



## ***PSALM 145:1-13 – YOUTH SUNDAY***

### **GETTING STARTED...**

If you are a believer, who has encouraged your faith most in your in life? For many who grow up in the church, one of the biggest influences in our lives happens during our teen years. Time and time again, statistics show that for those who grow up in the faith and keep that faith into adulthood, one of the biggest factors is having someone outside of the family who encourages their faith. We want to be a church where one generation is teaching and encouraging the next. This is exactly what the Bible calls us to do, to pass on our faith. We do this in lots of ways, and one of the biggest ways we do that is through the things we celebrate together. David in the Psalms calls us to praise the Lord and through this praising we teach the next generation what it looks like to worship and love God. Let us praise Him from one generation to the next.

### **READ THE TEXT: PSALM 145:1-13**

**145** A Song of Praise. Of David.

<sup>1</sup> I will extol you, my God and King,  
and bless your name forever and ever.

<sup>2</sup> Every day I will bless you  
and praise your name forever and ever.

<sup>3</sup> Great is the Lord, and greatly to be praised,  
and his greatness is unsearchable.

<sup>4</sup> One generation shall commend your works to another,  
and shall declare your mighty acts.

<sup>5</sup> On the glorious splendor of your majesty,  
and on your wondrous works, I will meditate.

<sup>6</sup> They shall speak of the might of your awesome deeds,  
and I will declare your greatness.

<sup>7</sup> They shall pour forth the fame of your abundant goodness  
and shall sing aloud of your righteousness.

<sup>8</sup> The Lord is gracious and merciful,  
slow to anger and abounding in steadfast love.

<sup>9</sup> The Lord is good to all,

and his mercy is over all that he has made.

<sup>10</sup> All your works shall give thanks to you, O Lord,  
and all your saints shall bless you!

<sup>11</sup> They shall speak of the glory of your kingdom  
and tell of your power,

<sup>12</sup> to make known to the children of man your mighty deeds,  
and the glorious splendor of your kingdom.

<sup>13</sup> Your kingdom is an everlasting kingdom,  
and your dominion endures throughout all generations.

[The Lord is faithful in all his words  
and kind in all his works.]

## UNDERSTANDING THE WORD

1. How many different aspects of God's character are being praised in this Psalm? How does each one help us worship God more fully?
2. In verse 10, David writes, "All your works shall give thanks to you..." What are the works that David is referring to? How does each one give thanks to God?

## REFLECTING ON THE SERMON

3. What was the main point of the sermon?
4. What has God been impressing on your heart from the sermon?

## APPLYING THE POINT

5. How do we put this into practice?

*Agassiz &  
Lake Errock  
& Harrison*

How might we be able to ensure that praise and worship are a part of our daily routine? In what ways can **you** invest in the future generations of the church? Practically speaking, how can this look?

*Chilliwack &  
Promontory*

Can you recall a moment when you experienced God's wondrous works in your life? How do you pass on stories of God's goodness to the next generation? In what ways does the generation-to-generation declaration of God's works reflect His eternal nature?

## PRAYING & SHARING

1. How can you share what you have learned with... another believer?  
An unbeliever?
2. Share and pray for one another in your life group. How can you specifically pray for and encourage one another in response to this text?



## How to Use this Guide

This guide is intended to help facilitate Central Life Groups as they meet to understand the Bible passage, discuss the sermon, and how to put it into practice in our lives. What is contained in this guide is not an exhaustive text analysis nor a full list of questions that can or should be asked during Life Group. This is simply a guide to help **start conversations that are centered on the Word of God.**

The Life Group Guide is separated into three main sections that are arranged with an intentional order: *Understanding the Word*, *Reflecting on the Sermon*, and *Applying the Point*. We want to first understand the Word of God, and then check that understanding by what has been preached, and then discuss how to put it into practice in our own lives. The order is intended to imitate the process of how the Word of God makes changes in our lives. Head, heart, hands, and all of it wrapped in prayer.

While the meaning of a text doesn't change, the way that we are called to apply it may look different from campus to campus, and even person to person. To reflect this distinction, you will see application questions from each campus in this guide.

Start with the question(s) from your campus and then look at others to see if they are helpful for your group. You may be surprised how similar or different they end up being and how the diversity brings a fuller understanding to how we can apply the Word of God.

Our goal is not that you answer every question in this guide, but that you are able to discuss the Word of God in a way **that helps everyone follow Jesus together!**

*“Great are the works of the LORD,  
studied by all who delight in them.” - Psalm 111:2*