

Psalm 127- Home & Work

Where's the Balance?



Start Talking. Conversation starter for your group.

- If money didn't matter, what would be your ideal family vacation?
- Describe why you believe family is important?

Start Thinking.

- Read **Psalm 127:1**. Read it in different versions if possible. What does this verse mean to you? (Sample: Building a family without God in its foundation is futile. If God is not the centerpiece of your home, you're wasting your time.)
- Read **Psalm 127:2**. What is Solomon wanting you to know? Why is this verse important? (Sample: Working hard honors God, but neglecting rest and family ruins both health and relationships.)
- Remind everyone: In our world, being known as a hard worker is praised. Worn as a badge of honor. But how do you want your family to remember you? As someone who worked hard for the world or as someone who served God and was there and present for the family.
- Staying on **verse 2**, what areas in your life do you struggle to give up control over?
- Read **Psalm 127:3**. What is Solomon saying here? (Remember: Sometimes children can be seen as liabilities instead of assets. The Bible calls children a gift from the Lord. They bring pleasure and joy to life.
- Staying on **verse 3**, the purpose of having children is to pour into them what God has poured into you.

Start Sharing.

- Do you pour into your children? If so, in what ways? What have you found to be successful?
- If you find yourself struggling with a work / family balance, what steps can you take to fix that?

Start Doing.

- This week, find ways to be intentional about family time. It can be as simple as having dinner or breakfast together without devices.
- If possible, leave work at work. When you walk into your home, all focus is on your family.