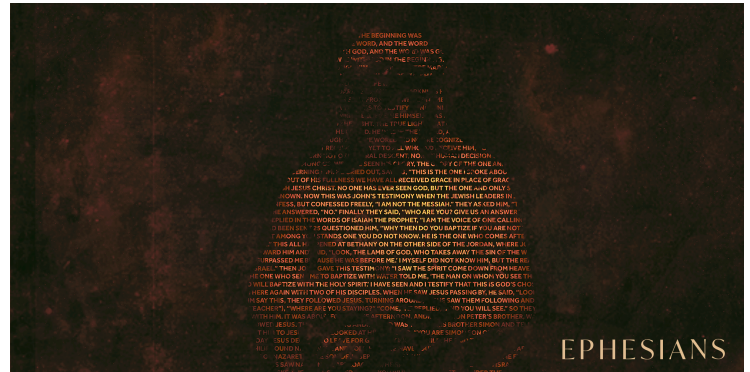


Ephesians 2

Life before Christ



Start Talking. Conversation starter for your group.

- What is the story behind the time you went the longest without sleep?
- What is something important a grandparent or older mentor taught you?

Start Thinking.

- Read Ephesians 2:1-10 and then discuss the following:
 - What does this mean and how does it make you feel?
 - All people are born dead in their sin and trespasses.
- What are some of the things the world pushes on us that are tempting?
- What does this statement mean to you?
 - When you follow the world, ultimately you follow Satan.
- 1 John has some pretty powerful words. Do you feel this is true in your life?
 - 1 John 3:
 - "Whoever makes a practice of sinning is of the devil, for the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the works of the devil. 9 No one born of God makes a practice of sinning, for God's seed abides in him; and he cannot keep on sinning, because he has been born of God."

Start Sharing.

You are a mirror of what you worship.

Discuss this for a little bit. What are some things that you find yourself worshiping even unknowingly?

Start Doing.

- What are some needs that exist in your group? Spend some time praying for them.