a cross, or you could even find some twigs (from the ground) and tie them together to make a cross.

You can even use paint, wool or paper to make a cross. Let your imagination run free!

As you're making your cross, pray to God and thank Him for sending Jesus.



GIVE SOMETHING



Hannah was so thankful to God for giving her a child, that she promised to give her child back to God to serve Him in the temple. Let's make something and give it to someone who we are thankful for. You can make anything you like, but here is a suggestion to make some tasty Peppermint Creams. Yummy!

Ingredients

225g Royal Icing (available to buy from supermarkets or online)
Icing Sugar
Boiled Water (allow it to cool slightly)
Peppermint Essence
Green Food Colouring (optional)
100g Dark Chocolate (optional)



Method

Put the royal icing into a large bowl. Add a few drops of peppermint essence and mix well. If you want to colour your peppermint creams, you can also add a few drops of green food colouring at this stage.

If the mixture is too firm, add some water 1tsp at a time and mix well, until you have a very stiff mixture which holds its own shape. If the mixture is sticky add some icing sugar and knead the mixture into a firm paste.

Roll out the mixture until about 1cm thick on a surface dusted with sieved icing sugar and cut into shapes with a small cookie cutter. Alternatively, roll small lumps of the mixture in your hands until round. Place on a baking tray lined with greaseproof paper and press down with a fork. Allow your peppermint creams to dry for a few hours until firm.

If you want to make your peppermint creams extra special, melt some dark chocolate and dip half of each sweet (once dry) into, or drizzle with the melted chocolate. Allow any excess chocolate to drip off and place the sweets onto greaseproof paper - allow to set for another hour or so.

The peppermint creams can be stored in an airtight container for up to 1 week.

Variations

Lemon or orange creams - make as above but use lemon/orange juice instead of water, and add a little grated zest instead of the essence.

Coffee creams - make up some strong black coffee, using 2 tsp coffee granules in 4 tbsp boiling water, use this instead of the water and essence.



PRAYER HAND



Hannah and Samuel both spoke to God and we can do that too! Let's talk to God by creating a prayer hand.

Instructions

Get a blank piece of paper or something you can write and draw on, like a dry wipe or chalk board.

Place your hand on your drawing surface with your fingers stretched out as far as you can.



Get your pencil, pen, chalk, etc. and use your other hand to draw around the outside of the hand that is on the paper.

When you have drawn around your hand, write down the names of people or things that you would like to pray to God for on and around the hand.

Feel free to continue to decorate in and around your prayer hand. Maybe you could draw more prayer hands with other prayers on them, or with the answers to your prayers over time. Stick your prayer hands up on the wall or fridge to remind you of how God listens to our prayers and answers them for us.

SOUND SCAVENGER HUNT



In Samuel's story, Samuel heard God calling out to him. Let's go on a scavenger hunt, but instead of finding things with our eyes, let's use our ears to find sounds!

We've made two lists of sounds for you to find, one for indoors and one for outdoors. See how many you can find! Tick the box when you find it and write down what was making the sound next to it.

INDOOR

- Ticking
- Ringing
- Crunching
- Splashing
- Clapping
- Whirring

WHAT DID YOU FIND?

.....
.....
.....
.....
.....
.....

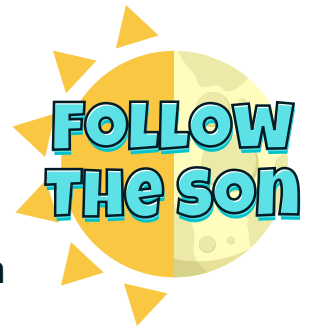
OUTDOOR

- Beeping
- Buzzing
- Tweeting
- Barking
- Whooshing
- Banging

WHAT DID YOU FIND?

.....
.....
.....
.....
.....
.....

STONE PAINTING



David went down to the water and selected five smooth stones as he prepared to face Goliath. Let's collect our own smooth stones, but instead of slinging them, let's decorate them with a positive message and leave them somewhere for someone to find.

Go for a walk, maybe to the beach or in the countryside and find some smooth stones to decorate. They can be as big or as small as you'd like.

You can use a variety of things to decorate your stones; poster paints, acrylic paints, felt tip pens or even chalk!



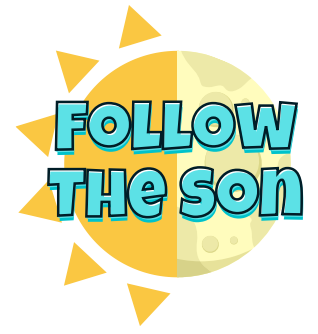
Decorate your stones, with a positive message or picture that you would like to share with someone else. You could even use your stones to let someone know that Jesus loves them!

