



SEXUALITY AND LOVE

A TARGETED DISCIPLESHIP SERIES FOR MEN



SEXUALITY AND LOVE

DEVELOPED BY THE
Assemblies of God
Men's Ministries Department



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LESSON BREAKDOWN

- Lesson 0: Start Here
- Lesson 1: Where Did Sex Begin
- Lesson 2: God's Word Is the Heart for Sexual Love
- Lesson 3: What Scripture Teaches about Lust
- Lesson 4: God's Gift of Sex
- Lesson 5: A Biblical Sexual Compass in Today's Culture
- Lesson 6: Hope Fuels A Christian's View of Sexuality
- Lesson 7: Biblical Clarity for Unbiblical Sexuality
- Lesson 8: Unbiblical Sexual Expression



START HERE

Sexuality is worshipped in our culture. A disproportionate amount of attention, resource, and energy is devoted to an activity that makes up a microscopic percentage of our overall life experience. This area has a powerful influence in framing the identity of a man.

Sexuality and Love has been created to assist men to know that sexuality and love is more than biology. There is a spiritual component to consider. The Bible has a lot to say about sex. The Bible provides information on both the benefits and dangers surrounding sexuality and love. According to Scripture, the way a man conducts himself in these areas of his life goes a long way in determining the level of the fruit of the Spirit he will experience on a day-to-day basis.

Our culture tries to redefine the categories and insist they are all equally valid, but God's opinion hasn't changed. Christians are either accused of being naïve and prudish or obsessive in their attitudes toward sex. Unbelievers claim Christians either make too big a deal of it or have unrealistic attitudes about what's possible.

Our goal for *Sexuality and Love* is for a man to realize that God understands the power of sexuality and love. God knows the disproportionate influence this can hold over a man's life. This study is meant to assist men to understand from a biblical perspective God's gift of sexuality and love.

Every lesson contains four sections. The first section is called **SIGHTLINE: Acquire Your Target**, and it gives an overview to the subject. The second section is called **CROSSHAIR: Focus on Your Target**, and it helps you to begin to bring the subject into a clearer focus. The third section, called **BULLSEYE: Zero in on Your Target**, is intended to bring the entire study into clearer focus. The fourth section is called **Next Step**, which is designed to help you deepen your relationship with God by taking measures necessary to reach your goal. This section offers an idea you can use to apply your new knowledge in an action step.

These lessons have been built using several resources to provide you with an in-depth study without having to purchase every single resource. But, these recommended tools for purchase will enhance your engagement with these lessons. They are:

- *FireBible®: English Standard Version®*
- Journal
- Colored Pencils



The ultimate goal of this study is to equip you to walk in Christ and grow as the priest in your home, church, and marketplace, a man who has biblical insight into sexuality and love. By building a strong foundation for your own life as a spiritually healthy disciple of Jesus, these lessons will also equip you to lead your family safely through the war the enemy has engaged in against men on this front.

Sex is powerful; its influence is enormous in our culture. However, you don't have to be a statistic or another tragic story. Men's Ministries would recommend that, if you are struggling in this area, you go to a trusted voice and talk to them honestly about what is happening. Don't try to solve it yourself. The stakes are too high.



FOR GROUP LEADERS

If you intend to use this material in a group format, below are some tips to help you better utilize these lessons in that setting.

- Determine who will be the group leader. The leader will be responsible for making any copies needed, coordinating meeting times, and facilitating discussions.
- The group leader should select individuals to read aloud the **Sightline** and **Crosshair** sections.
- Before a session begins, the group leader should read through the questions in the **Bullseye** and **Next Step** sections. Many lessons have more content than can be covered in one session, so the leader may choose to only engage part of the questions or assign group members to work through part or all the questions before arrival.
- If your group is very large, dividing into groups of three to four people is the best way to work through selected questions from the **Bullseye** and **Next Step** sections for thirty to forty minutes. These groups should also commit to work together throughout the week.
- If you've divided into smaller groups, gather the entire group together after the small group time. Discuss as a large group a few of the selected questions from the **Bullseye** section for ten to fifteen minutes.
- Finally, the leader is responsible to hold group members accountable for completing the Scripture reading before each session and ensuring they are writing in their journals.

