

The logo features the word "RESET" in a large, white, outlined, sans-serif font. The letter "R" is stylized as a circular arrow pointing clockwise. Below "RESET" is the word "PRAYER" in a smaller, white, bold, sans-serif font. The background is a gradient from blue on the left to green on the right.

RESET PRAYER

“There has never been a spiritual awakening in any country or locality that did not begin in UNITED PRAYER.”

D.A.T. PIERSON

SERMON NOTES & RESOURCE BOOKLET



JANUARY 14

**PRAYERS FOR
THE CHURCH:**
PHILIPPIANS 1:9-11

“As a man PRAYS, so is he.”

A. W. TOZER



JANUARY 21
**LORD, TEACH US
TO PRAY:**
LUKE 11:1-4

“Remember, no man has time TO PRAY, he has to take time from other things that are valuable in order to understand how necessary time for PRAYER is.” *OSWALD CHAMBERS*



JANUARY 28
**A PARABLE
ABOUT PRAYER:**
LUKE 11:5-13

“I have been driven to my knees (TO PRAY) by the overwhelming conviction that I had nowhere else to go. My own wisdom, and that of all about me seemed insufficient for the day.” *ABRAHAM LINCOLN*



FEBRUARY 04
**THE WHOLE
ARMOR OF GOD:**
EPHESIANS 6:10-18a

“Pray without ceasing because Satan is preying without ceasing.”

TOBY MAC



FEBRUARY 11

THE DAY JESUS GOT "MAD"

JOHN 2:13-17 & LUKE 11:15-17



"PRAYER does not give you spiritual power. PRAYER aligns your life with God so that He chooses to demonstrate His power through you. PRAYER is designed to adjust you to God's will not to adjust God to your will." *HENRY BLACKABY*



QUOTES ABOUT PRAYER

- “PRAYER is not overcoming God’s reluctance. It is laying hold of His willingness.” *MARTIN LUTHER*
- “PRAYER is a mighty instrument, not for getting man’s will done in heaven, but for getting God’s will done on earth.” *ROBERT LAW*
- “PRAYER must never be an attempt to bend the will of God to our desires; prayer ought always be an attempt to submit our wills to the will of God.” *WILLIAM BARCLAY*
- “Before PRAYER changes others, it first changes us.” *BILLY GRAHAM*
- “PRAYER is the nearest approach to God, and the highest enjoyment of Him, that we are capable of in this life.” *WILLIAM LAW*
- “True PRAYER happens at the intersection of surrender and celebration.” *PAUL DAVID TRIPP*
- “Your PRAYER for someone may or may not change them, but it always changes you.” *CRAIG GROESCHEL*
- “PRAYER trumps panic.” *RACHEL WOJO*
- “Isn’t it great that PRAYER has roll-over minutes?” *GELSEY DELPERCIO*
- “If your day is hemmed in with PRAYER, it is less likely to come unraveled.” *CYNTHIA LEWIS*
- The great people of the earth today are the people who PRAY, (not) those who talk about PRAYER.” *S.D. GORDON*
- “PRAYER is the exercise of drawing on the grace of God.” *OSWALD CHAMBERS*
- “PRAYER is exhaling the spirit of man and inhaling the spirit of God.” *EDWIN INGELOW*



**MY
PRAYER
JOURNAL**

A large, empty white rectangular area intended for writing in the prayer journal.

**“Our PRAYERS may be awkward. Our attempts may be feeble.
But since the power of PRAYER is in the one who hears it and not in
the one who says it, our PRAYERS do make a difference.”** *MAX LUCADO*



**MY
PRAYER
JOURNAL**

A large, empty white rectangular area intended for writing or drawing, framed by a dark blue border.

**“Do not PRAY for tasks equal to your powers;
PRAY for powers equal to your tasks.”**

PHILLIP BROOKS



PRAYING FOR OTHERS

EACH ONE REACH ONE: *Praying for the Lost*

A large, empty white rectangular box with a thin blue border, intended for writing or drawing related to the 'Praying for the Lost' theme.

EACH ONE REACH ONE: *Reconnecting with FSBC Siblings*

A large, empty white rectangular box with a thin blue border, intended for writing or drawing related to the 'Reconnecting with FSBC Siblings' theme.



PRAYER@HOME ACTION PLAN & STRATEGIES

WHY PRAY@HOME?

Studies have shown that the simple routine of praying together at home makes it much more likely you will:

- Build a life-long, thriving family.
- Strengthen the relationship with your immediate and extended families.
- Nurture faith in the hearts of children, teens, grown children, and grandchildren.
- Reduce the level of tension in your home.
- Increase marital trust, respect, and intimacy.

OVERCOMING OBSTACLES:

Tips as you encounter obstacles to the prayer@home habit

- **SCHEDULE:** Just like any other important event, prayer@home needs to be included on the schedule and protected. If you use a calendar, consider creating an appointment with the family several times per week – even if that appointment is at dinner, before bed, etc.
- **TRAVEL:** Even when on the road, you can participate in family prayer by phone. You might also consider sending a text message or email saying “I am praying this for you right now...”
- **TENSION:** Confession (*acknowledging one’s failures*) in prayer can make it easier to resolve tension as family members humble themselves before God in the hearing of one another.