Once your stones are decorated you may want to coat your stones with varnish to protect your design.

When you have finished decorating your stones, take them out and leave them in a place where someone else will find them. You could even take the stones back to where you found them in the first place!

As you leave your decorated stones, pray to God and ask Him to 'sling' your positive messages to those who needs to hear them. Ask Him to help you have the confident faith that David had when he faced the giant Goliath.

POM-POM SHOOTER



David used five smooth stones and a sling shot to help him defeat Goliath in our story. Let's make our own shooter using a paper cup, a balloon and some pom-poms!

You will need

A Paper Cup
A Balloon
Pom Poms (for firing)
Duct Tape (or heavy-duty tape)
Wrapping/Scrapbook Paper
Scissors / Craft Knife

Instructions

Cut the bottom out of the paper cup using a craft knife or scissors. You may need an adult to help you with this.

Trim the very top off a balloon with scissors. Knot the end of the balloon. Gather the cut balloon and stretch it over one end of the cup, centring the knot over the opening.

Next, secure the balloon on to the paper cup with heavy duty tape.

Now you can decorate your cup with patterned paper, stickers, etc. if you want to.

Time for the fun! Load the pom-pom shooter with pom-poms, pull back on the knotted end and then let go to launch the pom-poms!

You might want to set yourself a challenge by setting up targets or buckets for firing the pom-poms into.

Or turn it into an experiment by launching different sized pom-poms to see which work best and flies the furthest!



GIANT FEET



In our story, we learnt that Goliath was a really... REALLY... big person. We think he would have had massive feet too! Let's have some fun and make our own giant feet out of cardboard and string.

You will need

Thick cardboard
Pen or Pencil
String
Scissors
Sticky tape


Instructions

Take a large piece of cardboard and draw a giant foot shape on it. Make sure it is much bigger than your own! We suggest using the thick cardboard from a delivery parcel box if you have one.

Once you have drawn your foot shape, cut it out with scissors. Ask your adult to help you with this.

Once you have cut out your foot shape, turn it upside down and draw around it onto another part of thick cardboard to create a second giant foot. Once you've done that, ask your adult to help you cut out again.

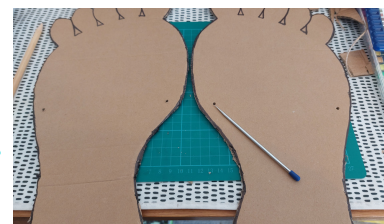
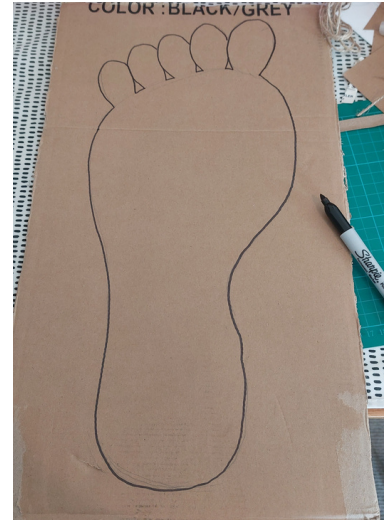
Now you have two giant feet, you can decorate them however you would like to. Make sure to flip one of the feet over so you have a left and a right foot before you start decorating. When you're done decorating and they are dry, it's time to add the string.

Ask your adult to use scissors to make a hole in either side of each foot shape around 1cm in from the edge (see picture).  These holes are for the string.

Cut a long piece of string and feed it down through one of the holes, under the cardboard foot, and up through the hole on the other side. Do this for both feet.

Stand on each of the giant feet and pull up on the string so that the cardboard stays with your own feet as you move. Have fun stomping around with your giant feet!

If you don't have the things needed to make some giant feet of your own, you can use your own adults shoes to walk around in - the bigger the better!



SIMON SAYS THE OPPOSITE



In our story, instead of doing what God asked him to do, Jonah did the opposite. Let's have some fun with opposites by playing a game of 'Simon Says', but instead of doing what Simon says, let's do the opposite!

How to play Simon Says

If you have never played 'Simon Says' before, here are the rules. You may want to play this way a few times first before trying our opposites way.

One person (maybe your adult) is Simon, and all the other players must do as Simon says, **but only when Simon starts their instructions with the words 'Simon Says'**.

For example, if the instruction is, 'Simon says sit down on the floor', all players must sit down on the floor.

But if the instruction is, 'stand up again', all players must stay where they are and NOT do as Simon says because Simon did not begin the instruction with the words 'Simon Says'.

If a player does not do as Simon says, or they follow an instruction that did not start with the words 'Simon Says', they are out of the game. The winner is the last person in the game.

How to play Simon Says the Opposite

To play Simon says the Opposite, do the same as above but whenever 'Simon Says' to do something, instead of doing what Simon says, players should do the opposite.

