



Central Kids

Summer Field Guide

Week of August 9th

Over the next several weeks we are encouraging families to use this Field Guide to interact with your kids on Sunday morning or mid-week to learn catechism, *a collection of biblical truths in a question and answer format*. We will be using The New City Catechism curriculum to help construct a fun and creative way for your kids to memorize doctrine. Check out <http://newcitycatechism.com/videos> to learn more. These Field Guides are designed for family worship or devotional time. However, they can be used individually for older children.

HOW CATECHISM WORKS: Read the question and answer with your child and repeat. Then ask your child the question and have them give the catechism answer. The Field Guide offers additional activities to make learning fun and to help your children memorize God's Word.

MEMORIZATION TIPS: The key to memorizing is repetition. Be creative: turn it into a song, write it down, cut out the words and place them in order, use funny voices, or make up actions.

FAMILY WORSHIP: Trust by Seeds Family Worship <https://www.youtube.com/watch?v=teCBUFF7zvA>

Catechism Question #46

QUESTION: What is the Lord's Supper?

ANSWER: Christ commanded all Christians to eat bread and to drink from the cup in thankful remembrance of him.

Activity: Catechism Recap

Print out and cut up the Q47 catechism recap. Mix up the sheets and place them upside down in a grid on the floor. This is a memory game; invite the children to come forward and turn over two pieces of paper. The aim of the game is to find a matching question and answer. If no match is found, the pieces of paper are turned back over on the floor. The children must try to remember the details as the pages are turned over so that they can find a match when it comes to their turn. The child with the most matches wins!

Activity: Lord's Supper Memory

You will need to gather together items used in the Lord's supper such as: Wine or juice, bread, cloth, tray, cup, bible. If you do not have the items, print out and cut the images in this document. Place all the items on a table and cover them with a towel or cloth. Invite the children to come and look at the items, and lift off the towel for 5 seconds before quickly covering them back up. Ask the children to name as many things as they can remember. Uncover the items again and see how many items the children remembered. Tell them this was an exercise in remembering, and the Lord's Supper is also meant to be an exercise in remembering, that is, remembering Jesus' death.

Activity: Behold the Lamb

Play "Behold the Lamb" (https://www.youtube.com/watch?v=tlgd_uT3mmM) for the children to listen to. Ask them to doodle pictures that represent the Passover Feast and the Lord's Supper. They should include words from the song that stand out. This should be a time of quiet reflection, encourage the kids to sit and listen.

Catechism Question #47

QUESTION: Does the Lord's Supper add anything to Christ's atoning work?

ANSWER: No, Christ died once for all.

Introduction

Ask the Children if they can figure out what all these experiences have in common:

1. Having a first birthday
2. Donating a Kidney
3. Seeing Hale-Bopp comet
4. Regrowing a set of teeth
5. Dying

These are all things that a person can only do once. Tell the children that this question focuses on something Jesus could do only once, and that was to suffer death on the cross. Explain to the children that Jesus' death was all-sufficient, perfect, and complete.

Activity: Letter

Print out the Q47 Letter from a Concerned Friend. Tell the kids that many of the books of the New Testament were letters written to people or churches. Tell them you have a letter you would like to read to them. Read the letter to the children. Now invite kids to turn in their bibles to 1 Peter 3:18 and read it out loud. Explain that in this letter Peter says that Jesus died once, and that in his death, Jesus achieved everything necessary for their salvation. Tell the children that Jesus + something = nothing, but Jesus + nothing = Everything! Now invite the children to write a letter themselves. Tell them to write everything down that they've learned and might forget about baptism and the Lord's Supper. Put the letter in an envelope, seal it, and tell them you will deliver it to them in a few weeks.

Craft: Mural

Print off a copy of Q47 mural template for each kid. Ask the children to design and draw a mural that would creatively make the point that Jesus died once for all.

Prayer

Pray together thanking God for his sacrifice on the cross for us. Give everyone a chance to make a prayer, encouraging and helping kids as they need.

Discuss - Sometimes you or your child may have additional questions. Here are some possible questions that may come up:

Do all Christians have to celebrate the Lord's Supper? Remind the children that this is one of the ordinances or sacraments of the church that Jesus instituted for the good of his people. Christians should partake in the Lord's Supper regularly. As is the case with baptism, if something prevents a Christian from taking the Lord's Supper, it does not prevent them from being saved.

Why do some churches call the Lord's Supper "Communion"? When people eat and drink the bread and wine together as a church family, they come together into community with one another into closer fellowship with God.

What are the sacraments or ordinances?	Baptism and the Lord's Supper.
What is baptism?	Baptism is the washing with water in the name of the Father, the Son, and the Holy Spirit.
Is baptism with water the washing away of sin itself?	No, only the blood of Christ can cleanse us from sin.
What is the Lord's Supper?	Christ commanded all Christians to eat bread and to drink from the cup in thankful remembrance of him.

With what attitude should we pray?	With love, perseverance, and gratefulness.
What should we pray?	The whole Word of God directs us in what we should pray.
What is the Lord's Prayer?	Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.
How is the Word of God to be read and heard?	With diligence, preparation, and prayer; so that we may accept it with faith and practice it in our lives.

Since we are redeemed by grace alone, through faith alone, where does this faith come from?	From the Holy Spirit.
What do we believe about the Holy Spirit?	That he is God, coeternal with the Father and the Son.
How does the Holy Spirit help us?	The Holy Spirit convicts us of our sin, and he enables us to pray and to understand God's Word.
What is prayer?	Prayer is pouring out our hearts to God.

Dear _____,

I hope you're very well and continuing to love the Lord Jesus. I know that you've been learning about the Lord's Supper in your class, and I want to warn you that some people are teaching wrong things about the Lord's Supper—please be sure to tell the children!

Some people are making a big mistake by believing that eating and drinking the bread and wine will make them Christians! This is definitely wrong—it says so in the Bible. The Lord's Supper will not save anyone, nor bring forgiveness to those who have not put their trust in Jesus. Be sure to tell the children that the Lord's Supper is a sacrament for those who believe; it will not bring belief.

There's no doubt that the Lord's Supper is of great help to Christians; it strengthens and encourages believers in their faith. It will bring a Christian closer into fellowship with Jesus as the Holy Spirit deepens his or her faith. But the Lord's Supper can add nothing to what Jesus achieved on the cross—his death was perfect and sufficient. Remind the children that there is nothing we can humanly do to make ourselves right with God. Our only hope is to trust in Jesus Christ who died once for all.

I hope you have a great class. Don't forget to tell the children about the false things people are teaching about the Lord's Supper.

I pray that you may trust fully in Jesus who died once for all!

In the grace and peace of God,

Your concerned friend