PRAYER@HOME ACTION PLAN

- **PARTIAL FAMILY PRAYER:** If a family member is unwilling to participate in group prayer, the rest of the family can still enjoy and benefit from the experience. Don't allow their lack of participation to create tension. Simply do what you can as you are able without making them feel awkward or isolated.
- **THE NUDGE:** Give everyone permission to "nudge" one another back on track during the inevitable seasons when your prayer routine wanes. Be open to reminders from your parents, spouse, sibling, or child and resist the temptation to become defensive or defeated.

JUMP START PRAYERS:

Ways to jump start a prayer routine in your home.

- **SILENT PRAYERS:** The easiest way to start family prayer is praying silently together. Agree on a prayer list, join hands and then bow quietly. As you become more comfortable with the process, add sentence prayers to your routine.
- **SENTENCE PRAYERS:** Take turns allowing each person who is comfortable doing so to pray a very short, one sentence prayer like "Please heal Uncle Paul." Or "Thank you for giving Troy a new friend." Or "I'm sorry for losing my temper with everyone earlier today."
- **HIGH/LOW PRAYERS:** Have each person quickly share the high point and low point of their day. Then hold hands and give thanks for the high and ask for help with the low.



PRAYER@HOME ACTION PLAN

- **FILL-IN-THE-BLANK PRAYERS:** Use pre-written language to guide and focus family prayer times. For example, the following starter lines can be used...

God, I love you because...

God, please help...

Thank you God for...

God, I'm sorry for...

PRE-SCRIPTED PRAYERS:

Prayers for praying together aloud

- **P.R.A.Y. OUTLINE:** Follow this outline for your family or individual prayer time.

PRAY: Praise God for who He is and what He has done.

Psalm 9:1, Psalm 100:4

REQUEST: Request God's help for you, your family and others.

Philippians 4:6-7

ADMIT: Confess your sins to God. *1 John 1:9, Hebrews 10:22*

YIELD: Commit to His will and His way. We put our trust in Him. *Psalm 25:4-5, Proverbs 3:5-6*

- **A.C.T.S. OUTLINE:** Follow this outline for your family or individual prayer time.

ADORATION

CONFESSION

THANKSGIVING

SUPPLICATIONS



PRAYER RESOURCES

BOOKS ABOUT PRAYER: * *Indicates that the book is available for checkout at the Faith@Home Resource Center in the foyer.*

PRAYER RESOURCES FOR EVERYONE:

- The Prayer Map: A Creative Journal* by Barbour Staff
- Pray First: The Transformative Power of a Life Built on Prayer* by Chris Hodge
- Prayer: Experiencing Awe and Intimacy with God* by Timothy Keller
- The Battle Plan for Prayer* by Stephen and Alex Kendrick
- A Praying Life: Connecting with God in a Distracting World* by Paul A. Miller
- Praying God's Word Day By Day* by Beth Moore
- Prayer: Insights From A. W. Tozer* by W. L. Seaver
- * *Fervent* by Priscilla Shirer
- * *Praying the Bible* by Donald S. Whitney

PRAYER RESOURCES FOR TEENS:

- The Prayer Map for Teens: A Creative Journal* by Barbour Staff
- The Battle Plan for Prayer: Teen Bible Study* by Brian Mills and Alex Kendrick
- The Power of a Praying Teen* by Stormie Omartian

PRAYER RESOURCES FOR CHILDREN:

- The Power of a Praying Kid or What Happens When I Talk to God* by Stormie Omartian
- PrayerWorks* by Stephen Kendrick and Alex Kendrick

PRAYING FOR YOUR SPOUSE:

- The Power of a Praying Husband, The Power of a Praying Wife, or The Power of Prayer to Change Your Marriage* by Stormie Omartian
- Pray Big for Your Marriage* by Will Davis Jr.



PRAYER RESOURCES

*Thirty-One Prayers for My Husband or Thirty-One Prayers
for My Wife* by Aaron and Jennifer Smith

PRAYING FOR YOUR CHILDREN AND ADULT CHILDREN:

- * *Praying the Scriptures for Your Adult Children* by Jodie Berndt
- Pray Big for Your Child* by Will Davis Jr.
- Creative Family Prayer Times* by Mike and Amy Nappa
- * *The Power of a Praying Parent* by Stormie Omartian
- Teaching Your Child How To Pray* by Rick Osborne

PRAYING FOR GRANDKIDS:

- 52 Prayers for My Grandchild* by Steve and Annie Chapman
- The Power of a Praying Grandparent* by Stormie Omartian
- Grandparenting with a Purpose* by Lillian Penner
- A Grandmother's Prayers: 60 Days of Devotions and Prayer* by Kay Swatkowski

PRAYER APPS: *Resources that help you grow in your prayer life for your phone or tablet*

- **YOUVERSION BIBLE APP:** Under “More” of the YouVersion Bible App, you can access the “Prayer” section to record prayer requests, set prayer timers, and access a daily guided prayer.
- **DAILY PRAYER APP:** Weave prayer and Scripture throughout your day. Set-up push notifications to remind you and provide easy access to prayers each morning, midday, evening, and late evening.
- **ECHO APP:** This app provides a place to record your personal prayer list, create a prayer group, and access topical guided prayers.

“You can do more than pray after you have prayed, but you cannot do more than pray until you have prayed. Pray often, for prayer is a shield to the soul, a sacrifice to God, and a scourge to Satan.” *JOHN BUNYAN*



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