

How To Pray & What To Say

Matthew 6:5

And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward.

But when you pray, go into your **room** and **shut the door** and pray to your Father who is in secret. And your Father who **sees** in secret **will reward you.**

Prayer is a private time with God, not a performance for people.

v. 7. And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words.

v. 8. Do not be like them, for your Father knows what you need before you ask him.

Prayer isn't us aligning God to our wants. Prayer is God aligning us to His will.

v. 9 Pray then like this: "Our **Father** in heaven,

hallowed be your name."

When we pray to God, we declare who He is.

When we pray to God, we surrender to His will.

Your kingdom come, **your will** be done, on earth as it is in heaven

How to pray surrender prayers:

- **Pray scripture** (HEAR) – Highlight, Examine, Apply, Respond
- **Memorize God's Word**
- **Pray with the Spirit**

**All the above goes on one slide

When we pray to God, we ask Him for help.

Give us this day our **daily bread**,

Philippians 4:6–7

6 Do not be anxious about anything, but ***pray about everything***, letting your requests, with thanksgiving, be made known to God. And watch what happens when you do: **7** And the **peace of God**, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Those who depend on God will learn to rest in God.

and **forgive us** our debts,

as we also have forgiven our debtors.

Sin loses its power when it is exposed.

And lead us not into temptation,

but **deliver us** from evil.

Prayer is not only communion with God but it is a confrontation with the devil.