

Behold



Start Talking. Conversation starter for your group.

- The word BEHOLD means to stare intently or to fix your eyes on. Whatever you behold you will become. How have you seen this play out in your life?

Start Thinking.

- Read **Exodus 34:29-35**. What happened to Moses when he came from being with and speaking with the Lord?
- Now, Read **2 Corinthians 3:12-18**. Why did Moses veil his face in front of the people? What do verses 12-13 reveal about why Moses veiled his face?
- The point of this passage is not about veiled faces but veiled hearts. What does having a veiled heart mean?
- **Verses 14-15** explain how to remove the veil from your heart. What is it that removes the veil from your heart?
- Read **v. 17**. What are the freedoms that a follower of Jesus has?
- According to **v. 18**, how does a person become more like Jesus?

Start Sharing.

- What are some examples of a person trying to remove the veil from their own heart?
- Christ sets a person free, but that person must choose to walk in freedom. What does this mean to you?
- Do you take time to BEHOLD the Lord? Why or why not? What would it look like (and what would you physically have to do) for you to take time to BEHOLD the Lord this week?
- Is there anything in your life that you need to confess that has been holding you back or holding you captive?

Start Doing.

- Pick a consistent time that you are going to spend with the Lord just BEHOLDING Him. Commit to doing this every day for one week. In your time, do not move. Do not speak. Just think on the Lord. Be with God. Think of His majesty, His glory, and His beauty. Speak scripture back to the Lord. But above all, be still and know that HE is God.