For example, if the instruction is, 'Simon says step forward', the players should take a step backwards, because backwards is the opposite of forwards.

Here is a list of opposites to help you!

Big - Small	Closed - Open	Sit - Stand	Move - Be Still
Throw - Hold	Shout - Whisper	Left - Right	Loud - Quiet
Near - Far	Forward - Backward	Up - Down	Long - Short

THROW JONAH INTO THE FISH



In our story, we heard about Jonah who got thrown overboard from the boat when he was trying to escape from God. God sent a big fish to swallow Jonah to save him from drowning in the water. Let's make a big fish and see if we can throw Jonah into its mouth!

You can be as creative as you'd like to be with this activity! We made an empty delivery box look like a fish by adding some bits of card to the sides and cutting out an opening.

But you don't need to make anything as complicated as this to have fun with this activity!

You can use any type of box and choose to decorate it if you would like to. If you don't want to decorate, just use your imagination!

Once you've decided on the design of your fish, you need a Jonah. We made a little man out of cardboard but you can use anything as Jonah; a teddy, action figure or even a ball or bean bag!

Now you're ready! See if you can throw Jonah into the mouth of your fish. You may want to make it more difficult by throwing Jonah from further away or making the fish's mouth smaller.

As you're having fun throwing Jonah into the mouth of the fish, think about his story and how God helped him... even though he did the opposite of what God had asked him to do.

Pray and thank God that even though we don't always do what he asks us to do, he still loves us and helps us when we're in trouble.



RANDOM DIRECTIONS



In our story, we heard about Jonah who decided to walk in a different direction to where God was asking him to go. Let's go on a walk, but when there is a choice of direction to take, let's pick the direction at random and go on an adventure!

First of all, don't go anywhere without your adult! Grab a coin, or use a free spinner app on a phone to make your random choices.

Set off on a walk from your home or starting point. When you come to a choice of direction, flip your coin or use your spinner, to decide which way to go.



Have fun together discovering new places to see, hear and maybe even smell.

As you are on your adventure, think about the story of Jonah and how he tried to avoid God by walking a different way.

But God knew where Jonah had gone and was able to keep him on track.

No matter how lost Jonah tried to get, God still used him to bring a message of forgiveness to the people of Nineveh.



EMOTIONS CUP



The book of Esther is filled with different emotions. Let's make an Emotions Cup with lots of different faces to show all the things Queen Esther felt during the story.

You will need

Two paper cups of the same size
Felt tip pens or crayons
Scissors

Instructions

Take two paper cups that are the same size.

On one cup, cut a square window out of the side. An adult may need to help with this!

Insert the second cup into the cup with the cut-out and then draw a picture of a happy face inside the square window.

Once you have drawn one feeling, turn the inside cup to another blank space and then draw another. You should have room for four or five pictures which depict different emotions – happy, sad, angry, afraid, surprised.

Listen to the story of Queen Esther again and use your Emotion Cup to show how you think Esther was feeling as the different things happened to her.

You could use the cups to help you think about the emotions within other stories that you read or listen to, too!



PURIM PASTRIES



Did you know that the Jewish people still celebrate the story of Esther today? The celebration is called Purim and part of that celebration involves making a tasty treat called Hamantaschen (Haman's Pockets)!

Below is a recipe of how to make these pastries from scratch, but if you want a quicker way that's just as tasty, you can use pre-rolled shortcrust pastry from a supermarket, cut into circles, fold into shape and use your choice of fruity filling.

Ingredients

100g Caster Sugar	1tsp Vanilla Extract
40g Unsalted Butter (room temperature)	260g Plain Flour
40ml Vegetable Oil	1tsp Baking Powder
2 Medium Eggs (room temperature)	Pinch Salt
60ml Milk (room temperature)	Fruit Preserve for filling.



Instructions

Beat together sugar and butter in a large mixing bowl until pale and fluffy. Add in the oil, followed by the eggs, milk, and vanilla extract; mix well.

Combine the flour, baking powder, and salt. Slowly incorporate this mixture into the wet ingredients, one spoonful at a time. The dough will be soft and slightly sticky. Roll into a ball, wrap in cling film, and refrigerate for at least 1 hour.

Preheat oven to 180°C and line two baking sheets with parchment paper. Divide chilled dough into 4 portions. On a generously floured surface, roll out each piece to a 1/6" thickness. The dough will be sticky, so continue to flour as you work with the dough.

