

## Connect With Us

- Rev. Dr. Stephen Heinzl-Nelson, Sr. Pastor  
[stephen@allentownpresbyterian.org](mailto:stephen@allentownpresbyterian.org)
- Rev. Lindsay Anderson-Beck, Associate Pastor  
[lindsay@allentownpresbyterian.org](mailto:lindsay@allentownpresbyterian.org)
- Courtney Pitman, Office Manager  
[courtney@allentownpresbyterian.org](mailto:courtney@allentownpresbyterian.org)



Visit our website to meet all of our staff,  
deacons, and elders!

### Download our App!



- Watch Live
- See What's Coming Up
- Stay Connected
- Give Easily

### Join our weekly newsletter - *The Grapevine*



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## Weekly Program Registrations



### Children's Ministry Sunday School

Pre-K - 5: Sun. 9:45-10:45am  
**Stepping Stones**  
Grades 1&2: Thurs. 5-6:15pm  
**R.O.C.K.**  
Grades 3-5: Thurs. 5-7:30pm

### Adult Ministry



### Crossroads Youth Ministry Sunday School

Grades 6-12: Sun. 9:45-10:45am  
**HS Youth Group**  
Grades 9-12: Tues. 6:30-8:30pm  
**MS Youth Group**  
Grades 6-8: Wed. 6:30-8:30pm

## Giving at APC

Have you made your 2026 pledge?  
You can submit it using the card located in your pew.

**Mail a Check:** APC - 20 High St. Allentown, NJ 08501

**Scan the QR** or visit [allentownpresbyterian.org/give](http://allentownpresbyterian.org/give)

**Text:** GIVE2APC to 1-888-364-4483



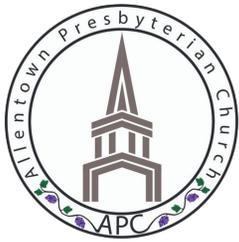
# Welcome to the Allentown Presbyterian Church



Sunday, March 8, 2026  
8:30 & 11:00am

*In response to the grace of God, our mission is to grow a  
community of fully devoted followers of Jesus Christ to  
produce abundant spiritual fruit for the Kingdom of God.*

20 High St. Allentown, NJ 08501  
[allentownpresbyterian.org](http://allentownpresbyterian.org) | 609.259.7289



# Welcome

**Welcome to worship at APC!**  
**We are a 305-year-old church with a youthful spirit and a sense that God is always “doing a new thing” in our midst.**

## **We’re so glad you’re here!**

New? Wanting to go deeper? We’d love to get to know you and help you take your next step in your faith journey. Place a Connect Card in the offering plate or get connected here! →



## **Have Children?**

**Nursery Care** is provided for infants through age 3, from 8:15-12:15am. **KinderWorship** is available during worship for ages Pre-K (4) thru 1st Grade after the Children’s Message. Register here →  
*If you need to step out at any point, the service will be playing next door.*



**Prayer Requests:** Leave a written request in the offering plate or submit your prayer request here.

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## Sundays at APC

**Worship - 8:30am** (*livestream available*)

**Christian Education - 9:45-10:45am**

**Worship - 11:00am**

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### **Lenten Sermon Series: Heart Disease**

**The Deadly Inner World of Sin**

*Sundays, 2/22-3/22, 9:45-10:45am*

Join us as we explore the attitudes that orient our hearts toward the seven deadly sins—and how, as Christians, we are invited to move beyond them into wholeness and health.

It’s time for a heart checkup.

### **Lenten Adult Ed Series:**

***God and the Flourishing of Community:***

***A Lenten Journey Through the Ten Commandments***

*Sundays February 22 - March 22*

Join us for a five part class with Princeton professor of Old Testament theology, Dr. Dennis Olson, who will explore the Ten Commandments in Exodus 20 as important resources for a number of pressing issues of faith, life, community, and world today.

# Order of Worship

## Welcome

*Enoch Smith Jr.*

**Song** “Joyful (The One Who Saves)”

## Time of Greeting

**Song** “All Creatures Of Our God And King”

**Prayer of Confession** *Anna Fe Rebadavia / Julia Meerleo*

Holy God,  
we confess that we have allowed anger to take root in our hearts. We have spoken carelessly, harbored resentment, and rehearsed offenses. We have wounded others with our words and justified ourselves in the process. Instead of kindness, we have chosen irritation. Instead of forgiveness, we have clung to grievance. Forgive us for the bitterness we carry and the harm we have caused.

Create in us clean hearts. Teach us to forgive as You have forgiven us. Make us tenderhearted and truthful, reflecting the mercy we have received. Hear us as we pray...

