



1 Thessalonians 4:1-8

Getting Started

Are you the kind of person who likes to stand out from or blend into the crowd? Why?

Discussion

What stood out to you from the sermon this weekend?

What do you know about the Roman culture's sexual ethic during the time Paul wrote this letter to the Thessalonians? How and why did Christ's sexual ethic differ?

Why is sexual sin such a big deal to God?

What does it mean to be "sanctified"? How does this happen in our lives? Did you hear anything from the sermon that you need to implement in your walk with God?

Look at v.7. What are some characteristics of a "holy life"?

Why do you think Paul ends this section reminding them that they have been given the Holy Spirit?

If you typically have both men and women in your group, this might be a good week to have the men meet in one room and the women in the other in order to foster potential for more vulnerability in discussion and in prayer.

Prayer

Pray for any specific requests anyone has. Praise God for any victories, breakthroughs, or any good thing anyone wants to share.

Pray that God would help you to live a life that is "sanctified" or set apart from the culture's, specifically as it pertains to sexuality.

As you go

Sexual sin is incredibly difficult to "bring into the light" by telling another person. If you know that you are struggling in this area, whether it be through pornography, consistent lust-filled fantasizing, an adulterous relationship, or anything else the Holy Spirit is highlighting, listen to the Lord this week and confess it to a brother or sister that you trust. Bring it into the light so that you can begin the journey of repentance (turning from your sin and to God). Ask for help where you need it.