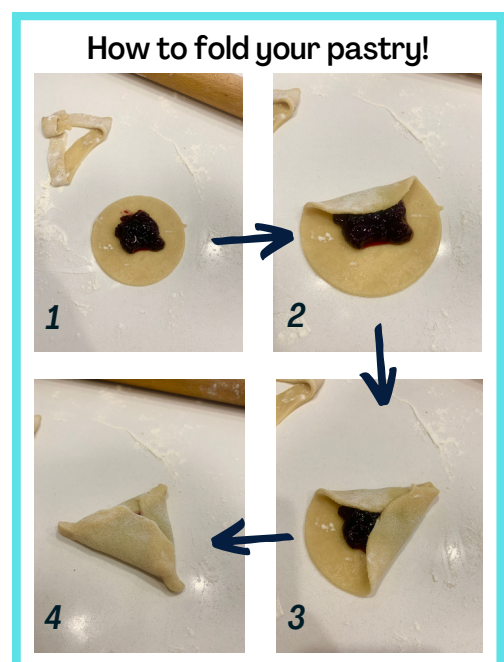
If you're using pre-rolled pastry, start here

Use a 3.5" circle cutter to cut out as many circles as possible from the dough; gather up scraps and continue to roll again.

Move the circles of dough to the prepared baking sheets. Spoon one and a half to two teaspoons of filling into the centre of the circle. Shape into triangles by folding up three sides over the filling and push down on the corners.

Chill the unbaked Hamantaschen in the refrigerator for at least 20 minutes before baking.

Bake for approximately 20 minutes, or until the cookies are barely golden. Cool on a wire rack before eating.



NATURE CROWN



In our story, we heard about a beautiful woman called Esther who became a Queen and saved her people! Let's combine royalty and the beauty of nature to make a crown.

You will need

A4 piece of card
Pen or pencil
Ruler or a straight edge
Scissors
Sticky tape, glue, sticky back plastic or stapler
A selection of leaves and flowers, etc.



Instructions

Start by drawing a straight line across the length on your card, around 4cm from the bottom. Make sure you do this on the longest side so the finished crown will be long enough to wrap around your head.

Cut along this line and put the band to one side.

On the remaining card, design the front of your crown (we used a simple zig zag pattern) and cut it out.

Now it is time to decorate your crown. Go outside and collect a selection of flowers, leaves and other beautiful natural items. If you are in a public green space, be aware they may not want you to pick anything from plants, but you can use what is already on the ground.

Once you are happy with what you have gathered, begin decorating the front piece of your crown. You can use tape, sticky back plastic or glue to attach your natural items to the card.

When you have finished decorating, attach the headband to the front piece of your crown with tape (or you can staple the pieces together if you prefer).

Place your nature crown on your head and you are finished!

When you have made your crown, think about Esther and the decision she made to be brave and make the right decision, even though it could have cost her, her life. Would you have made the same decision?



MAKE YOUR OWN KINDNESS METER



In our episode, Sarah introduced us to the Kindness Meter. It measured if something that had been said was kind or unkind. Let's have some fun making our own Kindness Meter using whatever we have around the house!

Here is the Kindness Meter we made, but yours can look however you like!

We made ours with an empty cardboard box, some coloured paper, scissors and glue. We even had some shiny paper to resemble the flashing lights that the Kindness Meter had in the podcast episode.

To make the arm move, we used a treasury tag but a split pin would also work!

The only thing your Kindness Meter needs to have is an arm or arrow that can move up and down to show how kind something is.

The top of your Kindness Meter should be the most kind and the bottom should be the least kind. You can have as many steps in between as you like - we had five in total!

After you have finished making your Kindness Meter, listen again to the story on the podcast and move the arm up and down.

But that's not all you can do with it! If you would like to, you can use the Kindness Meter at home to help you think about kindness day by day. When you use it, remember the story of the Good Samaritan and ask God to help you to be kind.



KINDNESS TREE



Our story is all about being kind to others, even people we don't know. Let's be kind to others by leaving some kind messages on a tree or bush for passers by to take home.



You will need

- Coloured paper or thin card
- Hole punch
- String or twine
- Felt tip pen

Instructions

Cut heart shapes (or another shape of your choice) out of your coloured paper or card.

Punch a single hole in the top of each shape you have cut out and then loop some string or twine through it, securing it with a knot.

Write a different kind and encouraging message on each of your shapes.

Hang your kind messages up on a tree (or somewhere else if you don't have one!) with a note inviting people to take one as they go past.

As you hang your hearts out for people to take, pray to God and ask Him to bless the people who take them.



CHATTERBOX CHALLENGES



In our episode, we challenged you to do something kind by rolling a dice or picking a number at random. Another way you can do this is by using a 'Chatterbox'. Let's make one filled with our kindness challenges and use it to choose which one to do.

You will need

A4 piece of paper
Colouring pens or pencils
Scissors

Instructions

Take an A4 piece of paper and fold one corner across to form a triangle. Press down to crease the edge.

