

Series: Lessons We (Should've) Learned from COVID-19

Sermon: The Ruthless Elimination of Hurry

Primary Texts: Psalm 23; Romans 12:2

Discussion Questions:

- When things first began to close as a result of the pandemic, what was your greatest concern?
- What are some things that stopped during that you thought you'd miss, but ended up not missing at all?
- Why do so many of us struggle with constantly feeling rushed or in a hurry? ○ What are the implications for or what effect does this have on our walk with Jesus?
- What are some distractions you feel keep you rushed or hurried that you could remove from your life?
- Read Psalm 23
 - What's the significance of Jesus as our Shepherd?
 - Verse 2 states that the Shepherd "makes" us lie down in green pastures. In what ways does God make us take breaks?
 - What connection is there with this and the command to take a Sabbath?
- Read Romans 12:2
 - What methods do you think Satan uses most to try to conform us to the world?
 - What are some ways we can break our connection to the world and allow our Shepherd to be the main influence in our lives?
- What's the difference between being busy and being hurried?
- "Sunset Fatigue" = When we come home from a long day's work and those who need our love the most, those to whom we are most committed, end up getting the leftovers. It's when we are just too tired, too drained, or too preoccupied to love the people to whom we have made the deepest promises.
 - Do you feel like you struggle with making sure you have enough energy "in the tank" for those closest to you?
 - How can you guard against giving all your time and energy to the world and not leaving enough for those most important to you?