

Discussion guide: A Message from the King, a study in Matthew

Sermon: Do not be Anxious

Primary Text: Matthew 6:25-34

Discussion guide:

- What do you worry about?
- How does worry affect you personally?
- Read v. 25
 - What is Jesus point in this text?
 - How is life more than food?
 - How is the body more than clothing?
- Read v. 26, 28-30
 - What is Jesus point here?
 - How do these texts speak to you personally?
 - Based on the points that Jesus makes here in these texts, what does your worry say about you?
- Read v. 27
 - What does anxiety and worry do?
 - Why do we worry?
- Read v. 31-32
 - When Jesus says “the Gentiles seek after all these things” what is His point?
 - When Jesus says “your Heavenly Father knows what your need” what is His point?
- Read v. 33
 - What does this literally look like?
 - How does this answer worry?
- Read v. 34
 - What is Jesus’ point here and how does it answer worry?