Cut off the excess rectangle at the end with a pair of scissors.

Open out the triangle and fold the opposite corners of the square piece of paper together. Press along the edge to form a crease.

Open out the paper again and, this time, fold each point of the square into the centre. Continue until you have a smaller square.

Turn the square over and fold the square points into the centre again. Press the edges down to crease.

Now fold the chatterbox in half. Open out and fold in half along the opposite crease.

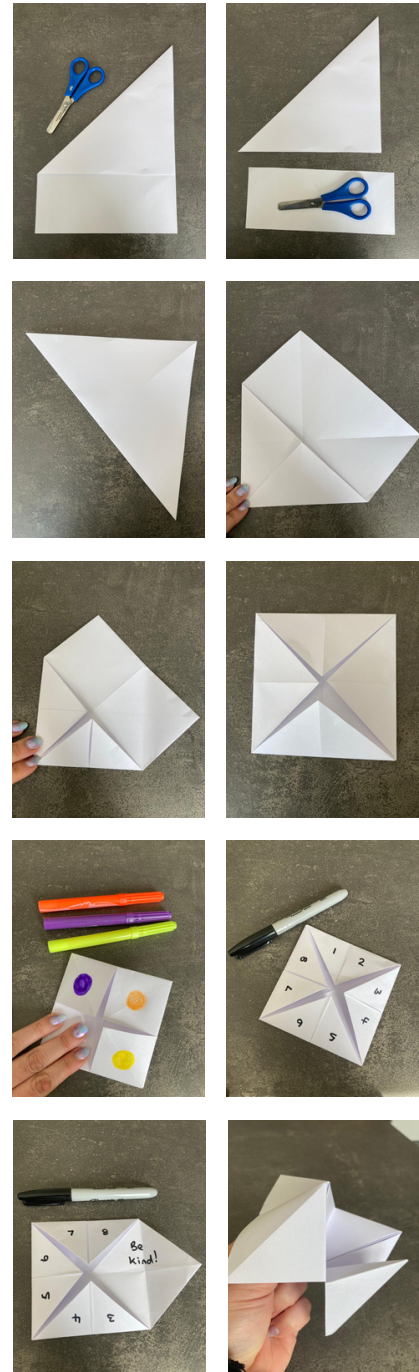
Slip your thumbs and forefingers under the corner flaps. Your chatterbox is now ready for some decoration.

Using some felt tip pens or coloured pencils, colour in the four outer squares.

Flip the square over and write the numbers 1-8 on the triangles.

Lift the triangle flaps and write down your kindness activities underneath. They are listed below.

Fold the chatterbox back up and it's ready to use!

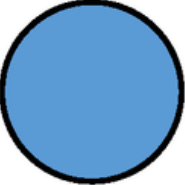
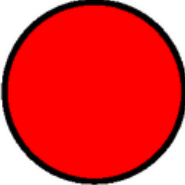
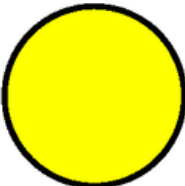


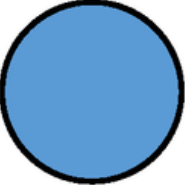


Here are your challenges; Help someone, Give a compliment, Make something for someone, Say thank you to someone, Smile and say hello to someone, Tidy or clean something, Listen to someone's problems, Invite someone to join you do something.

CHATTERBOX CHALLENGES



Alternatively, you can print and use the ready-made template that we've provided for you below. If you use this, be sure to cut around the outline of the square template and lay it with the picture facing down when you reach step 4.

	<p>1</p> <p>Pay someone a compliment.</p>	<p>2</p> <p>Help someone with something.</p>	
<p>8</p> <p>Smile and say hello to somebody.</p>	<p>3</p> <p>Say thank you to someone.</p>	<p>4</p> <p>Invite someone to join in with you.</p>	
<p>7</p> <p>Tidy or clean something for someone.</p>	<p>5</p> <p>Make something to give to someone.</p>	<p>6</p> <p>Hold the door open for someone.</p>	
	<p>9</p>	<p>10</p>	

QUIET CORNER



In our story, we heard about Martha and Mary. Whilst Martha was busy worrying, Mary sat and spent time listening to Jesus. Let's follow Mary's example and create a quiet space where we can sit and spend time with Jesus.

Find a quiet place in your home or garden to do this activity. Once you've found somewhere, you will want to make it yours.

You may want to hang a blanket or two over some furniture, make a fort out of the sofa cushions or use a tent if you have one.



You could even set up camp under a table. Once you have found a good place, the next step is to make it comfortable.

You can do this by using cushions, blankets, lights, your favourite toys and books, or you may want to decorate it with some pictures.

