

Series: The Armor of God, a study in Ephesians 6

Sermon: The Helmet of Salvation

Primary Text: Ephesians 6:17a

Discussion guide:

- share an example (personal, in entertainment etc) of someone who is stubborn?
- What are you stubborn about?
- When can stubbornness be a good thing?
- When can it be a bad thing?
- What does it mean to be “saved”?
- Why do you think Paul makes this the “helmet” in the armor?
- In what ways ought the Christian to be “stubborn”?
- Do you think God means for you to know that you are saved? (see 1 John 5:14, Romans 8:1; John 8:36)
 - Why or why not?
 - Why does the devil want to keep you doubting your salvation?
 - How does knowing that you’re saved directly correlate with trusting Jesus?
- What does it mean to accept Jesus as your Lord?
 - How does the devil try to confuse the Christian on this point? (see John 14:15)
- Read Philippians 2:12 and Ephesians 4:15.
 - What does this tell you about Christianity?
 - When are we to stop growing up in Christ?
 - How does one grow in Christ?
- Read James 4:6-7 – how does humility help us resist the devil?
 - In what ways is the Christian tempted to be prideful and stop growing?
- Read 2 Peter 3:18 – how does being teachable help us resist the devil?
 - How can we grow in our knowledge of the Lord?
- Read Psalms 139:23-24 – how does being teachable about ourselves help us resist the devil?
 - How can we grow in our self-awareness?