

Series: My Cup Overflows, a study in Philippians

Sermon: To Be Content

Primary Text: Philippians 4:4-13

Discussion guide:

- What is something that you want that you don't have? something you dream about?
- What does it mean to be content?
- Read Philippians 4:4
 - What does it mean to "Rejoice *in the Lord*"?
 - Why can we do this "always"?
 - Why do you think Paul says it "again"?
- Read Philippians 4:5
 - What does Paul say Christians should be known for?
 - Why should we be known for this?
 - How does the fact that the "Lord is at hand" help us to be that?
 - How does being "reasonable" or "gentleness" help us rejoice in the Lord?
- Read Philippians 4:6-7
 - What are we to "replace" anxiety with?
 - What is "supplication"?
 - How does offering thanks even as we make our requests help us to rejoice in the Lord?
- Read Philippians 4:8
 - What are some things you think about that don't help you be joyful?
 - What are we supposed to think about?
 - How does this help us rejoice in the Lord?
- Read Philippians 4:9-13
 - What does joy and peace have to do with contentment?
 - What is the secret to contentment in all circumstances for Paul?
 - How is this similar to Philippians 4:4?
- Do you find joy in the Lord? why or why not?