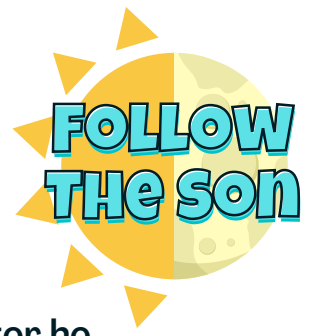
Once you've made your quiet space nice and comfy, use it to spend some time with God. You can do this in many different ways!

You could listen to some music that's been written about God, read a Bible story book or even listen to the bedtime episode of Follow the Son - it's perfect to relax to!



Whatever you choose to do in your quiet space, think about how Mary stopped and spent time with Jesus. Jesus speaks to us when we stop and spend time with Him, so use your space to pray and don't forget to listen!

WRAP UP LIKE LAZARUS



We heard about how Jesus brought Lazarus back to life after he was dead for four days! When Lazarus walked out of the tomb, he was wrapped up in strips of cloth. Let's remember this by playing this wrapping up in bandages game!

You will need

Something to wrap yourself in:

- Rolls of toilet paper

or

- Several blankets or bed sheets

Instructions

Choose one person to be Lazarus.

Everyone else can have fun wrapping Lazarus in toilet paper bandages.

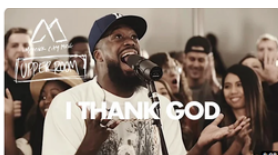
You can play the game in several ways; EITHER wrap up Lazarus in the toilet paper bandages as quickly as possible and if you're playing in teams, the first to use up all of their toilet paper wins.

OR try to cover Lazarus entirely in toilet paper bandages. If you're playing in teams, the first team to do this wins.



If you want to have even more fun with this activity, you could play the game whilst listening to the song 'I Thank God' by Maverick City & UPPERROOM.

If your Lazarus is wrapped by the time the song reaches the 'Get up out of that grave' bridge part, you can dance around and pretend to be Lazarus coming out of the tomb!

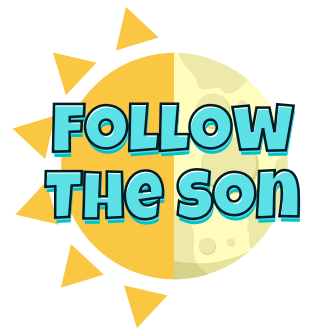


Click or tap on this image to watch I Thank God on YouTube



Click or tap on this image to watch a dance-a-long version of I Thank God on YouTube

LAZARUS SAUSAGE ROLLS



In our story, we heard about how Lazarus came out of the tomb wearing his bandages. Let's have fun and remember this, by making some tasty Lazarus inspired sausage rolls! Yummy!

You will need

Sausages
Ready rolled puff pastry
Milk
Baking sheet
Pastry brush
Knife
Oven – pre-heated to 180°C
Items to decorate Lazarus' face (optional – see below)

Instructions

Take the ready rolled puff pastry out of the fridge and allow it to come to room temperature for around 10 minutes.

Unroll the puff pastry and carefully use the knife to cut it into strips along the long edge. Ours were about 1cm in width.

Wrap each sausage in the strips of puff pastry, leaving a few centimetres of the sausage exposed at one end for Lazarus' head.

Place the pastry wrapped sausages on a baking sheet, making sure the ends of the pastry are tucked underneath wherever possible.

Wash the pastry with a little milk using the pastry brush. If you don't have a brush, you can use a clean finger.

Put the sausages in the pre-heated oven for 20-25 minutes, making sure the sausages are fully cooked through.

Once the sausages are ready, remove them from the oven and allow to cool.

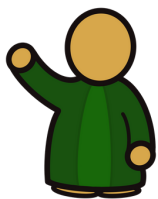
Once cool, you can decorate Lazarus' face if you wish to – perhaps using bits of vegetables to create eyes and a mouth, or you could use condiments and a clean fine brush or a cocktail stick.



FIND ZACCHAEUS



Zacchaeus had a problem. He wanted to see Jesus but he was too small and the crowd were blocking his view. Can you find Zacchaeus in the image below?



This is Zacchaeus!

Use this picture to see if you can find him in the image above.

What else can you see?

Can you find Jesus? What do you think the other people in the picture are saying to each other?

CLIMB THE TREE



Zacchaeus was short and couldn't see over the crowd so he climbed a tree to get a better view. Let's have fun with this by making Zacchaeus and a tree for him to climb up using things we find inside and outside!

