

A large, gnarled tree with dense green foliage leans over a body of water. The tree's trunk is thick and textured, with several main branches extending outwards. The leaves are vibrant green and create a thick canopy. The water below is calm, reflecting the green of the leaves and the sky. The overall scene is peaceful and natural.

Psalm 1

Ps 1:1-3

“Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; 2 but his delight is in the law of the Lord, and on his law he meditates day and night. 3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prosper.”

Is 53:10

“and the WILL OF THE LORD will PROSPER in His hands.”

Ps 1:2-3

“(your) delight is in the law of the Lord, and on His law you meditate day and night. You will be like a tree He planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that you do, you prosper.”

1) Let go of the past.

Lk 23:34 “Father forgive them, for they do not know what they do.”

2) Help others who are experiencing the same struggle.

Lk 23:43 “Assuredly I say to you, today you will be with Me in Paradise.”

3) Be sure you're taken care of those near you.

Jhn 19:26-27 "Woman, behold your son... Behold your mother."

4) Aim your hard questions at God, not man.

Matt 27:46 “My God, My God, why have You forsaken Me?”

5) Be assured, there is a purpose and an end.

Jhn 19:30 “It is finished!”

6) Reiterate point 1, surrender your day to God, and let it go.

Lk 24:46 “Into Your hands I commit My spirit”

Heb 12:5-6

"My child, don't make light of the Lord's discipline, and don't give up when he corrects you. 6 For the Lord disciplines all those he loves, and he brings trials to each one he accepts as his child." SL translation