

**Series:** The Body of Armor, a study in Ephesians 6:10-20

**Sermon:** The Shield of Faith

**Primary Text:** Ephesians 6:16

**Discussion guide:**

- Have you ever had to trust someone so much it was scary?
- In what ways do you trust the Lord?
- How would you define faith?
- Read Ephesians 6:16
  - What are some examples of the devils “flaming darts”?
  - What is the significance of them being on fire?
  - How can temptation burn up one’s faith?
  - How can doubt burn up one’s faith?
  - How can bitterness burn up one’s faith?
- How can our trust in Jesus extinguish the fire from temptation? What must we do?
- How can our trust in Jesus extinguish the fire from doubt? What must we do?
- How can our trust in Jesus extinguish the fire from bitterness? What must we do?
- What is the significance of the “in all circumstances” piece?