

Series: My Cup Overflows, a study in Philippians

Sermon: "...that your love may abound more and more..."

Primary Text: Philippians 1:1-11

Discussion Guide:

- What fills you with energy, excitement, and motivation?
- What drains and exhausts you?
- Does church and Christianity fill you up or drain you? explain
- Read John 4:13-14 and John 7:38,
 - What is Jesus talking about here?
 - Why do so many of us who do have the Holy Spirit within us not feel this overflowing coming from us?
- Read Philippians 1:1-11
 - Point out the things Paul says about his love, gratitude, and longing for the Philippians?
 - What does this tell you about how Paul feels about the Philippians?
 - What are the reasons Paul gives for his affections for the Philippians?
 - Share a story of the church has been there for you or someone you know.
 - Why should we feel our cup overflowing when we consider the Christian family we have in Christ?
 - What does Paul say about Christ work in the Philippians? (v. 6)
 - What does this tell you about Christ's activity in your life?
 - Read Philippians 2:12-13, Galatians 6:9, and Romans 8:28
 - What does each verse say/promise?
 - How can you know God is working in you even when you can't feel it?
 - Why should be an overflowing of your cup?
 - What does Paul pray for the Philippians in v. 9-11?
 - How should love abound?
 - How does real love lead to knowledge?
 - How does real love lead to discernment?
 - What does Paul say such a love will produce?
 - The imagery here is of an offering given to Christ when you stand before Him. The only thing you can offer Him is your life. If our lives abound in the sort of love that Paul describes – the sort that produces knowledge and discernment – then our offering will be pure and fruitful. What does this bring to your mind? How does it convict you? How does it encourage you?

- This section ends with “to God be glory and praise...”
 - How can our lifestyle and love cause people to praise God?
 - What can we do to make this happen?