# Defeating Pride and Cultivating Humility, Pt. 2 5/29/16

### **Review of Pride and Humility**

Pride = contending for \_\_\_\_\_ with God, and \_\_\_\_\_ up

our hearts against Him

Pride takes innumerable forms, but has only one end: self-\_\_\_\_\_.

Humility = honestly assessing ourselves in the light of God's \_\_\_\_\_ and

our \_\_\_\_\_

What God wants to break is our self-\_\_\_\_\_.

It's possible to \_\_\_\_\_\_ humility while remaining \_\_\_\_\_\_ ourselves.

If there's ever to be meaningful \_\_\_\_\_\_ in our lives, if we are to

make progress in \_\_\_\_\_\_ pride and manifesting humility, there must be the purposeful application of \_\_\_\_\_\_.

# Helpful Practices to Defeat Pride and Cultivate Humility

#### As Each Day Begins

1. Reflect on the \_\_\_\_\_ of the \_\_\_\_\_ of Christ

John Owen: "Fill your affections with the cross of Christ that there may be no room for pride."

Philippians 2:5-8 – Have this attitude in yourselves which was also in Christ Jesus, who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.

- 2. Begin your day by acknowledging your \_\_\_\_\_ upon God and your need for God
- 3. Begin your day expressing \_\_\_\_\_\_ to God
- 4. Practice the spiritual \_\_\_\_\_
- 5. Cast your \_\_\_\_\_ upon Him

1 Peter 5:6-7 – Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety on Him, because He cares for you.

# <mark>As Each Day Ends</mark>

- Review your day and carefully assign all \_\_\_\_\_\_ to God for the \_\_\_\_\_\_ you've experienced that day
- 7. Receive the gift of \_\_\_\_\_\_ from God and acknowledge His purpose for

Psalm 121:4 - Behold, He who keeps Israel will neither slumber nor sleep.

### Throughout the Day

- 8. Study the following:
  - a. The \_\_\_\_\_ of God
  - b. The doctrines of \_\_\_\_\_
  - c. The doctrines of \_\_\_\_\_
- 9. Identify \_\_\_\_\_ of grace in others

10. \_\_\_\_\_ others

Ephesians 4:29 – Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

Hebrews 3:12-13 – Take care, brethren, that there not be in any one of you an evil, unbelieving heart that falls away from the living God. But encourage one another day after day, as long as it is still called "Today," so that none of you will be hardened by the deceitfulness of sin.

11. Invite and pursue \_\_\_\_\_

Proverbs 12:15 – The way of a fool is right in his own eyes, but a wise man is he who listens to counsel.

12. Respond \_\_\_\_\_\_ to trials