## Assurance of Pardon

### Children's Message

*Maureen Harshman*

**Sacrament of Baptism** Teagan Lynn Lenart (11:00)

### Announcements

*Rev. Lindsay Anderson-Beck*

**Sermon** High Blood Pressure

*Rev. Dr. Stephen Heinzl-Nelson*

**Scripture** Ephesians 4:25-32

**Offering** “Gratitude”

### Doxology

### Prayers

**Closing Song** “God of Grace and God of Glory”

### Benediction

# Upcoming Events



- **Easter Flowers - Orders due today 3/8**
  - Assorted color Tulips & Daffodils
  - 6 inch pots, \$6 each
  - Order online or use the form in the back of the Sanctuary
- **Family Fellowship Gathering (FFG) | Monday, 3/9, 6-7:30pm**
  - Families with children - join us for a conversation about navigating technology with the family.
  - RSVP to Maureen 609-658-1975
- **Deacon Easter Meal Drive**
  - Help feed our neighbors by taking a grocery bag at the end of service and bringing donations back next week!
  - Questions? Rob Albright (609) 900-5035 or George Pirocchi (732) 261-0703
- **Marriage Strong: "Say What?" | Sunday, 3/15, 5-7pm**
  - Ever feel like you and your spouse are speaking different languages? Join us for dinner and a panel-led discussion around communication and mentorship in marriage.
  - Childcare available.
  - RSVP by 3/10
- **Women's Craft Night | Monday, 3/23, 6:30pm**
  - Join us at Schulte Hall for a hot beverage, dessert, and crafting. Local creative Dorie Knott will lead us in making decoupage baskets, and no expertise is required!
  - \$25 per person (but don't let this be a barrier)
  - Please register by 3/16 - space is limited.
- **Serve Saturday | Saturday, 3/28, 12:30-5:30pm**
  - All ages are welcome to join us for a day of service around our community.
  - Questions? Contact J.C. Fowler 908-216-6643
  - Register by 3/20
- **Women's Retreat | Friday 4/10 - Saturday 4/11**
  - "Come Away and Play" at APC
  - \$85 which covers a light dinner on Friday night, Saturday breakfast and lunch, 3 worship sessions, activities, take home gifts, and more!
  - Our retreat speaker is the engaging Annalise Hume, a spiritual director out of Princeton

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## Kneeling Notes

*In Our Thoughts and Prayers*

**Members - Dave Gray;** Helen Delorenzo; Kirsten Howell; Dottie Hock; Mary Lou Gower; John Koetting; John Elder; Ed Rhoad; Kait Villipart; Janine Talbot; Kristin Low; Carly Nemeth & Family; Barbara Gray; Carolyn German; Lydia Boruta; Ida & Ken Ruch; Ruth & Ed Demarest; Roberta Holmes; Kathy Plotner

**Friends -** Catherine Schmitt & Family (Laurie Roth's Family); Shirley Halpin (Vicki Elkin's mother); Colton Thibodeau; Jan and the Barclif Family (Family of Thea Tantum); Lorraine Piel (Nancy Winouski's Mother); Drew and Joan Thomas (Family of Dawn Koetting); Thomas (JoAnn Mount's son); Jack Cook; Lari Sapnar (friend of Allyn McLaughlin); Debbie (friend of Karen Van Morter); Ian Walker; Courtney (friend of Heidi Valentine); Lorraine Ricci (Brian Ricci's mother); Deb Brown & Dot Hannigan (friends of Diane Schulte); Lynn Sorrenti (friend of Krystal Odell); Richard Allen, Doug Price, and Justine Whitman (friends of Paula Lotito); Kerri Buscaglia; Cristina Colineri; Melissa Clark and Stuart Burrows (Family of Dawn & John Koetting); Chris Lane (Brother to Laura Pellichero); Eva Heege (Aunt of Dusty Mandeville); Rita Rufner; Elaine (Janet Jackson's sister); JJ Jesson; Dan Zander (Joe Bocchini's cousin); Charles, Leyna, and Christianne Ferzli (family of Jessica Sudah); Margaret Neuman; Judi Carroll and Bob Hoch (friends of Laura Pellichero); Luke Borden (family member of Vicki Elkins); Julie (cousin of Renee Martin); Debra Mauer; Lorraine Bruno and Christopher Brooks (Mother and Brother-in-Law of Heather Saracen); JoAnn Harvey (Ashley LeBrun's grandmother); Joyce Offery (sister of Pam Wargo); Jen Bullock's Mother & Family; Ben Swomiak and family; Verle Cristman (Jan Cristman's father-in-law); Elaine Szul (friend of Helen DeLorenzo); Shaune Denson (son of Linda Carr); Meghan Sacks (friend of the Harshmans); Larry Long & Brooke Long (friends of Ann Marie Wiedemann); Yun Lee (Julie Yi Kiernen's brother-in-law); Donna Damico (Janet Jackson's sister-in-law); Scott Crosson (nephew of the Harshmans); Andrew Sekeras (Mary Kokesh's brother).

### **Ministry Candidates Under Care for ordination in the PCUSA:**

Dr. Sarah Vick, Jordan Heinzl-Nelson

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