

**Series:** The Armor of God, a study of Ephesians 6:10-20

**Sermon:** The Belt of Truth

**Primary Text:** Ephesians 6:10-14a

**Discussion guide:**

- What comes to mind when you hear about the devil?
- Read 1 Peter 5:8, Genesis 4:6, and John 10:10
  - What do these texts tell you about the devil?
  - How should the Christian react to this?
- Read Ephesians 6:10-12
  - What does he mean by the “schemes” of the devil?
    - Read John 8:44
      - What is the devil’s primary power?
- Read Ephesians 6:13
  - Notice this is the 2<sup>nd</sup> time in our text Paul has said to put on the “whole” armor of God.
    - Why the emphasis on “whole”?
  - Go through Ephesians 6:10-14
    - Identify each time the word “stand” is used and how it is used.
    - What does “stand firm” or “withstand” mean for us in this text?
- Ephesians 6:14 tells us that the first piece of the armor is the belt of truth.
  - Why do you think this is the first one mentioned?
  - What did a belt do for the Roman soldier?
    - How does the belt allow for freedom of movement?
    - How does knowing truth in general allow us freedom of movement? (see John 8:31-32)
- Read John 14:6 and John 18:37
  - Based on these verses how do we fasten on the belt of truth that Paul is talking about?
  - In the sermon we said that one must trust Jesus enough to obey Him – why is obedience essential and how does obeying Jesus lead to “freedom”?
- What is the significance of the fact that the belt holds the sword?
  - How does trusting the Bible help us fasten the belt of truth?
    - In the sermon we said we must trust the Bible enough to apply it – why is it essential to apply it and how does that help us engage in spiritual battle? (see Matthew 4:1-11)