

Do Not Quench The Spirit



Start Talking. Conversation starter for your group.

- Share about a time or a season where you knew the Holy Spirit was working in your life. What were the evidences that the Spirit was working?

Start Thinking.

- Read **1 Thessalonians 5:19**. Why is not quenching the Spirit so important?
- **The first way we quench the Spirit is by limiting God with our unbelief.** Read **Matthew 13:53-58**. What were some of the reasons the people did not believe in Jesus, His teachings, and His power? In what ways are we similar to the people in Jesus' hometown?
- **The second way we quench the Spirit is through tradition, routine and busyness.** Read **Luke 10:38-42**. What did Mary do when Jesus entered the room? What did Martha do? Why did each person do what they did?
- **The final way we quench the Spirit is by our disobedience.** Read **Proverbs 28:13**. What are we supposed to do when conviction comes? Who are we to confess to and why?

Start Sharing.

- In what ways, in the past, have you quenched the Holy Spirit? In what ways do you currently quench the Spirit?
- Are the size of your prayers equivalent to the size of your God? In other words, are you praying for things that only God can do? Why or why not?
- What are you trusting God for right now, that if He doesn't step in it won't happen?
- Look at your day to day schedule. Do you take time for the Holy Spirit to move, to speak, and to work in your life? Why or why not? What would it look like to physically do this?
- Why do you think confession is so hard as a Christian? Do you find it easier to confess to God or to others? Why?

Start Doing.

- As a small group, discuss the sin in your life. Where do you struggle and fail? What are your temptations? What's your schedule like? Do you limit God with unbelief? Confess these sins to your group. Take your time and allow the Spirit to speak. As a group, pray over and for each person as they confess. Pray for freedom, for repentance, etc.