You will need

Leaves
Kitchen roll tube
Paper
Pen
Scissors
Stapler or sticky tape
Glue

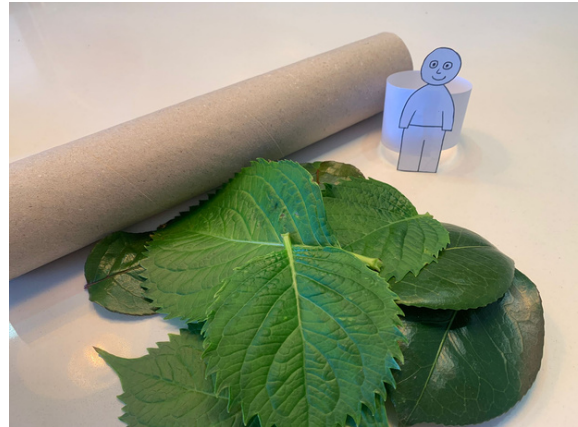
Instructions

Collect some leaves from your garden or a public space to create your tree.

Using either sticky tape or a stapler attach your leaves to one end of your kitchen roll tube so it looks like a tree.

To create Zacchaeus, draw a figure on a piece of paper and cut it out. Then cut out a strip of paper and stick together the ends, making sure it fits snugly around the kitchen roll tube. Glue Zacchaeus to the circular piece of paper.

You can now slide the paper up and down your tree remembering how Zacchaeus climbed the tree in the story so he could see Jesus.



DINNER PLATE COLLAGE



Jesus saw Zacchaeus in the tree and asked him to come down because he wanted to go to his house! Let's put ourselves in Zacchaeus' shoes and plan what we would give Jesus to eat if he came to our home!

You Will Need

A paper plate
Crayons, felt-tips or colouring pencils
Magazines / pictures of food (optional)
Glue (optional)

Instructions

Take a plain white paper plate and any colouring pencils or pens you would like to use.

Imagine you have Jesus coming to your house as a guest for dinner. What do you think Jesus would like to eat?

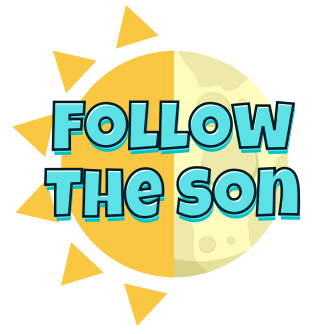
Draw or write on the plate all the food that you would serve to Jesus as your special guest.

Instead of drawing pictures or writing down the food, you could cut out pictures of different foods from an unwanted newspaper or magazine and use glue to stick them to your plate.



When you've finished, think about Zacchaeus' story and how he changed from being selfish to being generous. Say sorry to God for the times that you sometimes behave selfishly and ask him to help you become more generous too.

THE CUP GAME



In our episode, we heard the parable of the lost sheep. Let's have some fun remembering this story by playing the lost sheep cup game!

You Will Need

3 Cups

1 Toy sheep

or

A cotton wool ball

or

A picture of a sheep



Instructions

Set out your three cups in a line.

Hide your sheep beneath one of the three cups.

Mix up the cups without revealing which cup the sheep is under.

Have someone guess which cup the sheep is under.



As you are playing the game, think about the parable of the lost sheep. Can you remember what Jesus said afterwards?

Jesus said that there is more celebration in heaven for one person who was lost and then found than for ninety-nine people who don't need to be found. How does that make you feel?

HIDE AND SEEK: CHOCOLATE COINS



Jesus told a short parable about a woman who had lost a coin but found it again. Let's have some fun remembering this by playing hide and seek with some chocolate coins!

You Will Need

A selection of coins – we used chocolate coins, but you could use plastic (toy) money or even real copper coins!

Get an adult to hide the coins within the boundaries of a safe area where you can go looking for them. It's great fun to do this in an outside area but hiding them indoors works too!

Pretend to be like the woman in the story who went looking for her missing coin. Don't stop till you find them all, and make sure you celebrate when you do!

If you don't want to hide coins, how about playing a game of Hide and Seek instead?

Agree on the boundaries of the area in which you are allowed to hide.

Select someone to be the "seeker". The seeker closes their eyes and counts to a hundred. If that's too big of a number, you could set a timer for two minutes while the other players hide.

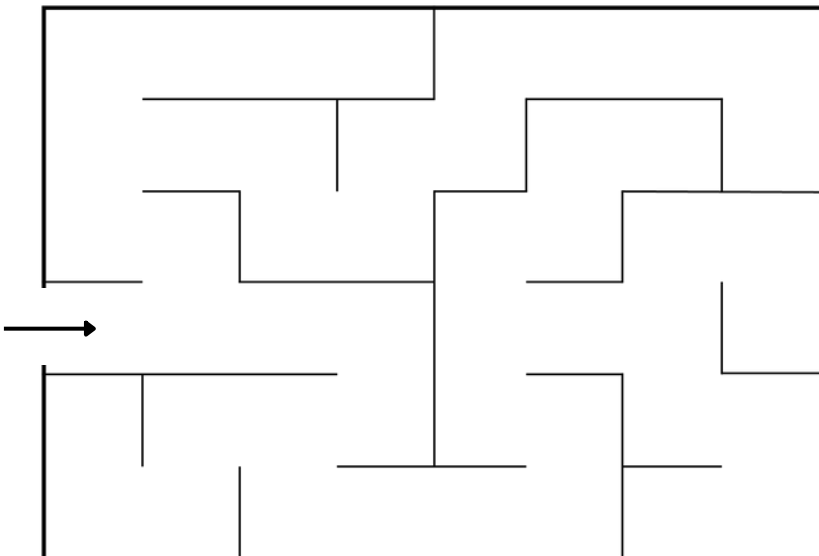
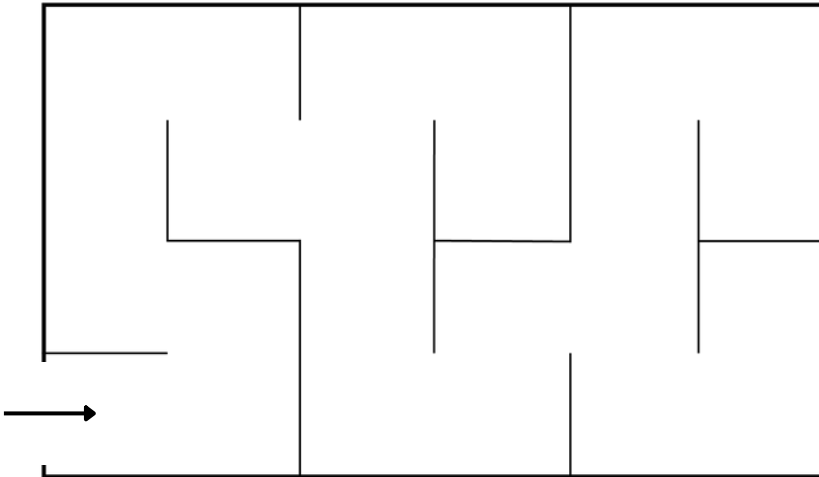
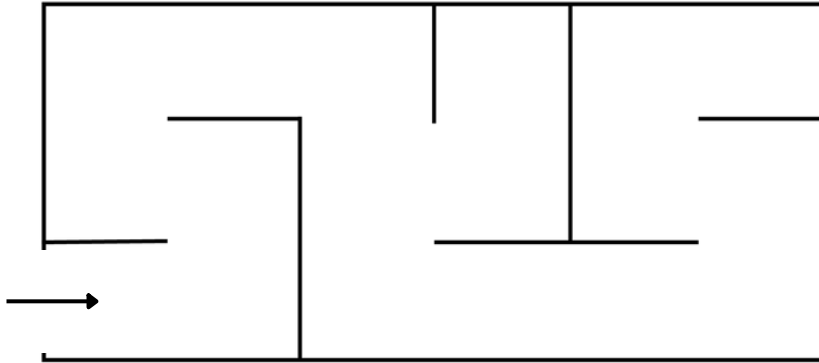
The seeker goes looking for the other players. Encourage the seeker to give a big cheer for everyone who is found!



LOST SON MAZES



In our story, we heard about the lost son and how he returned to his father who welcomed him back with a gigantic celebration. Let's help the son find his father by guiding him home through the mazes.



THANK YOU!

Thank you for downloading and using this e-book of activities with your children. We hope and pray that you enjoyed them and this resource has positively impacted their faith and hope in Jesus!

We believe Follow the Son is a great way to model and develop a healthy relationship with God, and we would love your help to shape the podcast and the supplementary activities for the future.



To help us improve Follow the Son, we invite you to click or tap on the box above and fill in a short feedback form. This should take only a few minutes to complete.

Any feedback we receive is immeasurably valuable and will help us to make listening and interacting with all aspects of Follow the Son even better.

If you have older children who would like a resource similar to this, please explore our sister podcast, Bible Podlets, which is available for free on our website, or wherever you access your podcasts.

A promotional graphic for "Bible Podlets". On the left, there is a photograph of a young girl with pigtails reading a book. To the right of the photo, the text "Bible Podlets" is written in a large, green, bold font. Below it, in smaller text, it says "A podcast for children aged 6-11". Further right, the text "Bible Study Discussion Prayer Fun" is stacked vertically in a bold, black font. At the bottom right of the graphic, there is a small logo for "BLACKBURN BISHOPSCOTELEIGH COLLEGE OF EDUCATION". To the right of the entire graphic, there is a block of text: "Bible Podlets is a guided Bible study and discussion podcast for ages 6-11. It has games, activities, a Bible reading, discussion and time of prayer."

